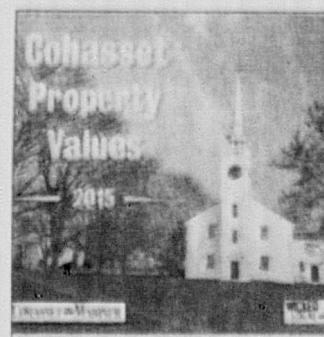




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Friday, March 27, 2015

Cohasset.WickedLocal.com

Vol. 36, No. 14 ■ \$2

## WHAT'S INSIDE

## NEWS

COMMUNITY, A4



## HEALTH &amp; RECREATION

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## MATH &amp; SCIENCE

MEET SHANNON, A10



## GIMME SHELTER

SPORTS, B1



## BOYS LACROSSE

Funds to seek  
designation wantedBy Amanda C. Thompson  
correspondent

In New England, there are few sights more quintessential than the classic, white-steeped church with its neighboring cemetery,

and this is a source of pride for many. During a meeting on Monday, March 23, the Community Preservation Committee approved a proposal to have three of Cohasset's cemeteries professionally documented on the National Register of Historic Places.

One of the roles of Cohasset's Community

Preservation Committee (CPC), an outgrowth of the state Community Preservation Act (CPA), is to set aside funds to preserve and highlight the historical treasures of the town, as well as increase the town's open space, recreational facilities, affordable housing, and other community enrichment projects. Cohasset is

one of over 150 Massachusetts communities that have adopted this program.

Todd Goff made the proposal on behalf of the Cohasset Historical Commission (Goff is also a member of CPC, but abstained from voting on the matter). The Historical Commission has been considering the matter for

some time and recently reached out to a cultural resource management (CRM) firm to determine a ballpark budget. They are seeking \$25,000 to complete the project. The CRM firm would work alongside the Historical Commission throughout the process.

SEE CEMETERIES, A5

## SPECIAL REPORT

## The rough road to RECOVERY

By Gerry Tuoti  
gtuoti@wickedlocal.com

**R**ecovery from addiction is a long, hard journey often filled with challenges and setbacks.

"Not one path is the same for everyone," said Lydie Ultimo, director of the Massachusetts Bureau of Substance Abuse Services. "It may begin with a recommendation for community services. Someone else may go directly into a detox program. The most acute person would start out in detox or a medication-assisted treatment program, then progressively step down to a different level of care, or residential services."

Abuse of heroin and prescription opioids has steadily risen in recent years, spiking in late 2013 and last year. In 2013, there were 978 opioid-related deaths in Massachusetts, according to the Department of Public Health, which has yet to release 2014 figures.

There were more than 104,000 admissions into state-contracted substance abuse treatment programs in Massachusetts in fiscal 2014, more than 53 percent of which were for heroin addiction.

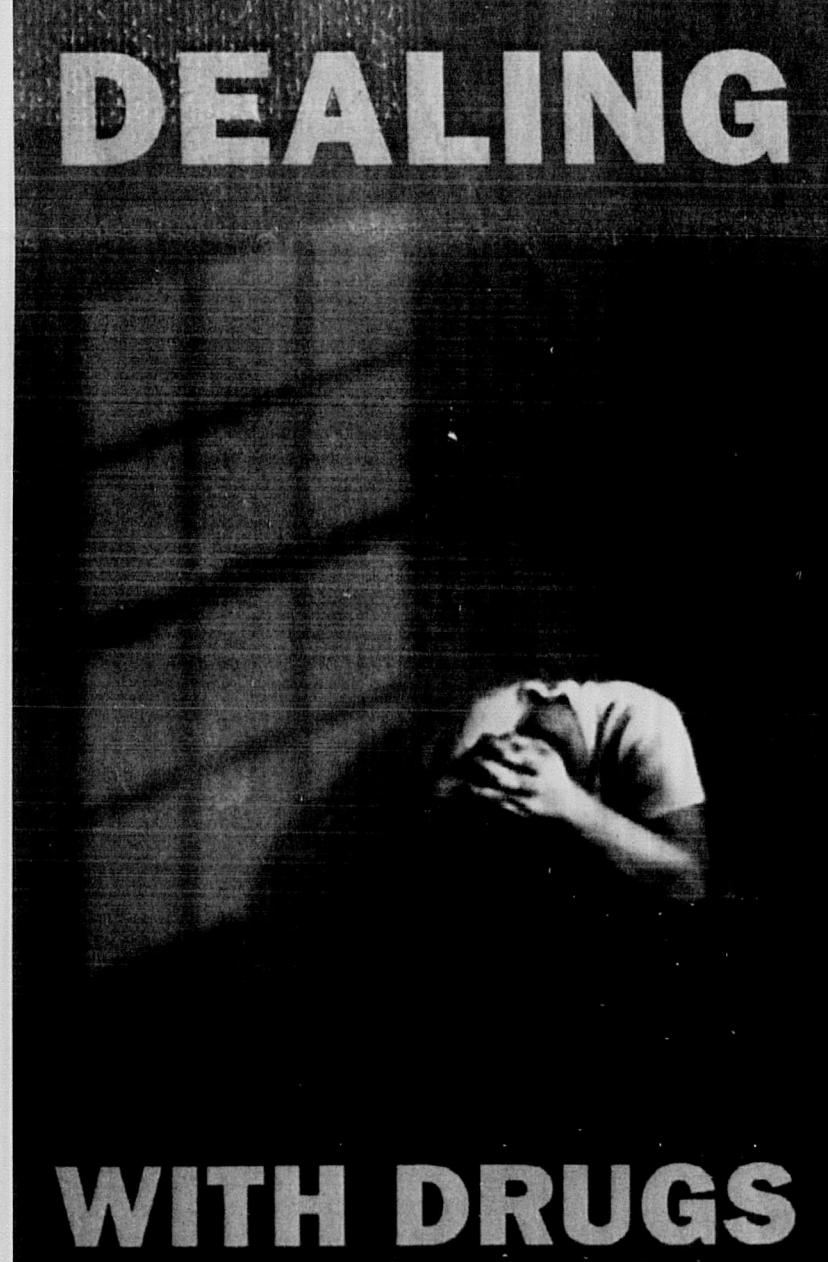
Doreen Clark, an East Boston native who now lives in Revere, lost her son Christopher to a heroin overdose last June.

For nearly five years, her son tried various treatments. He suffered multiple relapses before fatally overdosing last June.

"He was in rehabs, detoxes," the mother recalls. "He saw hospital psychiatrists."

Finding openings in residential treatment programs was a major challenge, forcing the Clarks to search far and wide for help. Christopher Clark spent time in programs in Springfield, Gloucester, Danvers, Cape Cod, Boston, Tewksbury and Rhode Island.

SEE RECOVERY, B8



## WITH DRUGS

WICKED LOCAL ILLUSTRATION / TED POLOMIS

## TOWN MEETING

## Group to plan 250th

2020 to be big year for Cohasset

By Mary Ford  
mford@wickedlocal.com

Move over Captain John Smith — Cohasset is about to get started planning another major anniversary.

Tucked in among some 23 articles on the draft warrant for Cohasset's May 2 annual Town Meeting is a proposal to establish a steering committee to plan a celebration for the town's 250th anniversary.

If voters approve, the year 2020 could loom large in the not-too-distant future. Cohasset was incorporated in 1770 after breaking ties with neighboring Hingham.

Cohasset selectmen voted Tuesday to include the article in the warrant with the understanding that the number of people that would constitute the committee has yet to be determined but it would certainly include representatives from both the historical society and historical commission.

Events surrounding the town's sesquicentennial

SEE PLAN, A5

## COMING IN PRINT

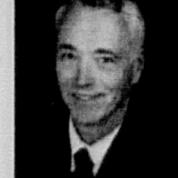
SPECIAL REPORT:  
Dealing with drugs, part 2

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## Making their way back

Local women share recovery journey in hope of helping others

By Ruth Thompson  
rthompson@wickedlocal.com

**M**eghan Perry said the only reason she didn't die from the disease of addiction is by the grace of God.

"I should have, and could have, died at any point along the way like so many others," she said.

**"Know that you are loved and you are worth it. Try every pathway to recovery at your disposal and just keep trying."**

Meghan Perry

"But for some reason I was spared, and that's why I share my story, because I am blessed to be alive and to tell it might help other people."

A Scituate native, Perry, 41, was involved and social as a child, but didn't feel she fit in.

SEE JOURNEY, B7

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## PICTURE THIS

# Blake, Tess & Aydin

**Names:** Blake Marshall, Tess Meyers, and Aydin Tiryaki.  
**Occupation:** Students (Blake and Aydin at Osgood; Tess at Deer Hill).

**Best day of your life:** Has yet to come (Blake). Hasn't happened yet (Tess). The day I went to Disney World (Aydin).

**Best vacation:** Going to Canada and Denmark every summer (Blake). April vacation trip to Bahamas (Tess). Disney World (Aydin).

**Favorite season:** Summer, because I like going on vacations (Blake). Winter (Tess). Summer (Aydin).

**Favorite holiday:** Easter because I like Easter egg hunts (Blake). Halloween (Tess). Christmas (Aydin).

**Favorite junk food (or meal):** Pizza (Blake). HER-SHEYS!! (Tess). Cookies (Aydin).

**Best book (or magazine):** Sports Illustrated (Blake). "Painless" (Tess). The Harry Potter series (Aydin).

**Best movie:** "Big Hero 6" (Blake). "The Never Ending Story" (Tess). "Bedknobs and Broomsticks" (Aydin).

**Best TV show:** "Star Wars: The Clone Wars" (Blake). "Survivor" (Tess). "Ninjago" (Aydin).

**Best music, group, or artist:** Do not have any (Blake). Taylor Swift (Tess). The Beatles (Aydin).

**Pet peeve:** When people talk to me while I am reading (Blake). Chalk on a chalk board (Tess). When people litter (Aydin).



The Cohasset Read-a-thon is an annual PSO fundraiser that encourages Osgood and Deer Hill students to set reading goals and get pledges for minutes read during the month of February. Funds raised are used to support curriculum enrichment programs and teacher grants. Students that logged the most minutes in each class were recognized with a \$10 gift certificate for Buttonwoods Books & Toys. Blake Marshall (Grade 1), Tess Meyers (Grade 4) and Aydin Tiryaki (Grade 2), read the most minutes in their respective schools. WICKED LOCAL PHOTO BY MARY FORD

**Fun fact:** I am half Danish (Blake). I have 4 brothers and 2 sets of twins in my family, our birthdays are all in the same month! (Tess). I am half Turkish (Aydin).

**Goal:** Getting better at playing soccer and football (Blake). To become a Marine Biologist (Tess). To be a good person in my life (Aydin).

**Person you'd most like to meet:** Don't a Hightower from the New England

Patriots, he is my favorite football player (Blake). Marina Fuentes, famous marine biologist (Tess). Brandon Mull, the author of the Fablehaven and Candy Shop War series (Aydin).

**Biggest worry:** Don't have any (Blake). I won't become successful (Tess). That people will not stop littering (Aydin).

**Best part of Cohasset:** JJ's (Blake). The library (Tess). School, because I love my teacher (Aydin).

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## PHOTOS

Health and Recreation Fair



## VIDEO

Dishing it out at Memphis Joe's in Weymouth

## BLOG: WILD ABOUT BIRDS

Pam French, owner of Wild Birds Unlimited, has the word on birds.

## HOW TWEET IT IS

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## MOST POPULAR STORIES

- More funds for affordable housing
- Taking the plunge for Special Olympics
- School technology makes rounds
- Raccoon with head stuck in tree rescued
- Request to upgrade Vietnam veteran's memorial

## COHASSET ELDER AFFAIRS

# Caregiver series helps find balance

The following programs will take place at 3 North Main St. Call Cohasset Elder Affairs at 781-383-9112 if interested in attending events and activities or for more information.

Note: Beginning March 24, Cohasset Elder Affairs events and activities scheduled for Tuesdays and Thursdays will be held at Willcutt Commons, 91 Sohier Street. Other events and activities will remain at Three North Main Street unless otherwise stated.

Note: Although the

office remains open, there will be no CEA activities or van service on days that Cohasset Schools are closed due to inclement weather.

**Cohasset Café.** Mondays, 9 to 11 a.m. Join others for coffee, conversation and breakfast treats. Coordinated by the Friends of Cohasset Elder Affairs, at Willcutt Commons, 91 Sohier St.

**Powerful Tools for Caregivers:** April 1 through May 6, 1 to 2:30 p.m.

This educational series is designed to help caregivers reduce stress, balance their

lives and locate resources. Sponsored by Cohasset Elder Affairs and Duxbury Council on Aging, the six-week class will take place on successive Wednesdays at Cohasset Elder Affairs, 3 North Main St., Cohasset. Register no later than March 25 by calling Nancy Lafauze, Cohasset Elder Affairs, at 781-383-9112 or Donna Ciappina, Duxbury Council on Aging, at 781-934-5774, ext. 105.

**New Program Gentle Yoga.** Tuesdays, beginning April 7, at 9:30 a.m.

Beginner friendly, gentle yoga class. Feel younger with each breath. Dress comfortably and bring your own mat. \$5 per class. Class will be held at Willcutt Commons, 91 Sohier St.

**Luncheon Program, Hahn Homehealthcare.** Wednesday, April 8, 11 a.m. Interactive discussion on maintaining your independence, touching on topics such as diet, honesty with your doctors and yourself, hobbies to keep your brain stimulated, and knowing when to ask for help. Lunch to follow at Willcutt Commons, 91 Sohier St.

## South Shore Tide Chart

### COHASSET HARBOR (WHITE HEAD)

MARCH 2015		HIGH			LOW						
		AM	HGT.	PM	HGT.	AM	HGT.	PM	HGT.	SUNRISE	SUNSET
Thursday	26	4:35	9.6	5:15	8.6	10:51	-0.1	11:09	0.8	6:36	7:02
Friday	27	5:34	9.1	6:17	8.2	11:50	0.5			6:34	7:03
Saturday	28	6:35	8.7	7:20	7.9	12:09	1.2	12:52	0.8	6:33	7:04
Sunday	29	7:38	8.5	8:20	7.9	1:11	1.4	1:54	1.0	6:31	7:05
Monday	30	8:38	8.5	9:15	8.1	2:11	1.4	2:51	1.0	6:29	7:06
Tuesday	31	9:32	8.6	10:02	8.3	3:07	1.2	3:40	0.9	6:27	7:07

Please be aware that all tide charts are really just predictions and assume average weather conditions. Usually, onshore winds or low barometric pressure will produce higher tides than predicted and vice-versa.

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## POLICE BEAT

# Cracking down on stop sign violations

By Mary Ford  
mford@wickedlocal.com**Stop signs**

Over the past week police have stopped several cars not coming to a full stop at the stop sign at King and Pond streets. The citation for running a stop sign is the same as for running a red light, \$105, police said. Police said they have received complaints from residents about the fact that motorists are not stopping there. The stop signs are at the foot of Pond Street near the Water Treatment Plant.

**Soliciting**

A detective on patrol on Monday (March 16) around 8 p.m. spotted a car parked at Wadleigh Park with three male occupants. He observed them drive up Forest Avenue with two of the men outside going door to door with flyers advertising a

house cleaning service. The detective called for a marked cruiser and the officer advised the men about the town's solicitation bylaw; also informing them they had to register with the police department. A check of their information revealed no criminal history.

**MVA**

A 2008 Hyundai sedan, operated by a 42-year-old Scituate woman, was traveling west on Sohier Street (toward 3A) when the Hyundai slowed to make a left into the driveway at Our World Children's Museum around 3 p.m. on Tuesday (March 17). The Hyundai was hit from behind by a 2006 Pontiac sedan, operated by a 37-year-old Cohasset woman, who was headed in the same direction.

There was minor damage. No one was injured and there were no citations.

**Money refunded**

A chimney repair company agreed to refund the \$2780 paid for chimney repairs because of a complaint from the 83-year-old Cohasset woman's son that the workers had bullied her into having the repairs done. She paid them with her American Express card. Police said the woman's son, who is 53, told them his mother is suffering from dementia and did not fully understand what was happening. Police tracked down the company and the manager agreed to refund her money.

**MVA**

A 2008 Subaru sedan operated by a 49-year-old Cohasset woman was headed north on Chief Justice Cushing Highway (3A) at 7:50 a.m. on Tuesday (March 17) when it slowed at the red light and was rear-ended by a 2003 Toyota Camry.

The 67-year-old Scituate woman driving the Camry was cited for following too closely on a state highway. Both cars were towed but there were no reported injuries, police said.

**Cruiser accident**

A Cohasset officer was traveling on Route 228 (Main Street) in Hingham when he experienced "brake fade" and rolled into a 2012 Mercury at a bus stop around 3:45 p.m. on Wednesday (March 18), police said. The cruiser, a 2007 Dodge Charger with 160,000 miles, was off the road for about a week and needed \$800 in repairs. Hingham police investigated the accident. There were no injuries and no tow.

**ID theft**

A 31-year-old Cohasset man was advised to notify the credit bureaus and the police department in Palmer, Ohio, where

someone had opened a cable TV and a phone account in his name. He discovered the accounts when he was checking his own credit in anticipation of refinancing his home, police said. He said he has never been an Ohio resident.

**MVA**

An 80-year-old Cohasset woman was transported to the hospital following a head-on crash on Cunningham Bridge around 2 p.m. on Friday (March 20). The woman was traveling toward Beach Street in her 2011 Toyota Prius when she crossed over the centerline hitting a 2014 Audi SUV operated by a 49-year-old Marion woman. Both cars had heavy front-end damage. The Cohasset woman was cited for failure to stay in marked lanes.

**Hit and run**

A 41-year-old Hull

woman called police on Friday (March 20) around 5:30 p.m. when she came out of Shaw's and found that someone had hit the bumper of her 2012 Honda. There was white paint transfer on the bumper from the other car. Police checked the video and saw the car driven by a woman but were unable to get a license plate number.

**Rollover**

A 17-year-old Cohasset boy slid on some ice on the steep driveway by Alumni Field at the high school on Friday (March 20) around 8 p.m. in his 2004 Toyota 4Runner. Police said he likely hit the brakes when sliding. The SUV went up onto a snow bank and flipped onto its left side. The teen, who was alone in the car, was transported to the hospital with minor injuries. The SUV had to be flipped back onto its wheels.

## POLICE NEWS

## New police officer has Cohasset roots

Animal control could be regionalized

By Mary Ford  
mford@wickedlocal.com

The Board of Selectmen welcomed Cohasset's newest police officer this week when Officer Rudy Helbock was introduced to the board Tuesday night by Acting Chief William Quigley.

The board also looked through the police department's largely level-funded, proposed fiscal 2016 budget and encouraged Quigley to continue to try and recruit female officers. Selectmen were also interested to learn of plans to regionalize the Animal Control Officer position (which is now shared with Norwell) with Norwell and Hull.

In attendance and smiling with pride during his introduction were Helbock's parents, Ann and Gregg. Rudy is a 2009 Cohasset High graduate, and earned a degree in communications from Iona College, Quigley said. Police work is in his blood as his grandfather, an uncle and cousin are all New York City officers, his father told the board.

"Rudy is a welcome member of our department," said the acting chief, explaining he is

**"Rudy is a welcome member of our department. We are happy to have him."** Acting Chief William Quigley

in the middle of 12 weeks of field training, working days right now. We are happy to have him."

Selectmen said they found it very gratifying when someone who grew up in town wants to serve in Cohasset as a police officer.

Quigley said that seven of the current officers are graduates of Jack Buckley's law class at the high school. Three more officers for a total of 10 went through the Cohasset school system. There are 17 full-time police officers including the acting chief. Another new officer, John Harrington, also of Cohasset, is currently at the police academy. When Harrington comes on board the department would have a total of 18 full-time personnel.

In the budget discussion, Quigley said the police budget is level funded apart from the South Shore Regional Emergency Communication Center, dubbed SSRECC, which is going up by 5 percent.

Town Manager Chris Senior said the increase involves pensions, operational expenses and the fact that grants were being used up. He said the regionalized dispatch center was still a bargain when compared with costs to run

dispatch in town.

"We are still paying net less than if we had town operations," Senior said.

Plans are in the works to expand availability of the Animal Control Officer by creating the equivalent of a full-time and half-time person through sharing the position with Norwell and Hull. The new plan that would include sharing equipment would be cost neutral.

In another matter, Selectman Kevin McCarthy questioned why there were no full-time female Cohasset police officers.

Quigley, who said one of the Special Police Officers is female, said many departments are having trouble recruiting women because of the type of work police service entails. "Traditionally there are not a lot of females who want to go into this line of work," he said.

Quigley said he is reaching out through the department's Facebook page encouraging women to apply. There is a state Civil Service police test next month and he hopes some female officer candidates may come forward after the test. The Civil Service test is only given every two years.

## ELECTION

## Three races top ballot

Write-in possible for planning board

There will be at least three reasons to head to the polls on Saturday, May 9: races for seats on the Board of Selectmen, Board of Health and Board of Library Trustees.

There is also a chance that an open seat on the Planning Board could be filled with write-ins. Stuart Ivimey, who would be running for reelection to a five-year term, did not return his nomination papers on Monday (March 23), which was the deadline.

Attempts to reach Ivimey by phone and email were unsuccessful by press time. Ivimey, who had pulled nomination papers, would have been running unopposed.

Town Clerk Carol St.

Pierre said a write-in campaign is possible for any seat -- opposed or unopposed -- not just for an "open" seat.

She explained a voter could write a person's name in the write-in space for that position or any other position. The name with the highest number will be declared the winner.

There is a four-way race for three seats on the Board of Library Trustees among Meaghan Hollenbeck Barry, David Dwyer, Lynne DeGiacomo and Agnes McCann.

A. Dooley and Harvey L. Dickstein, M.D. are both going after one three-year term on the Board of Health.

Three candidates are vying for a seat on the Board of Selectmen including incumbent Martha Gjesteby.

Advisory Committee chair Peter Pescatore and School Committee vice-chair Paul Schubert.

**Positions up in Annual Town Election**

- Selectmen for three years (1)
- School Committee for three years (2)
- Trustees Paul Pratt, Memorial Library for three years (3)
- Assessor for three years (1)
- Board of Health for three years (1)
- Cohasset Housing Authority for five years (1)
- Planning Board for five years (1)
- Recreation Commission for five years (1)
- Sewer Commission for three years (1)
- Water Commission for three years (1)

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SCENES FROM

# Health & Rec Fair!

PHOTOS BY ALYSSA STONE

The Cohasset Health & Recreation Fair 2015 on Sunday was the biggest and best yet. It was three hours when South Shore residents of all ages had access to free life-saving health screenings and healthy lifestyle information.



Austin Ronan and Hilton Hudson learn how to play chess from the 'Chess Wizard' Sam Perry.



Sam Guardino (5) pretends to be a pirate with his balloon sword given to him by Jumbo the Clown.



Maggie Young, Meg Dugan, and Sarah Gruber demonstrate their ukulele skills at the Jim Armstrong 'Intro to Ukulele' booth.



Holly Dolben, Reiki Master and Physical Therapist, helps Lee Jenkins, Cohasset Water Commissioner, find her balance and center.



A painted turtle is one of the many creatures in attendance.



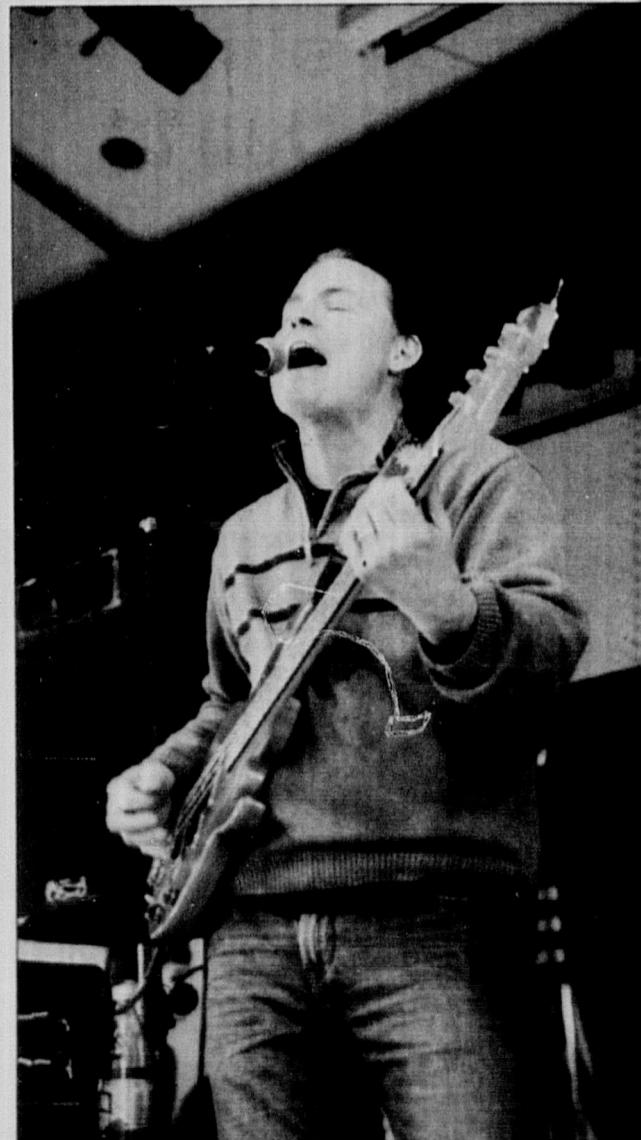
Betsy Russo, South Shore Hospital Cohasset Radiologist, has acupuncture done to her hands and face during the Cohasset Health and Recreation Fair.



Sam Perry of the Chess Wizards club juggles a crystal ball at the Cohasset Health and Recreation Fair on Sunday, March 22, at the Deer Hill Elementary School.



Christine Murphy, Diana Remlinger and Jake Johnson at their Cohasset Safe Harbor Drug Coalition booth during the Cohasset Health and Recreation Fair.



Matt Brown performs at the Cohasset Health and Recreation Fair.

## COMMUNITY PRESERVATION

# Taking aim on affordable housing track record

By Amanda C. Thompson  
correspondent

In last week's budget discussion, the Community Preservation Committee (CPC) asked for hard data regarding past usage of CPC funding. The hard data they reviewed on Monday was, well, a little hard to swallow.

The Community Preservation Committee (CPC) is an outgrowth of the state Community Preservation Act (CPA), a 12-year-old law that set the stage to increase the amount of historical preservation, open space, affordable housing, recreational facilities, and other community enrichment projects. Over 150 Massachusetts communities have also adopted the program.

The CPC is required to set aside 10 percent of their revenues, including the state's matching funds, for each of three categories: recreation and open space, historical preservation, and affordable housing. The funds come from a 1.5 percent surcharge on Cohasset property taxes with some level of state match.

Board members called the committee's chronic negligence toward affordable housing "embarrassing." The town has only created two units of affordable housing since the CPA demanded it in 2001.

## CEMETERIES

From Page A1

The CPC is required to set aside 10 percent of their revenues, including the state's matching funds, for each of three purposes: historical, recreation and open space, and affordable housing. The funds come from a 1.5 percent surcharge on Cohasset property taxes with some level of state match. This project falls squarely into the historical category.

The locations up for discussion were the cemeteries at Beechwood Street, Cedar Street near the RTF, and Green Gate in North Cohasset on the hill opposite the Greek Church. The latter two are home to roughly 100 headstones each; Beechwood is much larger. How much larger? We don't really know. Documentation has been sporadic, especially for Cedar Street, which was never associated with a church. Some say there are Revolutionary War soldiers buried at Cedar Street and Boston Tea Partiers at

**It's not a question of priorities; affordable housing is a priority for every member of the board. The real question is one of strategy.**

Historical and open space/recreational initiatives have each received over \$4 million worth of funding since the CPA legislature was signed. Only \$745,000 has been allocated to affordable housing, and the actual amount spent is even less than that.

It's not a question of priorities; affordable housing is a priority for every member of the board. The real question is one of strategy. Will designating a full 20 percent of the budget, compared to the 10 percent designated to historical and open space initiatives, really have an impact on the amount of affordable housing projects undertaken in Cohasset?

"The point is to make a statement," said CPC member Susan Sardina, who believes that setting aside that extra 10 percent would show the community, as well as developers, that they are serious about creating affordable housing.

Others felt that it wasn't worth it to earmark the extra 10 percent. Based on new estimates, the amount

in question is only \$53,444. If the CPC wanted to purchase a property, it wouldn't cost less than half a million dollars, so they would be forced to put general funds toward it no matter what. And if no projects presented themselves, funds earmarked for housing would be unavailable for other projects.

"I don't think carving it in stone in our budget is the way to show our community that this is a priority," said CPC member Todd Goff. Member Susan Hoadley agreed: "We need to actively seek out compelling projects."

In a vote of 5-2, the board decided not to set aside the extra funds, opting to pursue affordable housing possibilities by other means.

"We need to be proactive," concluded Chairman Russ Bonetti, who abstained from voting. "One of the shortcomings is that there hasn't been that big an effort to see what's out there; it's always been wait and see what comes in. When you go fishing, you've got to throw the bait out."

**"This is the only place in the world where you see these kinds of engravings and sculptures. They are considered folk art."**

Todd Goff, CPC and Historical Commission

Beechwood, but, again, we don't know for sure. This is why the Historical Commission wants to have the cemeteries professionally registered.

Beechwood, Cedar Street and Green Gate cemeteries are much more than historic landmarks. "The headstones and funerary art are priceless," said Goff. "This is the only place in the world where you see these kinds of engravings and sculptures. They are considered folk art." In addition, some of Cohasset's earliest and most important community members are buried here.

Being placed on the National Register of Historical Places will not, in itself, entitle the cemeteries to full restoration and upkeep, but it will protect them from

federal or state developers who would use the land for other purposes, and it could unlock grant funding that might not otherwise be offered – which, Goff points out, the headstones need.

"They've been neglected for hundreds of years," he said. "The eighteenth-century stones should be restored."

The CPC agreed across the board that there are few more worthy "historical" projects than the preservation of our community's historical cemeteries. They voted unanimously to allocate up to \$25,000 to have the three locations professionally documented and listed on the National Register.

Town Meeting voters will have the final say on funding the project.

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## Look, a square!

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## UPDATE

# Trustees present revised budget

By Amanda C. Thompson  
correspondent

The Trustees of Reservation presented a revised budget for last week's proposal to expand the grassland habitat and construct a new switchback trail at the 3A entrance to Turkey Hill.

Because some of the proposed grassland falls on Hingham property, and because the town is unable to offer funding for the staffing needs required to complete the project, the Community Preservation Committee (CPC) asked Trustees representative Winn Wilson to revise the budget and present the changes at the meeting on Monday, March 23.

Their hope was that Hingham would agree to fund 13 percent of the project, since they own 13 percent of the land, and that the Trustees would be able to pick up staffing expenses.

The CPC is an outgrowth of the state Community Preservation Act (CPA), a law enacted over 10 years ago to help increase the amount municipalities

spend on historical preservation, open space, affordable housing, recreational facilities and other community enrichment projects. Over 150 Massachusetts communities have adopted the program.

Because dogs. And, of course, that steeply graded trail leading up from the 3A entrance is dangerous; converting it to a switchback will make the property that much more accessible for recreational walkers.

Wilson originally sought funding in the amount of \$40,000. After deducting staffing costs as well as the estimated value of the property belonging to Hingham, the CPC approved \$32,815 for the project.

"It's unfortunate that [the land owned by Hingham] is in the middle" of the four-acre area to be converted, said Wilson. "but it wouldn't really affect the goal if Hingham refused to fund it."

The CPC recommendation for the project will go to Town Meeting.

## PUBLIC HEARING

# Water Department rate study

Complying with Fall Town Meeting requests for a rate study, the Water Commissioners hired Woodard & Curran to complete a study of all Water

## Department rates.

The new rates are a Warrant Article for the May 2 Town Meeting.

A public hearing of the results, which includes a five-year rate plan

will be held at 7 p.m.

Monday, March 30, at the Paul Pratt Library.

Cohasset 143TV will be video taping the event to air on the cable station.

## PLAN

From Page A1

are likely to be grander than Cohasset's commemoration last September of the 400th anniversary of the landing of Capt. John Smith in the harbor. At that event which took about a year to plan, Native Americans shared their culture with interested attendees before the arrival of Capt. Smith was reenacted.

Selectman Steve Gaumer raised the only question

about the establishment of the 2020 committee, which would report back to subsequent town meetings. He questioned whether a Town Meeting vote was required.

Town Manager Chris Senior said while selectmen have the authority to establish committees – in this case, a Town Meeting vote would add more import to the committee's charge and create more interest.

According to the "Narrative History of Cohasset" Vol. 1 by E. Victor Bigelow, the matter of self-government was the driving force behind the town's separation from Hingham, which was incorporated in 1635.

As the population increased, Cohasset residents grew tired of paying church and school taxes without having a church or school of their own. As a result they waged a "valiant political battle to wrench themselves from the grasp of the mother town to become a town themselves," Bigelow wrote.

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## AROUND TOWN

# Tomorrow is Pantry Palooza Day!

## Brave friends

This week is one that is filled with a lot of different emotions for me for many reasons. A lot of that has to do with the news, the world around us and, our own community and "Village" that surrounds us here in Cohasset and surrounding towns.

Two stories most recently that I have been following so closely of two brave and courageous people on journeys that are ones I can't even fathom.

**Tom Wigmore**, "Wiggy Strong" who as most of you know has been battling brain cancer and with the amazing strength, love and never-ending courage of his wife **Dee**, along with the support of this community, is on the trip he wanted in Disney. Enjoy this rest, both of you as you build back your strength.

I also know a woman in Scituate, **Megan**, mom of 3 little cuties, who just



JENNIFER PIEPENBRINK

hey, think of the memories you will have. :)

## Palooza!

Tomorrow is Pantry Palooza Day in Cohasset! **John McSheffrey**, **Ashley Curran** and myself (3 columnists here at the Cohasset Mariner) have been working throughout the month to share awareness of the Cohasset Food Pantry and the need for donations of food, goods and gift cards/monetary gifts, too. Tomorrow, March 28th from 10 a.m. to 4 p.m., you, your kiddos, neighbors and friends can gather your canned goods, paper goods, toiletries, gift cards and monetary gifts and bring them to Cohasset Town Hall!

You will be greeted by volunteers with smiles, music and who knows? Maybe a hug or two, photos and DEFINITELY a bunch of raffle tickets for you to put into bags of your choice. We have

prizes from so many local business and restaurants, along with some generous residents too... the gifts are unbelievable and we cannot wait to pull the winners.

This can be a great way to have your children be a part of helping a great cause too. Talk to them about how it feels sometimes when their tummy growls and what they do. Then, ask them what happens when you need to go to the store to buy more food? Sometimes, people can't do that and need a little help. The kids could then bring some change or cans or whatever it is that you as a family would like to donate or are able to do. It takes a village...

## Talent Auction

All are invited to a festive Time & Talent Auction hosted by Second Congregational Church on Saturday, April 11th from 7 to 10 p.m. This fun evening features free food and drink and over

50 auction items including private pitching lessons with Ken Greer, professional photography by Margot Cheel, golfing at Cohasset Golf Club, Music Circus tickets, Red Sox tickets, guitar lessons & more! This event is free and open to the public. All are welcome! Call SCC's office at 383-0345 to RSVP.

## FOODraiser

Here is another amazing event that is being held to help benefit the Cohasset Food Pantry. Cohasset Family Chiropractic presents the second annual Family Fun FOODraiser featuring "The Magic of David Hall, Magic and Comedy Fun for All Ages!" ([magicofdavidhall.com](http://magicofdavidhall.com)). Taking place on Sat, April 11 from 3 to 3:45 pm at Willcutt Commons (Senior Center), 91 Sohier St. Entry is FREE with a donation of non-perishable groceries to benefit the Cohasset Food Pantry.

One bag per person or 2 bags per family is suggested. Come and enjoy the show and together we'll pack the pantry! For more information please call 781-923-1226, Visit [CohassetFamilyChiro.com](http://CohassetFamilyChiro.com) or email [drisa@cohassetfamilychiro.com](mailto:emaildrisa@cohassetfamilychiro.com). A great way again to bring family, friends and community together to help for a greater cause!

## Farmers Market

Cohasset Farmers Market is coming in a few months, one of our favorites beginning June 18th, every Thursday from 2 to 6 p.m., a sure sign that Spring and Summer are coming... Keep an eye out for details about vendors and schedules on events and information about this wonderful weekly Market.

*That is the news Cohasset, Send in next week's no later than Tuesday by 5 pm. EMAIL: [aroundtowncohasset@yahoo.com](mailto:aroundtowncohasset@yahoo.com)*

## LIFE AT CHS

## Busy times at Cohasset High School with lots to report

This week at Cohasset marks a relatively busy one. With our very own seniors receiving college decision letters over the weekend, this week is one filled with stress and assessment although students are not obligated to make a decision until May 1. I can absolutely sympathize with those who are trying to choose.

First off, I want to congratulate the juniors and seniors who were inducted to the Joseph Osgood Chapter of the National Honor Society last Thursday night. As a ceremony, the CHS band was present to provide a form of fanfare for the scholars whom were



ASHLEY CURRAN

rewarded for their commitment to academics and volunteerism throughout high school.

Each new inductee was asked to bring a special guest who inspired their success. This resulted in a packed upper lobby to converse with scholars past and present as well as to applaud new members in their endeavors. The group was then ushered

into the auditorium by current NHS members where the four pillars of the society were explained and implemented.

We are proud to recognize these students as members of the Cohasset community and praise their commitment. Without the NHS many community based programs like the Homework Center would cease to exist.

This spring, Cohasset Middle High School is participating in a clothing and shoe drive for Cradles to Crayons in order to provide those in need with the essentials that children need to thrive. The school will have a donation bin to

collect new and like-new clothing that would be necessary to children. A special consideration is given to coats and winter clothes, as the weather has not yet warmed up, as well as purchased new undergarments. Donations will be accepted up until April 9th!

It's finally that time! Pantry Palooza begins tomorrow morning at 10 a.m. With volunteers provided by students and siblings reluctant to wake up early on a Saturday, the event should flow smoothly until 4 p.m. in the afternoon. We will set up tables to collect any and all food pantry collections and a table to fill out the highly

anticipated raffle tickets!

With amazing prizes to win and a great cause to participate in, why not donate a bag or two to the pantry? We are planning to stake out a room at Town Hall throughout the day so come in and say hello or experience this community service project we have spent months, and many columns making a reality. We could not have done this without our sponsors, donors, and listeners as we rant about this cause.

Don't miss the awesome Osgood vs. Deer Hill Basketball Showdown. This PSO Sponsored Fundraiser Game with Faculty and Parents will be held Friday,

March 27 at 7 p.m. in the CHS Gym. Come to root on your favorite players from the Osgood and Deer Hill or if you played basketball at those schools. This fundraiser is a great way to show support for youth athletics, Cohasset pride, as well as support the PSO. Wear white for Osgood and blue for Deer Hill. We can scout out talent for the future Skippers.

Here's to always wishing a warm weekend and an update on Life at CHS to come next week!

*Ashley Curran is a senior at Cohasset High School and regular columnist for the Cohasset Mariner.*

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MARCH 29TH, 10 A.M.

# Andy's Angels and the Fran Coffey Walk

By Linda Fechter  
Special to the Mariner

As with all road races, there are many who participate for the competition, some for the camaraderie, and of course, that one common bond...the t-shirt. This one giveaway item was the seed which grew into the Cohasset Road Race by the Sea Walk, now known as the Fran Coffey Memorial Fun Walk, which takes place Sunday at 10 a.m. at its new "snow free" location, 91 Sohier Street in the Cohasset Senior Center/Swim Center Parking Lot.

To understand the Walk, one must look at the history of the race itself. In the 1970s, Sharpless Jones, a Scituate resident, began directing the race along with Cohasset resident Roy Fitzsimmons. Back then, running was less about "weekend warriors" and more about the competitiveness of it all.

An enormous rivalry existed between two Cohasset businesses, The Good Sport and Cohasset Liquors. Each worked hard to recruit big name marathoners like Bill Rodgers and other top performers of the Greater Boston Track Club. The race shirts, produced by Goodwin Graphics for nearly four decades, were serious business.

It wasn't just a shirt, it was a sense of pride. Each business had their own version, each with their own logo. Both stores were always upping their giveaways in an attempt to attract faster runners. There were two



Andy's Angels (L to R). Walk Director-Kit Coffey along with Leslie Brigham, Jan O'Donnell, Tina Watson, Janet Mullin, Ellen MacKenzie, June Powers (Andy's Sister) and Andy Hailer for whom the Walk is dedicated this year.

COURTESY PHOTO

teams and two winners. That was 11 years ago, and Scituate resident Florin J. Hailer, III (Andy) wanted in. He wanted a coveted shirt.

Hailer, once a race participant, had suffered a terrible fall from a third floor balcony which landed him on a picket fence. His running came to a halt, and his life dramatically changed. His severe injuries caused him to stop exercising entirely. He gained hundreds of pounds and lived with unbearable pain and debilitating depression.

Eventually Hailer found Alcoholics Anonymous after challenges with alcohol hampered his recovery and all aspects of his life. It was

In 2014 Hailer passed away from multiple myeloma. That all important Road Race by the Sea shirt that he worked so hard for includes his initials as part of the 2015 logo.

through AA that he found the will and the way to finally heal physically, emotionally and spiritually.

His friend Peter Logan, the Race Director and owner of Cohasset Liquors, would not hand over a shirt unless Hailer committed to doing the event, a gesture of tough love. Logan knew what Hailer was going through and also knew that running would be nearly impossible

and walking might not be that much better. But Hailer agreed. The starter's gun went off, the racers sped away and Hailer "dug deep" putting one foot in front of the other.

It was a Sunday and Hailer, walking alone, met up with Cohasset residents Barbara Powers and some others who decided to join him. They helped him through the 6.2 miles. Logan was waiting at

the finish line with the shirt.

That finish was the start of a very long road for Hailer. The following year, he walked again. This time joined by five or six residents out for a Sunday stroll. By year three there were 100 people at the Walk's start line. Everyone received a hat and were dubbed "Andy's Angels."

And so it began.

Hailer eventually overcame his addictions and became an "angel" to others struggling with the same fate. He went back to school and became Certified as a Drug and Alcohol Counselor. He dedicated himself to the Alcoholics Anonymous

off in the school's main office. Another drop-off box will be in Shaw's supermarket in Cohasset.

Donations will be accepted between March 30 and April 9 at both locations.

organization, having recently earned his medallion for 25 years of sobriety. He had a contagious smile and spirit and made everyone feel like the most important person in the room.

In 2014 Hailer passed away from multiple myeloma. That all important Road Race by the Sea shirt that he worked so hard for includes his initials as part of the 2015 logo. A tribute to Hailer, a man who embodied the Rotary motto of "Service Above Self."

The Walk is meant to be a "fun" walk for everyone, strollers and dogs included. In recent years the name changed to honor Fran Coffey, a friend of the Cohasset Rotary Club. His wife, Kit was an original "Andy's Angel" and is now the Walk Co-Director, along with Sharpless Jones. Walk proceeds benefit local charities.

Logan, the man who made Hailer "earn" that first shirt is still an integral part of the race. He "runs" behind the scenes, procuring prizes for athletes on behalf of the race that he and Curtis Liquors still sponsor.

In Hailer's own words, "Life's exciting. You've got to keep moving on." And so we do, but it's just not the same without Andy Hailer.

Register on-line at [www.roadracebythesea.com](http://www.roadracebythesea.com) or Saturday at the South Shore Community Center, 9-1 or Sunday at 91 Sohier Street, South Shore Senior Center/Swim Center Parking lot at 9:30. Walk begins at 10 a.m.



## CRADLES TO CRAYONS

### Clothing and Shoe Drive

This spring, Cohasset is participating in a clothing and shoe drive for Cradles to Crayons, an organization

that collects and donates children's items to people in need. This drive is a part of Project 351, an organization dedicated to uniting young people across the state in service.

They will be collecting new and like-new clothing and shoes, the most needed items being new socks and underclothes, winter coats, and new and gently-used children's

shirts and long pants. Sizes newborn through adult medium are appreciated.

Collection boxes will be placed throughout the middle-high school, and donations can be dropped

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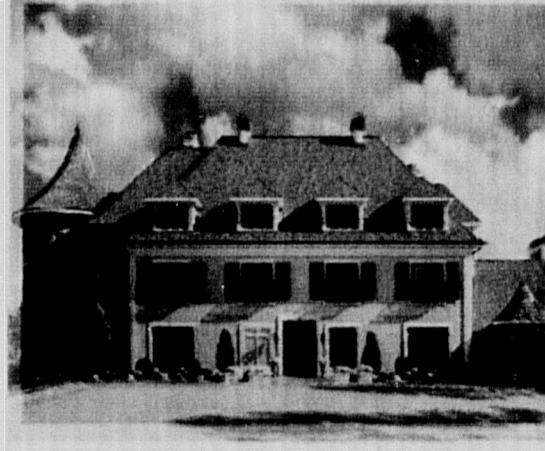
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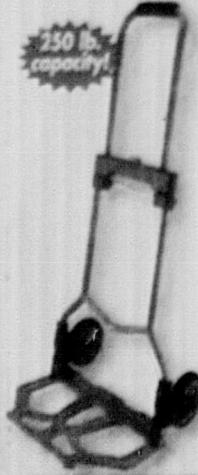
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Famous Catalog &amp; Dept. Store

PHOTOS BY LISA AIMOLA

## Osgood Goes Coastal

Osgood Goes Coastal was the theme for this year's ever so popular Science and Math Night held at the Joseph Osgood School on Thursday, March 19th.

The New England Aquarium visited the school and brought a host of tide pool animals for

the children to touch, see and ask questions.

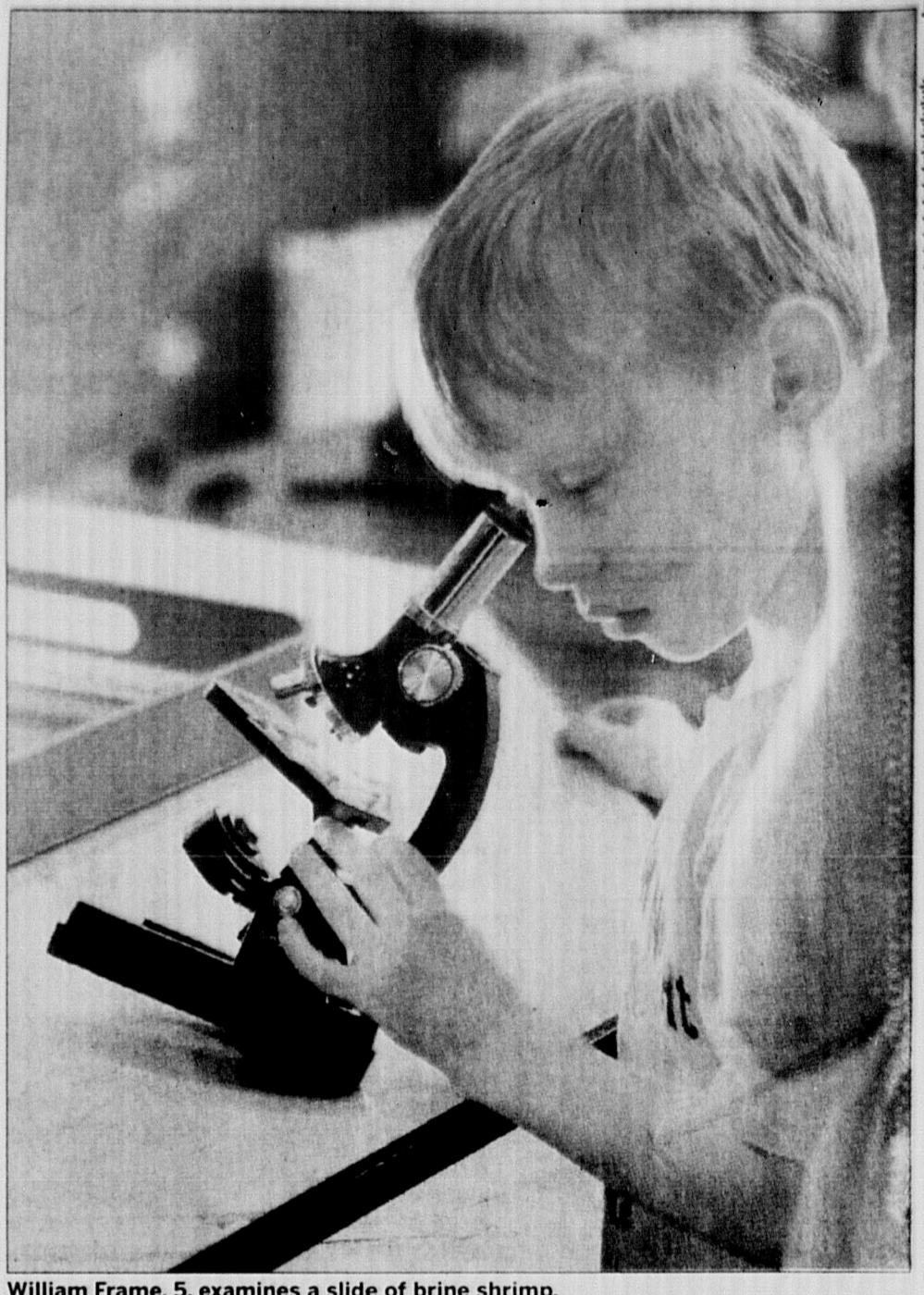
The ever popular Joe's Crazzy Critters was back with his host of animals to the delight of the children. In addition, the Center for Student Coastal Research was on hand to teach children about salt water and our

harbor. There were several exhibits on water and sea animals, along with volcanoes, crystal structures and mystery boxes.

This event is completely funded from sponsorships within the business community.



Joe Kenney of Joe's Crazzy Critters lets a group of children touch a turtle.



William Frame, 5, examines a slide of brine shrimp.



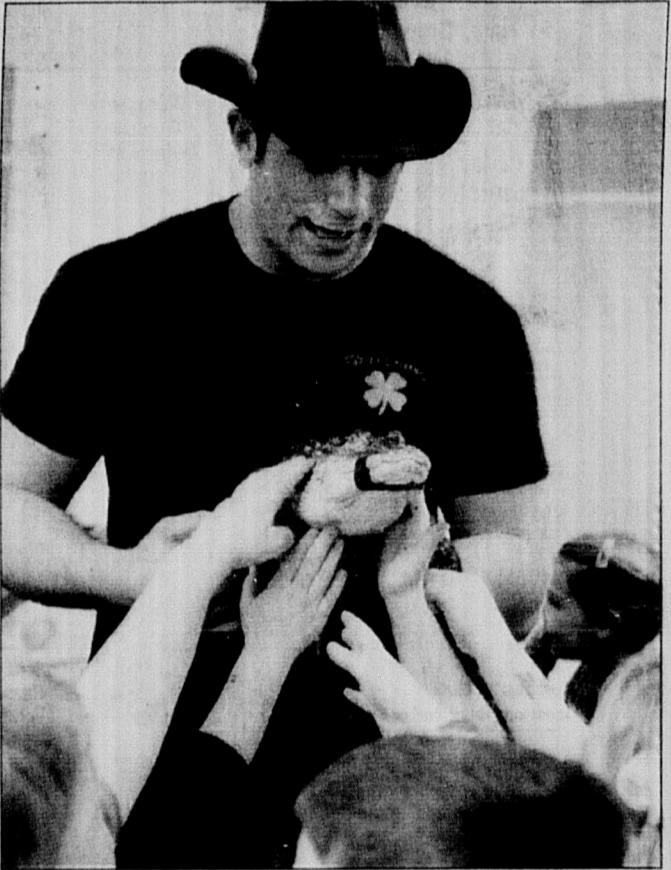
Shane Shaughnessy, 7, holds up a Tagu during Joe's Crazzy Critters show at the Osgood School.



Jack Gallagher, 3, explores 'The Magic of Magnets' exhibit.



Isabella Walker, 8, Mary Williams, 7, and Julianna Walker, 6, examine a spider crab at the N.E. Aquarium exhibit.



Joe Kenney of Joe's Crazzy Critters lets a group of children touch an American Alligator.



Brayden DiBona, 7, demonstrates how to make snow.



N.E. Aquarium Teen Intern Robert McIsaac of Boston shows a group of children a horseshoe crab.

\*\*\*\*\*CAR-RT WSH\*\*C-002

## GIMME SHELTER

## Shannon is a stunning Irish lady

By Tammy Hatch

Meet Shannon, one of seven taken in over the St. Pat's holiday. This young, petite, super sweet girl

possesses a beauty that's enhanced by her unassuming modesty. She is a brown tiger with the distinct striped markings of a Bengal suggesting a

hint of an exotic bloodline. In a nutshell, this little gal is stunning!

Initially cautious, once Shannon warms up she'll crawl right up into your

lap. Even though it's barely audible, this girl's purr is constant and her contentment obvious as she lays across your legs with eyes half closed and outstretched arms as she slowly kneads the air.

Although she hasn't been with us long, it's not hard to see that Shannon has all the makings of a truly fabulous feline companion. She won't last long as she already captured the hearts of many during her open hours debut last weekend.

You can learn more about Shannon and other available cats by visiting us on-line at [www.hsar.org](http://www.hsar.org) or Like us on Facebook. Open hours are Monday nights 6:30 to 7:30 p.m. and Saturdays 2 to 3 p.m. If these times are not convenient for you, a special appointment can also be made by calling our Adoption Coordinator at 781-534-4902 or the shelter at 781-925-3121. HSAR is located at 50 L Street in Hull.

HSAR has been chosen by Petco to be a part of their "Spring A Pet" fundraiser. Petco's Unleashed at the Hingham shipyard is having photo sessions



Shannon is a brown tiger with the distinct striped markings of a Bengal suggesting a hint of an exotic bloodline. COURTESY PHOTO

**Although she hasn't been with us long, it's not hard to see that Shannon has all the makings of a truly fabulous feline companion.**

with the Easter Bunny this weekend March 28 & 29 for \$10 each. Thank you Unleashed for all of your generous and continued support.

Thank you again to all of our supporters for continuing to share with us your redeemable

bottles and cans. It is a huge help to us and every nickel, literally, is used to keep Hull Seaside up and running.

*—Tammy Hatch is a Volunteer and Board Member at Hull Seaside Animal Rescue.*

## BRIEFLY

**Skipper Pageant DVDs available**

DVDs of the 2015 Mr. Skipper Pageant from March 13 are available to purchase for \$20 each. To order a copy, call Shaun Galvin at 781-424-2197 (cell) or email a request to [galvin.sm@hotmail.com](mailto:galvin.sm@hotmail.com).

Requests can also be mailed with a check for \$20 per DVD to Shaun Galvin, P.O. Box 526, Hingham, MA 02043. Checks should be made payable to Shaun Galvin.

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## COMMENTARY

# Covering Cohasset: Farewell, for now

The very picture of a caffeine-addled writer, T.S. Eliot famously said, "I have measured out my life with coffee spoons." The truth is most writers, reporters, or any working professional, really, would probably say the same.

But those of us who call ourselves "journalists" measure our lives in other things, too (although the empty Starbucks cups littering my car during a typical work week would beg to differ). I have measured mine in filled-up reporter's notebooks - front to back, no wasted pages - used-up pens and mechanical pencils that always ran out of lead at a crucial moment; and stacks and stacks of newspapers with hundreds of bylines underneath each painstakingly-written story.

**My name in print.** That was always the dream for me, since I started writing stories in elementary schools and every one of my teachers predicted I would write for a living.

Growing up, I wavered between wanting to be a novelist, comic book artist and writer (chalk it up to a love of Lois Lane), or a news writer. After studying communications at Gordon College, trying my hand at everything from marketing copy writing, public relations, magazine feature writing and news reporting, print journalism proved to be the way to go.

As I got my "feet wet" in the newspaper world - becoming the news editor of my school's weekly,

## COFFEEHOUSE Open mic poetry slam April 10

The Ground Level Café's April coffeehouse and open mic will fall on the second Friday of the month (Friday, April 10), rather than the first, which is Good Friday.

At Ground Level, we know musicians aren't the only kind of artists in the house. April is National Poetry Month, so coffeehouse patrons are encouraged to share an original poem, or one by their favorite poet.

As always, the stage will be open to all kinds of performances, not just poetry. Bring your voice, your instrument, and your friends for a cozy, laidback evening at the café.

Ground Level typically takes place on the first Friday of every month in the Beechwood Church basement (51 Church Street, Cohasset). For more information, visit [beechwood.org](http://beechwood.org) or call 781-383-0808. "Like" Ground Level on Facebook ([www.facebook.com/groundlevelcaf](http://www.facebook.com/groundlevelcaf)) or follow on Twitter @GroundLevelCaf.

## SAVE THE DATE Family Fun FOODraiser benefit April 11

Cohasset Family Chiropractic presents the second annual Family Fun FOODraiser featuring The Magic of David Hall Magic and Comedy Fun for All Ages from 3 to 3:45 p.m. Saturday, April 11 at Willcutt Commons (Senior Center), 91 Sohier St., Cohasset.

Entry is free with a donation of non-perishable groceries to benefit the Cohasset Food Pantry. One bag per person or two bags per family is suggested.

Enjoy the show and pack the pantry.

For more information call 781-923-1226, visit: [CohassetFamilyChiro.com](http://CohassetFamilyChiro.com); [magicofdavidhall.com](mailto:magicofdavidhall.com) or email [drilisa@cohassetfamilychiro.com](mailto:drilisa@cohassetfamilychiro.com).



ERIN DALE

**My name in print. That was always the dream for me, since I started writing stories in elementary schools and every one of my teachers predicted I would write for a living.**

Mariner. As a twenty-something, it was the highlight in my career - my first full-time reporting job.

Perhaps Lois Lane (as portrayed by Erica Durance on TV's "Smallville") said it best: "The thrill of discovery; the clacking of keys; the smell of fresh ink... Yeah, I think I finally found my calling."

After college, I worked a series of part-time jobs, from coffee slinging, clothing retail and office administrative work, as I pursued my passion on the side. I started stringing (that's the fancy newspaper term for "freelancing") for a slew of papers on the South Shore, including the Duxbury Clipper, Express papers, and The Pet Gazette.

This was my foot in the door. When I saw an online advertisement for openings at GateHouse Media New England, I was working as a copywriter for a big tech company in a fabulous glass building, but I found my cubicle rather stifling. I itched to get out and do some old-fashioned leather shoe reporting. So, I submitted my resume and cover letter to every single paper in Massachusetts that was hiring.

To my surprise excitement, I got a call to interview for the Cohasset

and Press Association (NENPA), in 2013 and 2014.

It's been an adventure. Now, I'm starting a new one - as a reporter for WATD. The transition from print journalism to radio broadcasting will be a challenge, but I'm excited for the opportunity to continue doing what I love - telling people's stories - in a new-to-me format.

While my coverage area is expanding to the rest of the South Shore, I might just drop in on Cohasset now and then. I hope to see many of you around town; I will miss strolling around the village and the town common during the week, but I don't plan on being a stranger.

I hope you will welcome our new reporter, Amanda Thompson - who is also a Gordon grad - the same way you welcomed me... meeting with me at 5 South Main or French Memories, Starbucks, or Brewed Awakenings for story interviews and, yes, coffee.

Thank you for letting me into your town, your workplaces, homes, and lives over the past nearly four years. So this is goodbye - but just for now.

For those of you who are on Twitter, my reporter handle is still @ErinDaleMariner. I hope you will keep in touch!

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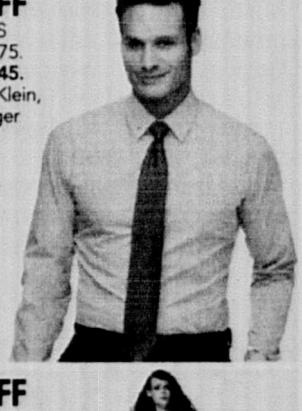
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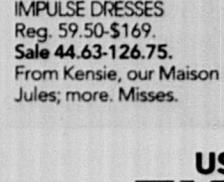
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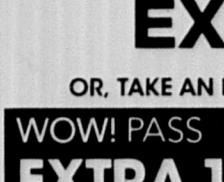
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# OPINION

QUESTIONS? Contact Editor Mary Ford at 781-741-2933 or [mford@wickedlocal.com](mailto:mford@wickedlocal.com).

## EDITORIAL

### Drug courts aim to heal, not punish

When it comes to a person's struggles with addiction, sometimes the road to recovery comes through the courts. Some 70 percent of those meeting the criteria for treatment are not seeking it. Even if people are not ready to commit to treatment themselves, a judge can involuntarily commit them into a treatment program if use of substances "is threatening grave physical harm" to the person or "substantially interferes with his social or economic functioning."

A court order can quickly push the intake process along. In fact, between 2006 and 2012, court-ordered treatments to mental health facilities have increased 41 percent. Today, there are even specialty courts in five Massachusetts district courts, including Plymouth and Quincy, specifically adjudicating drug-related cases. They take a unique approach, with probation officers, police and health officials cooperating to develop sentences and rehabilitation programs to keep drug-related offenders out of jail and in court-ordered mental health treatment.

Massachusetts' drug courts represent a smart way to treat drug-related offenses as a public health issue and keep offenders out of prison. They are intended to get the root of the problem so offenders' lives can get back on track through probation, treatment and drug testing. It's good to see these programs increasing in number as the scourge of addiction and the crimes associated with it continues to grow.

Rather than being seen as an easier alternative to traditional court, it's actually a more intense process for the defendant that aims to heal more than punish. It also specifically targets those who would be more likely to re-offend if they did not get treatment for their problem.

Also changing is the nature of the substances people are seeking treatment to break away from, which means that treatment programs have also had to adapt their programs to meet the changing needs of clients over the past decade. In

2005, 36 percent sought treatment for alcoholism, 41 percent for heroin and 6 percent for other opioids.

In less than a decade, there's been a major shift with far fewer people seeking help for problems with alcohol and many more trying to break their heroin addiction. In 2014, 19 percent reported problems with alcohol, 63 percent for problems with heroin and 8 percent for other opioids. In state-funded programs, 53 percent of patients were being treated for heroin addiction in fiscal 2014.

It's not very difficult for people to get a four- or five-day detox program or access outpatient treatment, but the inpatient "stepdown" programs that are often necessary when a few days of detox is not a sufficient treatment.

The result can become a revolving door to detox, with the addiction still not broken. This is a major flaw in the state's treatment systems that must be addressed given the nature of the problem.

Other times, money becomes a factor if insurance will not pay for full treatment in a "stepdown" program. These often require prior authorization from the insurance company — something a person in crisis may not be in any condition or position to request. The insurance issue will change in October when a new law requiring insurance companies to pay for 14 days of inpatient step-down care for people who have gone through a detox program.

Even if those who become addicted decide to seek treatment at the urging of loved ones or for themselves, it's not always possible to find it due to the prevalence of the problem and a shortage of the right type of treatment programs.

The new requirement does not change the fact, however, that there are not enough inpatient treatment beds to meet the demand. The change in law will have little effect if the beds are not available. State officials will have to monitor if the availability of beds is keeping pace with the availability of funding as they measure the efficacy of this new law.

## Cohasset Mariner

73 South St., Hingham, MA 02043  
[cohasset.wickedlocal.com](http://cohasset.wickedlocal.com)

**Mary Ford** News Editor  
781-741-2933 or [mford@wickedlocal.com](mailto:mford@wickedlocal.com)

**William Wassersug** Sports Editor  
881-837-4577 or [wwassersug@wickedlocal.com](mailto:wwassersug@wickedlocal.com)

**Edie Dale** Reporter  
881-741-2935 or [edale@wickedlocal.com](mailto:edale@wickedlocal.com)

**Fredric Siegel** Retail Advertising  
881-837-4519 or [fsiegel@wickedlocal.com](mailto:fsiegel@wickedlocal.com)

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Letters must be original and signed. Include the writer's address and phone number for verification. Letters may be edited. Send letters to Mary Ford, 73 South St., Hingham, MA 02043, [cohasset@wickedlocal.com](mailto:cohasset@wickedlocal.com), or fax to 781-741-2931.



## ELECTION POLICY

### Question of the Week to start

Maybe it was due to cabin fever, but we'll admit to being concerned this year's annual Town Election on May 9 was going to have a lack of interest. But we are happy to report there are three races for selectman, board of health and library trustees. Here at the Mariner we love races because there's nothing like a contest to get people talking about the issues.

Here is some information for candidates:

■ We will pose a Question of the Week to candidates running for the Board of Selectmen and Board of Health. This week we will start with the Board of

Selectmen.

■ All candidates opposed or unopposed, who have not already done so, are invited to submit photographs and formal statements announcing their candidacies.

■ The Mariner will also publish a weekly Candidates' Corner, which will be limited to a few paragraphs (about 175 words), from any candidate who chooses to submit dates of coffees, fund-raisers, short issue statements and the like.

■ The Mariner will not accept letters to the editor from candidates or letters endorsing or attacking particular candidates. The Mariner will publish letters about campaign issues

from citizens not seeking election.

■ For the Selectman candidates: "Transparency" is something that all candidates say they believe in. If elected or reelected, what steps can you take to ensure that the items on your meeting's agenda are completely clear to folks both at home and at the meeting.

Responses should be brief — no more than 275 words — and must be received 5 p.m. Tuesday. Candidates are asked to be specific and make every word count. Submissions will be cut if they exceed the word limit. (We use the word-count feature on the computer to

determine the number of words.)

Candidates may reply by e-mail at [mford@wickedlocal.com](mailto:mford@wickedlocal.com); by fax at 781-741-2931, or by dropping off their responses at the Cohasset Mariner office in Hingham, 73 South St., Hingham Square. However they choose to deliver their answers, candidates should adhere to the 5 p.m., Tuesday deadline.

If you have questions, or would like to suggest a Question of the Week, call Mary Ford at 781-741-2933 or contact her by e-mail at [mford@wickedlocal.com](mailto:mford@wickedlocal.com). For advertising opportunities, email Fred Siegel at [fsiegel@wickedlocal.com](mailto:fsiegel@wickedlocal.com)

## LETTER

### Heartfelt gratitude to people of Cohasset

When our family moved here in 2010, we instantly fell in love with Cohasset for its small town feel and strong sense of community. Little did we know that we would come to lean upon that sense of community and the kindness of the people of Cohasset to get us through this very difficult time.

It's not every day that you wake up to your world being turned upside down, but that

is exactly what happened to our family on January 19th when our husband / father was suddenly and tragically taken from us. For those of you who have had the pleasure of knowing Stefan, I am sure you can begin to imagine the void and hurt we have felt since that day.

To think that people would choose to drop everything in their everyday lives to help in whatever way they could is

very humbling.

The support that we have received is a testament as to what an amazing community we live in where people show such kindness. We are continually strengthened by the support we have been receiving and cannot possibly thank every individual person enough; from emotional support, dog walking, phone call check-ins, prepared meals, advice

and understanding, prayers. Please know that every act of kindness has deeply touched us.

We are incredibly blessed to live in Cohasset, and to call this town home. Because of all of you, we can now begin the healing process. Thank you from the bottom of our hearts.

— Diana, Christian, Ollie and Alex Hanke

## LETTER

### Special Olympics support appreciated

Special Olympics Massachusetts says thank you to the following local businesses who supported our hundreds of Plungers and spectators with food, drink, and

entertainment at the Polar Plunge at Nantasket Beach on March 14:

Atlantic Bagel, Cohasset Pizza House, Dunkin' Donuts, Route 3A Pizza, St. The Pizza Box, Not Your

Average Joe's, Polar Beverages, and DJ Maxx. Please do business locally and say "Thank you" for their support of Special Olympics.

— Taffy Nothnagle, Cohasset

## LETTER

### St. Stephen's is letting off steam, not fire!

The main boiler in St. Stephen's Church broke over the weekend, and needs to be completely replaced. Because the replacement will require extensive work, and Holy Week is just around the corner, we are holding off until the end of the season

— which we all hope will be very soon!

In the meantime, our current boiler is emitting an unusual amount of steam while trying to do its job. For that reason, we're using the boiler very judiciously, and praying we make it through

Easter!

We are so sorry for causing anyone unnecessary alarm, and while it is tremendously comforting for us to know that our neighbors are alert and concerned enough to call the Fire Department, the good men and women of the

department are understandably weary of responding to calls about St. Stephen's being on fire. Rest assured, all is well. We may be on fire, but only in our hearts!

— The Rev. Margot D. Critchfield  
St. Stephen's Church

## POLITICAL NOTES

### Hedlund named Assistant Minority Leader

Sen. Robert Hedlund, R-Weymouth, was chosen again by Senate Minority Leader Bruce Tarr, R-Gloucester, as his assistant leader for the 2015 and 2016 legislative session. Hedlund was also assigned to the following committees as the Ranking Member and lead minority legislator:

■ Senate Rules Committee;

■ Senate Post Audit and Oversight Committee;

■ Senate Global Warming and Climate Change Committee;

■ Joint Committee on Environment, Natural Resources, and Agriculture;

■ Joint Committee on Municipalities and Regional Government; and

■ Joint Committee on Housing.

In addition to his duties within Massachusetts, Hedlund was also appointed by Senate President Stan Rosenberg, D-Amherst, to positions with national legislative organizations:

the Committee on Transportation for the Council of State Governments and the Committee on Natural Resources and Infrastructure for the National

Conference of State Legislatures. Hedlund will represent Massachusetts for these national conferences with legislators from across the country to discuss issues facing residents to share ideas, learn from lawmakers around the country, and illustrate how the Commonwealth continues to be a leader among the states.

## VIEW FROM THE FRONT PORCH

## Pantry Palooza happens tomorrow—it's finally here

Pantry Palooza—shared wisdom from others

**A**fter weeks of hype and preparation, Pantry Palooza is Saturday from 10 a.m. to 4 p.m. at the Town Hall. Goods, gift cards and donations will be collected for the Cohasset Food Pantry in what should be a festive fun time for all.

While we honestly don't know what to expect for turnout, we are hopeful that many of you will take a few minutes to swing by and help make a difference.

Throughout the month, our articles have focused on the needs of the Food Pantry, those who have gone out of their way to help and reasons why your support is so important. This week, instead of summarizing the past few weeks, I'm yielding to the insights and expertise of those who are exponentially smarter and wiser than I. Most of the quotes and thoughts are from the National Philanthropic Trust website. Perhaps one or two will catch your attention.

**CALVIN COOLIDGE** — "No person was ever honored for what he received. Honor has been the reward for what he gave."

**MAYA ANGELOU** — "I have found that among its other benefits, giving liberates the soul of the giver."



JOHN MCSHEFFREY

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**ALBERT EINSTEIN** — "It is every man's obligation to put back into the world at least the equivalent of what he takes out of it."

**GERMAN PROVERB** — "Charity looks at the need and not at the cause."

**CONRAD HILTON** — "The practice of charity will bind us...will bind all men in one great brotherhood."

**AESOP** — "No act of kindness, no matter how small, is ever wasted."

**ALBERT CAMUS** — "Real generosity toward the future lies in giving all to the present."

**ANDREW CARNEGIE**

— "Wealth is not to feed our egos but to feed the hungry and to help people help themselves."

**CHINESE PROVERB**

— "The family that perseveres in good works, will surely have an abundance of blessings."

**MICHAEL BLOOMBERG**

— "I've always respected those who tried to change the world for the better, rather than just complain about it."

**PEARL S. BUCK**

— "The test of a civilization is in the way that it cares for its helpless members."

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JAMES LANE PROJECT

# Bylaw confusion over square footage

By Erin Dale

A local developer said that if his proposed construction project is not approved, he believes it will mean a "death knell" for other new projects in Cohasset's downtown village business district.

Michael Roberts, manager of Quincy-based James Lane Partners LLC, is seeking a special permit from the Planning Board to build seven mixed-use, two-bedroom townhomes at 8 James Lane. Roberts and his attorney, Charles Humphreys, have been back and forth with the Planning Board for the past year.

The hold up? While initial plans had the board asking for revisions, due to concerns over the size of the homes and tight parking spaces, now the issue is with the wording of a town bylaw defining the gross floor area for a single unit.

The crux of the issue is how to calculate the size of the apartments allowed under the special permit for the village business district; the town's bylaw limits the gross floor area of a single

apartment to 700 to 1500 square feet.

The question the Planning Board is mulling over is this — should the gross floor area include all floor area in the building envelope, including garages, basements and attics?

Roberts says "no," pointing out that the planners approved a different townhouse project for the same location — plus 2 Pleasant Street — in 2012 for the Cohasset Village Town Homes, eight two-bedroom homes measuring 1600 square feet per unit.

Part of the confusion seems to stem from the proposed property having a mixed use — commercial and residential. Planning Board vice-chairman Clark Brewer explained during the Jan. 21 meeting that "this application is a hybrid between single family residential and commercial [use] that has not been fully thought through as a possibility for this part of the village."

And while Brewer felt that Robert's proposed "building type is a good transitional type between the village and

residential districts," overlapping terms in the bylaw are adding to the confusion, and the board is "getting stuck on some of the wording."

This confusion over the bylaw seems recent, Roberts said in a phone call. "Prior to January 2014, the board had not counted" attics, basements or garages as part of the gross floor space, he said.

Roberts and his counsel, Charles Humphreys, believes the town should be using the residential gross floor area to measure these buildings, which does not count the attic, basement or garage space when calculating unit size.

The Planning Board first opened the public hearing for 8 James Lane on April 30, 2014; the hearing continued with meetings in May, July, August, September, October and November. Finally the

board voted to close the hearing on November 12, 2014, with deliberations taking place in December, January and February.

During the Feb. 25 deliberations, Roberts asked the board to reopen the hearing because the gross floor area issue had not been raised previously. The hearing will reopen on April 29.

Roberts said during the Feb. meeting that it was "terribly unfair" that the board's interpretation of their own bylaw could be a "show stopper" for the project.

Because he and his team have incurred "substantial expense" on the project, Roberts said the matter should have been raised before they expended the effort and time to attend all of the hearings.

"At this date in time, after almost every issue has been resolved, to raise that as a

show stopper is terribly unfair and terrible for development in this town," said Roberts.

The James Lane Partners manager said that at this point, he believes the board and his project are in "kind of a stalemate."

In an open letter to Cohasset officials, Roberts urged the Planning Board "to implement the will of Town Meeting" and approve the application. "They can do this by merely measuring apartment size in a way that is consistent with their past decisions."

Roberts explained further in a phone call that he believes if the town uses "this method of measurement," including garage, attic and basement space in the gross floor area, "every plan goes out the window" in the village business district.

However, it appears the Planning Board may be siding with Roberts on the gross floor area issue, proposing a warrant article for the upcoming Annual Town Meeting, which will be held on Saturday, May 2 starting at 10 a.m. in the Cohasset High

School gymnasium.

Now, Cohasset voters will have the chance to change the wording in the bylaw, redefining the floor area definition from "gross floor area" to "residential gross floor area."

If passed, this bylaw change will "clarify the technical issue that was holding this up, making it impossible for a developer to propose plans" in the village business district, said Roberts.

The developer said in an email that he found the board's 5-0 vote "asking town meeting to clarify the language" reassuring, and "a real step forward. The clarification of this issue will allow many of the projects that are now stuck in the confusion around this issue to proceed to approval."

"They did the right thing," Roberts added in a phone call. "I'm not sure if it's a happy ending right now; we'll have to see, but it seems the board is recommending this to town meeting."

*Look for more on this issue in an upcoming edition of the Mariner.*

## SCHOOLS

## CHS students inducted to National Honor Society

Thirty-two students from Cohasset High School were inducted as new members of the National Honor Society in a ceremony held at the school on March 19.

Members were selected by the school's faculty council for meeting high standards of scholarship, service, leadership, and character.

The students inducted were: Olivia Arnold, Jake Bennett, Joseph Cavararo, John Coffman, Meghan Considine, Meredith Corry, Molly Cunning, Emily Curran, John Donohue, Kerry Dunn, Morgan Fechter, Alba Fernandez, Grace

Gaumer, Kate Gibbons, Nicholas Hall, Christian Hanke, Morgan Healey, Caroline Kennedy, Alexandra Lanier, Grace Lucier, Caelin McDonald, Alexander Norton, Madigan O'Neill, Maya Placek, Emily Rosano, Megan Rosano, Nicholas Rosen, Margaret Seebeck, Julia Stanganeli, Nancy Thomas, Daniel Toomey, Sophie Wolfe.

Each year, members of the chapter perform community service including volunteering to serve a variety of local organizations, and by providing free tutoring at the Homework Center at the Paul Pratt Library.

## FORUM HELD

## Too many deer bring difficulty

More hunting could be answer

By Morgan E. Wiedmann  
correspondent

Drew McGurrin of Hingham, who has had Lyme disease, says not only are the deer in his yard devouring his landscape, but he also has to check for ticks every day when coming in.

"We have been adversely affected by the deer population; it's just been multiplying the past few years," he said. "... it's definitely a health problem."

Each year the population of deer is increasing with more cases of Lyme disease from deer ticks and deer-related car accidents across the South Shore. Too many deer also translates into lack of forest regeneration, harmful impacts on wildlife, residential landscape damage, and the spread of invasive plants.

On Thursday (March 19) a lively crowd of about 50 people gathered at the Hingham Public Library for a presentation on the deer problem at the annual meeting of the Hingham Land Conservation Trust, a private non-profit organization.

HLCT President Charles Willse invited David Stainbrook, who is the Deer and Moose Project Leader for the Massachusetts Division of Fisheries and Wildlife, to give a presentation on the local deer population.

Willse opened up the talk with the words that seemed to be echoed all throughout the room: "They seem to be everywhere."

In his presentation, Stainbrook noted the preferred density for sustainable deer populations in the state is 18 deer per square mile of forest but local numbers are much higher. He said deer live up to 20 years old and has about a 96 percent survival rate.

Steven Burns of Holbrook, who has been hunting for 38 years, attended the meeting in his camouflage hat and jacket. Burns, who has had Lyme disease four times, wants to see bow hunting allowed in Wompatuck State Park where deer hunting is prohibited.

Jean White of Cohasset, owner of Holly Hill Farm, is fed up with what the deer are doing to her crops. She tried electric fencing, which is partially successful, but explained how the deer are very fond of their organic tomatoes and so are her customers.

As White was leaving the farm to head to the meeting, she discovered 12 deer in the road — half of them went into her driveway while the other half went into the field where she grows her crops. "Because of our farming, it is a real concern for us, how to try and preserve our crops," she said.

Linda Willse, who is a member of the Hingham Land Conservation Trust, usually looks forward to the springtime because she enjoys the outdoors. However with the overpopulation of deer and the rise in deer ticks, her walks have become less enjoyable.

"I wear white socks over my

pants and I still come back and there will be ticks all over my legs," she said. "So the prettiest time of the year I am afraid to even take advantage of all the beautiful properties we have."

Stainbrook informed the crowd that if no actions were taken, the number of deer would continue to increase significantly. He said that firearms in terms of hunting would have the greatest effect. "Firearms provide a longer range than archery methods, which can lead to much greater deer harvests and allow a faster drop in deer numbers," he said.

The presentation ended with questions for Stainbrook about ways to prevent overpopulation, why deer are migrating to Wompatuck State Park, the issue of firearms, and many more.

Increased hunting would help. But according to the Massachusetts state hunting rules and regulations, you cannot hunt within 150 feet from any road and 500 feet from any home and or building. However, Stainbrook explained that a homeowner could give permission to a hunter to shoot within that 500 feet restriction.

The best action for town-wide deer reduction would be an increase in hunter access: for all landowners (private and public) to be willing to allow hunting on their properties and to provide permission to allow hunters

within the 500 foot setback from their home," he said.

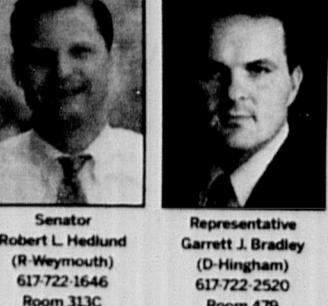
Biodiversity has been seriously affected on Hingham Land Conservation Trust properties with the lack of native plants along the edges.

"I have been walking these trails for 20 years, and have seen the deer population increase dramatically. I intend to encourage hunting on our properties, and contact local officials to push for deer hunting in Wompatuck State Park," Charles Willse said.

Stainbrook explained that waiting a few years to make a difference would just increase the numbers even more and create major problems. He said town leaders should establish goals, allow more access, give hunters a realistic chance to hunt, educate the public and communicate, and work at a regional level among surrounding towns.

"Overall, I see the effectiveness of managing deer really rests in the hands of private landowners, town officials, and DCR (Dept. of Conservation and Recreation) for Wompatuck," he said.

*If you wish to reach out in regards to the overpopulation of deer you can write a letter to the Department of Conservation and Recreation: Attn: Commissioner Jack Murray, 251 Causeway Street, Suite 900 Boston, MA 02114-2104. Or contact DCR through email at mass.parks@state.ma.us.*



## Beacon Hill Roll Call

By Bob Katzen

bob@beaconhillrollcall.com

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If you have any questions about this week's report, e-mail bob@beaconhillrollcall.com or call 617-720-1562.

Y = Yes; N = No, NV = No Vote (President rarely votes) \* Not every item is voted on by both House and Senate

THE HOUSE AND SENATE: Beacon Hill Roll Call reports on the \$361 million supplemental budget approved by the Senate last week. There were no roll calls on the budget itself or on any of the 23 proposed budget amendments.

### \$361 MILLION SUPPLEMENTAL BUDGET (S.21)

Senate, on a voice vote without a roll call, approved a \$361 million supplemental budget to fund various state programs and agencies until fiscal year 2015 ends on June 30.

Provisions include \$50 million for state costs of removing snow and ice during the severe winter; \$35 million for the Department of Children and Families for foster care, adoption, shelter services, substance abuse and education and counseling services; \$34.7 million for the Committee for Public Counsel Services that pays for lawyers to represent indigent persons in criminal and civil cases; and \$51.5 million for emergency housing services.

Other sections mandate a review and study of the current law that requires persons who are applying for a reverse mortgage to be counseled in person rather than by phone; allow cities and towns to waive penalties for homeowners who were not able to pay their property taxes if a local community closed its offices on February 2 because of the snow storm; and increase from two years to five years the period when cities and towns could gradually pay the costs associated with snow and ice removal

this winter.

Proposed amendments that were defeated on voice votes without a roll call include \$543,000 for the METCO program that allows urban students to attend suburban schools; \$50 million for additional unrestricted local aid to cities and towns; and requiring that applicants for some state university tuition and fee waivers be a United States citizen or an eligible noncitizen.

### ALSO UP ON BEACON HILL

LIMIT SALE OF E-CIGARETTES - Attorney General Maura Healey unveiled a proposed set of regulations to prevent the sale of e-cigarettes to minors. Provisions include prohibiting the sale of e-cigarettes to anyone under the age of 18; prohibiting sampling, promotional giveaways and other free distributions; prohibiting the sale of nicotine liquid or gel without child-resistant packaging; and prohibiting the product to be sold in stores with vending machines open to persons under 18.

Members of the public can submit comments to the Attorney General's office until Friday, April 24, by e-mailing AGRegulations@state.ma.us.

TAX AMNESTY FROM MARCH 16 TO MAY 15 - The Department of Revenue (DOR) announced another tax amnesty program. If you owe the state back taxes, you will be issued a "Tax Amnesty Notice" from DOR. If you pay the full amount of tax and interest due by May 15, DOR will waive all penalties already incurred.

This year's program includes several tax types not included in the amnesty program held last fall including corporate excise tax (including financial institutions, insurance, public utilities and banks), estate taxes, fiduciary income taxes and individual use tax on motor vehicles.

A similar tax amnesty program implemented in September 2014 collected just over \$57 million from 61,000 taxpayers. For more information, go to www.mass.gov/dor/amnesty or call DOR's Customer Service line at 617-857-6367 or toll free in Massachusetts at 800-392-6089.

\$30 MILLION FOR CITIES AND TOWNS FOR ROAD AND POTHOLE REPAIRS - The Baker Administration announced the Winter Recovery Assistance Program, a \$30 million program for cities and towns to repair potholes and roads and bridges. The funds will be distributed to cities and towns based on the Chapter 90 highway funds formula, which the Baker Administration says is based on a weighted average of a city's or town's population, employment and total mileage of roads. The \$30 million will come from the existing fiscal 2015 bond authorization for the Department of Transportation.

Gov. Charlie Baker said, "After an unprecedented winter of heavy snowfall and frigid temperatures, this additional support will allow municipalities to patch up potholes and address local repairs as needed." The program requires all work on local roads and bridges to be completed by June 30, 2015, and that all work invoices

be provided to state by July 31, 2015, in order for cities and towns to get reimbursed.

ANALYZE CITIES AND TOWNS - The Pioneer Institute unveiled MassAnalysis, its new online tool designed to provide detailed fiscal and other information on every city or town in the state.

"Understanding your town's position relative to the rest of the state is key to recognizing and addressing deficiencies," the institute said in a press release. The site can be accessed at <http://massanalysis.com>.

STATE GETS AN 'A' FOR TRANSPARENCY IN SPENDING MONEY (S.21) - Massachusetts received an "A" in government spending transparency, according to "Following the Money 2015: How the 50 States Rate in Providing Online Access to Government Spending Data." The report is issued annually by the Massachusetts Public Interest Research Group (MASSPIRG) Education Fund.

"Massachusetts' commitment to spending transparency is a success story," said MASSPIRG's Legislative Director, Deirdre Cummings. "Back in 2010 when we released our first report, so little spending data was available online that the Commonwealth was graded an 'F.' After steady improvement, Massachusetts this year has reached near the top with an 'A.' You can see the full report at <http://www.masspirg.org>.



Senator  
Robert L. Hedlund  
(R-Weymouth)  
617-722-1646  
Room 313C



Representative  
Garrett J. Bradley  
(D-Hingham)  
617-722-2520  
Room 479

## IN FOCUS



Lucie Wicker is chronicling the stories of marathon runners through her photographs. COURTESY PHOTO

## Photographer spotlights marathon runners

By Amanda C. Thompson  
Correspondent

When Lucie Wicker ran her first Boston Marathon in 2013, she could not have imagined how that tragic, historic day would unfold – but that's the last time she's going to bring it up, because Wicker wants to draw the focus back to the runners.

In 2014, Wicker, who was living in Boston's North End neighborhood at the time, brought together her two loves – running and photography – in a project called "Why I Run" that would ultimately bring attention back to the things that make up the race every year – namely, the people. She photographed 26 urban runners, mostly twenty-somethings, who were training for the Marathon.

"The people who train are either phenomenal runners, or they're raising huge – huge

amounts of money for charity," said Wicker. "Or it's people who are overcoming personal obstacles. Each story was more incredible than the last."

Wicker moved to Cohasset last summer. She didn't lose a minute; after only two weeks of living here, she had converted the barn outside her new home into a studio and was using it for photography shoots. She also joined the Scituate and Cohasset newcomers club, where she formed a running team. The team tackled a road race in Scituate and will be running Cohasset's 39th annual Road Race by the Sea this Sunday, March 29.

"I like bringing people of similar interests together," said Wicker. "But it's partly selfish because I want to meet people!" She added that running with comrades, and particularly working on the

"Why I Run" project, has been an inspiration to her, both as a runner and as a photographer. Not to mention, it has enabled her to explore her new community in a unique way. "There's so much to see," she gushed. "Things you wouldn't notice from a car."

As the 2015 Boston Marathon approaches, Wicker has launched a new chapter of "Why I Run." It's a very different project this year. Last year showcased a crop of young singles; this year she's photographed a lot of working moms ("who still find time to run!" she added in awe).

The demographic may be older, but Wicker says they're harder, too. "They're out at 5:45 AM in the rain," she said. "Boston Marathon runners have to train in the worst parts of the year around here. If you're not running in the snow, you're running 14 miles on a treadmill. These people

are crazy!"

Wicker doesn't just capture her subjects' faces; she captures their stories. "People have a driving force or a relative they're running for," she said. Those stories appear beside the photographs on her website, [luciewickerphotography.com](http://luciewickerphotography.com), along with links to the charity organizations that the runners support. She shares the stories as they come along.

Wicker is still in search of runners to spotlight and will be open to submissions up until the Marathon on Monday, April 20. If you're a runner, she would love to tell your story to the world. Someday she might even compile her Marathon photos into a book. You can contact her at [lucie@luciewickerphotography.com](mailto:lucie@luciewickerphotography.com).

"Marathon running is incredible," said Wicker. "As a runner... I'm in awe."

## SCHOOLS

## Earlier start, end dates on table

By Erin Dale

Cohasset school officials are seeking community input as they plan next year's school calendar.

While the upcoming 2015 to 2016 calendar has already been voted on, the School Committee reviewed a draft calendar for the 2016 to 2017 school year presented by Superintendent Barbara Cataldo during the Wednesday, March 18 school board meeting.

Cataldo suggested two different potential start dates – pre- or post-Labor Day – and end dates: starting school on Tuesday, August 30, and ending the school year on Tuesday, June 13 if no snow days are used (or Tuesday, June 20 if all five allotted snow days are used); or starting on Tuesday, September 6 and ending on Friday, June 16 (or Friday, June 23, depending on snow days).

The superintendent explained that after such a historic winter this year, with the district taking seven snow days, it's time to reevaluate the school calendar, adding that however, "What are the odds we're going to experience this kind of a winter [again] in the next two years? I hope never again."

While she isn't "anticipating any more snow days" this year, said Cataldo. "But there could be another year where we have more snow days than we expect."

School districts are mandated by the state to have at 180 school days during the school year. The latest schools can stay in session is the end of June, as the next fiscal year starts on July 1.

Cataldo said that she doesn't "want to run into June 30" end dates if it can be avoided.

The draft calendars she presented the school board last week meet the 180-day requirement and have professional days for teachers and staff – days where schools are closed for students.

The superintendent

noted that one sample calendar has a start date before Labor Day, while the other calendar shows school starting after. This is something the Mass. Association of School Superintendents is reviewing, Cataldo said. "How many districts start their year before Labor Day, or before September 1."

"It doesn't mean it's a good thing for Cohasset to do," Cataldo said of an August start date. However she wanted to give the board "a few scenarios to look at."

School board member Helene Lieb said that she thinks the Sept. 6 start date "is too late," since that leaves the district "just five days to play with" in the event that all of the snow days are used once more.

As a mental health professional, Lieb said however that coming back in August may take a toll on students. "You've got to realize they psychologically and mentally have been in school a long time... They check out."

School committee member Jeanne Astino said she is "not a fan" of school starting in August, either. However starting after Labor Day also seems "late."

Cataldo agreed the Aug. 30 start "might be tricky with the short summer."

However it would turn the Labor Day holiday into a four-day weekend for students, with no school on Friday, Sept. 2 or Monday, Sept. 5 (Labor Day).

School committee chair Paul Ognibene suggested the committee survey parents and teachers, and then evaluate; the poll will ask whether folks favor the Aug. 30 or Sept. 6 start, and also whether or not Good Friday should be an early release day versus a vacation day.

This year, the school board issued a similar survey after all of the snow days were used, asking parents whether they preferred to cancel April vacation, take away the Good Friday holiday, or have Saturday classes, if more snow days were used.

## CSCR

## Signups for Junior Marsh Monitors

CSCR is the Cohasset Center for Student Coastal Research. Located at the end of Parker Avenue right on the harbor, CSCR engages students in authentic research projects that address a need in the community. Driven primarily by the mission to teach middle high school students how to conduct coastal research that can meet the rigors of professional scientific review, CSCR also has programming for students going into grades 3-6.

The Junior Marsh Monitors is an exciting, hands-on introduction to coastal research projects for rising 3rd, 4th, 5th, and 6th grade students. Junior Marsh Monitors learn a variety of research methods and examine a number of different habitats in Cohasset Harbor. Students examine wetlands, inter-tidal zones, and beach habitats. They learn about coastal geology, biodiversity, and invasive species. They explore the Gulf River, sometimes kayak in the harbor, and



Junior Marsh Monitors learn a variety of research methods and examine a number of different habitats in Cohasset Harbor. COURTESY PHOTO

often build ocean drifters to help NOAA scientists study surface currents in the Gulf of Maine.

Junior Marsh Monitors learn how to capture, count, weigh, identify, and release minnows, eels, and crabs that live in our estuaries. They learn how to monitor the health of a wetland, and how to identify the keystone flora and fauna that characterize a healthy marsh ecosystem.

Students also learn and

strengthen the lab skills by monitoring bacteria levels in the harbor. And they learn how to use a variety of coastal research instruments that measure, among others, salinity, oxygen, and pH levels in our harbor's water.

But, students don't do all of this in one session or even in one year. The program is built to introduce students to the activities of coastal research (grades 3, 4); give them more challenging projects to tackle

in grade 5, and nurture independent research ideas in grade 6.

The program is very flexible. Students can enroll for 2 or 3 meetings per week, and can choose the number of weeks from 2 to 6. Students going into the 3rd and 4th grades meet 2 or 3 days a week, Monday through Thursday from 2 to 3:30 p.m. while rising 5th graders meet from 12:30 to 2 p.m. (same format). Rising 6th graders meet from 10 a.m. to 12 p.m., again for 2 or 3 days a week, but also including Friday meetings that for those who need that flexibility.

The program's meeting times have been coordinated with the Sailing Club and Swim Team schedules so that students wishing to participate in all three programs are free to do so!

Enrollment is now open and students may register online at CSCR's website, [cscr.org](http://cscr.org). Pricing for 2 or 3 days per week and number of weeks is also

available at the website.

## Middle School

In addition to the Junior Marsh Monitors program, CSCR offers a variety of authentic research projects for middle high school students. Building drifters and learning Python code to extract meaningful data from satellite tracking is but one way that high school students take on authentic research that feeds into NOAA's ocean observation systems.

Likewise, getting involved in our study of Cohasset's eel grass beds connects students with the network of state, federal, and independent scientists measuring "blue carbon storage," the ability of eelgrass to sequester atmospheric carbon.

Middle high school students can also work collaboratively with the Gulf Association, Cohasset's shellfish constable, and with UMass Boston, among others, by joining the pilot study to restore shellfish beds in our ecosystem. Mapping phragmites, an invasive plant that reduces biodiversity in salt marshes, continues again this summer, as does water quality monitoring throughout the harbor.

These and other projects await students interested in making a difference in the community, strengthening research skills, deepening understanding of environmental issues, and joining a network of stewards working at the local, regional, and global level.

Sign up for middle high school students can be done online at the CSCR website ([cscr.org](http://cscr.org)), but all students participating this summer with CSCR are asked to attend the summer kick off on April 30 at the Lighthouse Keepers. Details about this event are available on the website and will be forthcoming.

## SAVE THE DATE

## A story of snow, sea ice, and frigid cold

On April 30, the Center for Student Coastal Research (CSCR) will host a special guest lecture by Ross Lieb-Lappen, a Cohasset native and CSCR Alumna, who is currently a doctor of philosophy student at Thayer School of Engineering at Dartmouth College. His interest in the environment can be traced

back to the time he spent with CSCR studying the water quality of Cohasset Harbor. Ross graduated from Cohasset High in 2003.

Today he prefers to spend his time in colder regions where his research has taken him from the Ross Sea in Antarctica to Barrow, Alaska.

The lecture will be hosted

by CSCR takes place at 5:30 p.m. Thursday, April 30, at the Lightkeeper's House (Bancroft Hall) and is free to attend. Light refreshments and CSCR summer sign-ups, follow Ross Lieb-Lappen's presentation at 7 p.m. Register for the free event at: [cscr.org/cscr-lecture-series](http://cscr.org/cscr-lecture-series).

Ross Lieb-Lappen

received his bachelor of arts from Middlebury College in environmental studies and chemistry, and an master of science from the University of Vermont in mathematics. Ross is investigating the brine channel network in sea ice, and how salts as well as heat, micro-organisms and other chemical

species pass from the ocean through the sea ice via this channel network. His fieldwork took Ross recently to Barrow, Alaska for the Arctic spring, after spending time in Antarctica.

In his presentation, Ross will take us on a fascinating tour of Antarctica to the Arctic, driven by his research

initiative to sample sea ice.

CSCR will announce at that night that it is now part of the National Green Schools Society and that being a member of this group provides the Center with a structure to offer opportunities for students to be recognized at the local, state and national level for their work.

# Passover

# Easter Sale

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**BEER/CIDER/COOLERS**

ANGRY ORCHARD CIDER	12 PK BOTTLES	\$13.99	
BUD REG & LIGHT	30 PK	\$21.99, 16 PK BTLS	\$18.99, 18 PK CANS
COORS LIGHT / LITE	16 PK CANS	\$21.99,	
GENESSE	10 PK CANS	\$13.99	
GOOSE ISLAND (ALL TYPES)	12 PK BOTTLES	\$12.99	
HARPOON LOOSE CS	\$23.99, 12 PK BOTTLES	\$13.99	
HEINEKEN & AMSTEL	REG & LT LOOSE BTLS	\$22.99, 12 PK	
LITE & COORS LT	16 OZ CANS & BTLS	\$17.99, 16 OZ CANS & 15 PK	
LONG TRAIL & OTTER CREEK	12 PK BOTTLES	\$13.99	
MICHELOB ULTRA	30 PK	\$21.99	
MIKE'S LEMONADE CANS & BOTTLES	12 PK	\$12.99	
MILLER HIGH LIFE & LT	30 PK CANS	\$16.99, 18 PK BTLS & CANS	
PABST BLUE RIBBON	30 PK CANS	\$16.99, 18 PK	
SAM ADAMS LOOSE CS	\$24.99, 12 PK	\$13.99	
SHOCK TOP CANS & BOTTLES	12 PK	\$12.99	
SHIPYARD & CISCO (ALL TYPES)	12 PK BOTTLES	\$13.99	
SIERRA NEVADA & SEADOG	12 PK BOTTLES	\$13.99	
STELLA ARTOIS	12 PK BOTTLES	\$13.99	
TROEGS VARIETY	12 PK BOTTLES	\$13.99	
WACHUSSET (ALL TYPES)	12 PK BOTTLES	\$13.99	

**VODKA**

ABSOLUT & FLAVORS	1.75 LTR	\$26.99
BELVEDERE VODKA (ALL TYPES)	1.75 LTR	\$49.99, 750 ML
BORU VODKA	1.75 LTR	\$18.99
CHOPIN VODKA	1.75 LTR	\$39.99
CRISTAL VODKA	750 ML	\$9.99
EXCLUSIVE VODKA	1.75 LTR	\$17.99
FINLANDIA VODKA	1.75 LTR	\$24.99
FLEISCHMANN'S VODKA	1.75 LTR	\$11.99
GORDON'S VODKA	1.75 LTR	\$17.99
GREY GOOSE (ALL FLAVS)	750 ML	\$26.99
KETEL ONE VODKA (ALL TYPES)	1.75 LTR	\$37.99
LUKSOSOWA VODKA	1.75 LTR	\$21.99
NEW AMSTERDAM VODKA	1.75 LTR	\$17.99
SKYY VODKA REG & FLAVORS	1.75 LTR	\$19.99
SMIRNOFF RED & FLAVORS	1.75 LTR	\$19.99
SOBIESKI VODKA	1.75 LTR	\$16.99
STOLI REG & FLAVORS	1.75 LTR	\$29.99
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GENTLEMAN JACK	1.75 ML	\$26.99
JACK DANIELS	1.75 LTR	\$38.99
JACK DANIELS "FIRE" (NEW)	750 ML	\$16.99, 1.75 LTR
JIM BEAM	1.75 LTR	\$23.99
KNOB CREEK BOURBON	750 ML	\$26.99
MAKERS MARK BOURBON	750 ML	\$23.99
SEAGRAMS 7	1.75 LTR	\$18.99
SEAGRAMS CROWN ROYAL	1.75 LTR	\$41.99, 750 ML
SEAGRAMS VO	1.75 LTR	\$19.99
WILD TURKEY 101 PRF	1.75 LTR	\$36.99, 81 PROOF
WOODFORD RESERVE	750 ML	\$29.99

**RUM/GIN/TEQUILA**

BACARDI SUPERIOR, GOLD, SELECT	\$19.99, FLAVORS	1.75 LTR	\$20.99
BEFEATER GIN	1.75 LTR	\$29.99	
BOMBAY SAPPHIRE	1.75 LTR	\$35.99	
CAMARENA TEQUILA	1.75 LTR	\$32.99, 750 ML	
CAPTAIN MORGAN SPICED	1.75 LTR	\$28.99	
CUERVO GOLD TEQUILA	1.75 LTR	\$33.99	
GORDON'S GIN	1.75 LTR	\$18.99	
GOSLING'S BLACK RUM	1.75 LTR	\$26.99	
HENDRICKS GIN	750 ML	\$29.99	
EL JIMADOR TEQUILA BLANCO & REPOSADO	1.75 LTR	\$29.99	
MALIBU COCONUT RUM	1.75 LTR	\$25.99, 750 ML	
NEW AMSTERDAM GIN	1.75 LTR	\$17.99	
TANQUERAY GIN	1.75 LTR	\$30.99	

**SCOTCH/IRISH WHISKY**

BUSHMILL'S IRISH AND HONEY	750 ML	\$20.99
CHIVAS REGAL	750 ML	\$29.99
DEWAR'S SCOTCH	1.75 LTR	\$31.99
GLENMORANGIE 10 YEAR	750 ML	\$34.99
GLENLIVET 12 YR SCOTCH	750 ML	\$35.99
JAMESON IRISH	750 ML	\$25.99, 1.75 LTR
JOHNNIE WALKER RED	1.75 LTR	\$31.99, BLACK 750 ML
OLD SMUGLER SCOTCH	1.75 LTR	\$15.99
TULLAMORE DEW IRISH	1.75 LTR	\$37.99, 750 ML

**CORDIALS/COGNAC/BRANDY**

AMARETTO DISARONNO	750 ML	\$21.99
BAILEYS & FLAVORS	750 ML	\$21.99, 1.75 LTR
CHAMBORD LIQUEUR	750 ML	\$24.99
DR. MCGILLCUDDY SCHNAPPS (ALL)		\$15.99
E & J BRANDY	1.75 LTR	\$21.99, 750 ML
FIREBALL	750 ML	\$15.99
GRAND MARNIER	750 ML	\$29.99
HENNESSY COGNAC VSOP	750 ML	\$49.99
KAHLUA, FLAVORS	750 ML	\$17.99, 1.75 LTR
PALLINI LIMONCELLO	750 ML	\$22.99
SAMBUCA ROMANA REG & BLACK	750 ML	\$21.99
SOUTHERN COMFORT	1.75 LTR	\$26.99

**SPARKLING WINES**

BAREFOOT BUBBLY (ALL FLAVORS)	750 ML	\$7.99	
COOKS SPARKLING WINES (ALL TYPES)	750 ML	\$6.99	
DOMAINE CHANDON BRUT, BLANC DE NOIR	750 ML	\$14.99	
DOM PERIGNON CHAMPAGNE	750 ML	\$139.99	
FREIXENET BRUT, X-DRY, SWEET CUVEE	750 ML	\$7.99	
GLORIA FERRER (ALL TYPES)	750 ML	\$12.99	
GRUET SPARKLING BRUT, BLANCS DE NOIR, ROSE	750 ML	\$12.99	
KORBEL (ALL TYPES)	750 ML	\$9.99	
M & R ASTI SPUMANTE	750 ML	\$10.99	
MIONETTO IL PROSECCO	750 ML	\$7.99	
MOET BRUT ROSE	49.99, IMPERIAL NV	750 ML	\$34.99
MUMM NAPA BRUT & BRUT ROSE	750 ML	\$16.99	
PERRIER JOUET BRUT	750 ML	\$32.99	
SEGURA VIUDAS BRUT	750 ML	\$7.99	
RUFFINO PROSECCO	750 ML	\$9.99	
VEUVE CLICQUOT NV ROSE	49.99, BRUT	750 ML	\$39.99
ZARDETTO PROSECCO	750 ML	\$10.99	

**DOMESTIC WINES**

14 HANDS WINES	750 ML	\$9.99	
ALAMOS MALBEC	750 ML	\$8.99	
APOTHIC RED	150 ML	\$9.99	
BAREFOOT WINES (ALL TYPES)	1.5 MAG	\$9.99	
BERINGER CALIF WINES (ALL TYPES)	1.5 MAG	\$8.99, 750 ML	
BERINGER FOUNDERS (ALL TYPES)	1.5 MAG	\$12.99, 750 ML	
BERINGER KNIGHTS VALLEY CAB	\$19.99, CHARDONNAY	750 ML	
BLACKSTONE WINES (ALL TYPES)	750 ML	\$6.99	
BOGLE WINES (ALL TYPES)	750 ML	\$8.99	
BOTA BOX (ALL TYPES)	3.0 BAG/ BOX	\$14.99	
BV COASTAL WINES (ALL TYPES)	750 ML	\$7.99	
BV NAPA CABERNET SAUVIGNON	750 ML	\$14.99	
CAYMUS CONUNDRUM WHITE	750 ML	\$17.99	
CHATEAU ST JEAN CHARD & FUME BLANC	750 ML	\$8.99	
CHAT STE MICHELLE (ALL REDS)	12.99, (WHITES)	750 ML	
CLOS DU BOIS CHARDONNAY	1.5 MAG	\$15.99, 750 ML	
COPPOLA DIAMOND (RED)	750 ML	\$13.99, (WHITES)	750 ML
COPPOLA DIRECTOR'S CAB	\$15.99, CHARDONNAY	750 ML	
CUPCAKE WINES (ALL TYPES)	750 ML	\$8.99	
DREAMING TREE (ALL TYPES)	750 ML	\$10.99	
DUCKHORN CAB	\$49.99, MERLOT	\$39.99, SAUV BLANC	750 ML
DUCKHORN DECOY CAB, MERLOT, ZIN	\$17.99, SAUV BLANC	750 ML	
ECCO DOMANI WINES (ALL TYPES)	750 ML	\$8.99	
ESTANCIA CHARDONNAY, PINOT GRIGIO	750 ML	\$7.99	
FERRARI CARANO CHARDONNAY	750 ML	\$19.99	
FETZER VALLEY WINES	1.5 MAG	\$9.99	
FRANCISCAN CABERNET	\$16.99, CHARDONNAY	750 ML	

**IMPORTED WINES**

ANTINORI TOSCANA ROSSO	750 ML	\$15.99	
BELLA SERA WINES (ALL TYPES)	1.5 MAG	\$9.99	
BRANCOTT PINOT NOIR, SAUVIGNON BLANC	750 ML	\$7.99	
CAMPO VIEJO GRAND RESERVE	750 ML	\$15.99	
CASA LAPOSTOLLE CHARD, CAB, MERLOT, SAUV BLANC	750 ML	\$7.99	
CATENA CABERNET, CHARDONNAY, MALBEC	750 ML	\$15.99	
CAVIT WINES (ALL TYPES)	1.5 MAG	\$10.99	
CHAT BONNET (WHITE)	750 ML	\$9.99	
CIelo PINOT GRIGIO	1.5 MAG	\$9.99	
CLIFFORD BAY SAUVIGNON BLANC	750 ML	\$7.99	
DAVINCI CHIANTI, PINOT GRIGIO	750 ML	\$9.99	
GABBIANO WHITE LABEL, PINOT GRIGIO	MAG	\$10.99	750 ML
GASCON COLOSSAL RED, MALBEC	750 ML	\$9.99	
JACOB'S CREEK WINES (ALL TYPES)	750 ML	\$6.99	
KIM CRAWFORD SAUVIGNON BLANC	750 ML	\$11.99	
KRIS PINOT GRIGIO	750 ML	\$9.99	
LINDEMANS WINES (ALL TYPES)	1.5 MAG	\$8.99	
LITTLE PENGUIN WINES (ALL TYPES)	1.5 MAG	\$8.99	
LUNA DI LUNA BLUE	1.5 MAG	\$9.99	
MATUA SAUVIGNON BLANC	\$9.99, PINOT NOIR	750 ML	\$9.99
MEZZACORONA WINES (ALL TYPES)	1.5 MAG	\$9.99	
MULDERBOSCH SAUVIGNON BLANC	750 ML	\$12.99	
OYSTER BAY CHARDONNAY, MERLOT, SAUV BLANC	750 ML	\$9.99	
PENFOLDS CHARD, SHIRAZ/CAB	\$7.99, BINS 8 & 9	750 ML	\$14.99
RELAX RIESLING	1.5 MAG	\$14.99	750 ML
ROSEMOUNT WINES (ALL TYPES)	BLEND 1.5 MAG	\$9.99	750 ML
RUFFINO GOLD	750 ML	\$29.99, RESERVA DUCALE TAN	750 ML
RUFFINO CHIANTI, LUMINA PG, ORVIETO	MAG	\$10.99	750 ML
SANTA CRISTINA RED	750 ML	\$8.99	
SANTA MARGHERITA PINOT GRIGIO	750 ML	\$19.99	
YELLOW TAIL WINES (ALL TYPES)	1.5 MAG	\$9.99	

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# SPORTS

QUESTIONS? Contact Sports Editor William Wassersug at 781-837-4577 or [wwassersug@wickedlocal.com](mailto:wwassersug@wickedlocal.com).

## SPORTS NOTES

### Send Your Stuff

William Wassersug is the Sports Editor for the Cohasset Mariner.

Please send your story ideas, stories and photos to [wwassersug@wickedlocal.com](mailto:wwassersug@wickedlocal.com) and follow him on Twitter @scifisportsguy

### YOUTH BASEBALL AND SOFTBALL

#### Registration deadline

CYBSA Baseball and Softball Deadline Next Week

Those interested in playing CYBSA softball or baseball during the Spring 2015 season must register by Sunday, March 29.

Leagues are open for players aged 5 through 15.

Please visit [CYBSA.net](http://CYBSA.net) for information and to register.

### COASTAL STARS 2015-2016

#### Full Season Registration Now Open

The Coastal Stars Board of Directors is excited to announce registration for the 2015-2016 youth hockey season.

There are multiple registrations open at [www.coastalstars.com](http://www.coastalstars.com), please read carefully and register for the program that is appropriate for your child.

Details for Registration for 2015-16 Full Season Mite through Bantam Players

All Mite through Bantam players will receive a game, practice and weekly skill session as part of their program next year.

Total cost for the season will be \$1345, which is inclusive of a game, practice and weekly skill session.

Full Time Goalie tuition (with own equipment) will be \$675 for the 2015-16 season.

Tuition for goalie using Stars equipment will be \$805.

Third child (full season only) discounted tuition will be \$675.

### BASKETBALL

#### Osgood vs. Deer Hill

The PSO sponsored Osgood vs. Deer Hill Basketball Showdown is Friday, March 27 at the CMHS gym.

Doors open at 6 p.m. with silent auctions, kids' raffles and food

Game begins at 7 p.m.

Join us for some fun and healthy school competition with faculty and parents in a PSO fundraiser game.

And don't miss JJ's Halftime Free Throw Contest.

Purchase discounted tickets in advance, and sign up to volunteer the night of the game at [www.bity.com/osdhbasketball](http://www.bity.com/osdhbasketball).

We need lots of volunteers to make this big night happen

## GIRLS LACROSSE

# Laxwomen ready to roll

Girls looking good in scrimmages, set to open today

### The Cohasset Mariner

The Cohasset High School girls lacrosse team hopes to build off a 12-8 campaign in 2014 and reach even greater heights this season.

After losing 10-9 to Apponequet in the South Sectional semifinals last season, the team wants to set their sights on the ultimate goal, their first State Championship.

Coach Kully Reardon sees a lot of potential in the team.

"This is an exciting time for Cohasset Girls Lacrosse. We have lost some great seniors to some amazing D1 and D3 programs but the young group coming up will be very fun to watch. Our captains Megan Fitzgerald, Taylor Frederick, Caty

Gilman and Corey Golden have already done a great job gelling this young group together."

On the defensive end, goalie Frederick and defenders Fitzgerald and Gilman will be relied on to be the backbone of the team and lead the way for younger players such as sophomore Megan McElgunn and freshman Lauren Cunningham.

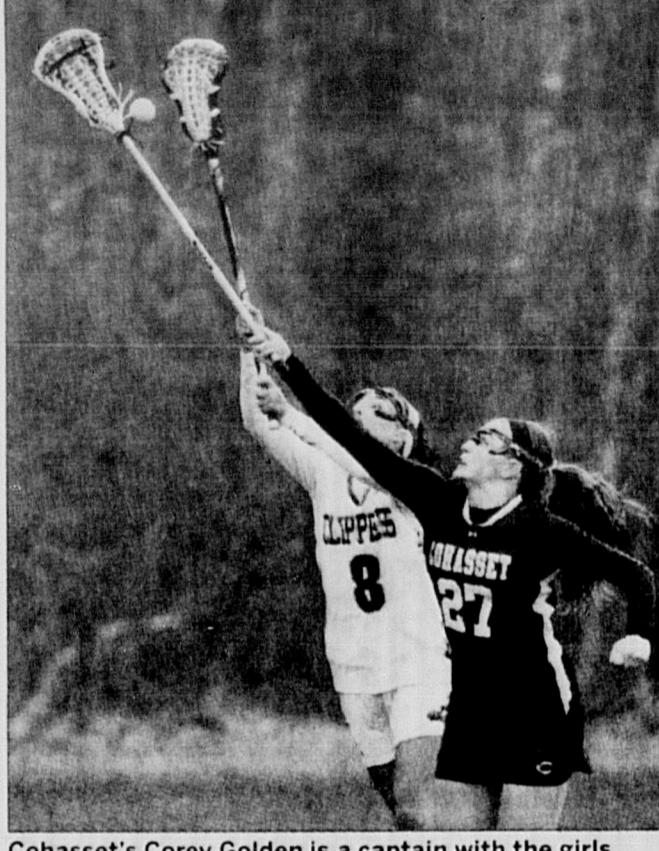
Junior Bennett Tierney is making the switch from offense to defense and will provide excellent depth for a unit that will be tough to score on.

Senior Allie O'Callaghan and sophomore Jenny Wolfe give the team solid options at the key goalie position.

The offense is led by Golden and a group of fast, explosive players in juniors Kyle Burke, Caelin McDonald, Ally Leahy and Callie O'Neill.

Sophomore Marina Longo and freshman Elle Hansen and Olivia Coveney will also play significant roles at both midfield and attack. Based on the early preseason results, this group should light up the scoreboard on a regular basis.

The team started the pre-season off on a strong note with an 8-7 win against perennial Division 1 power Lincoln Sudbury in a brutally cold scrimmage. They followed that with a successful day of round robin scrimmages on Sunday with wins against Medfield and Newton North and a close loss to Walpole. The team will finish the pre-season with a scrimmage against rival Scituate (played Wednesday) and their first regular season game will be home on Friday, March 27 versus Notre Dame Academy at 4pm.



Cohasset's Corey Golden is a captain with the girls lacrosse team this season. WICKED LOCAL FILE PHOTO/ROBIN CHAN

## BOYS LACROSSE

# Defending the crown

Skippers focused on winning another State Title

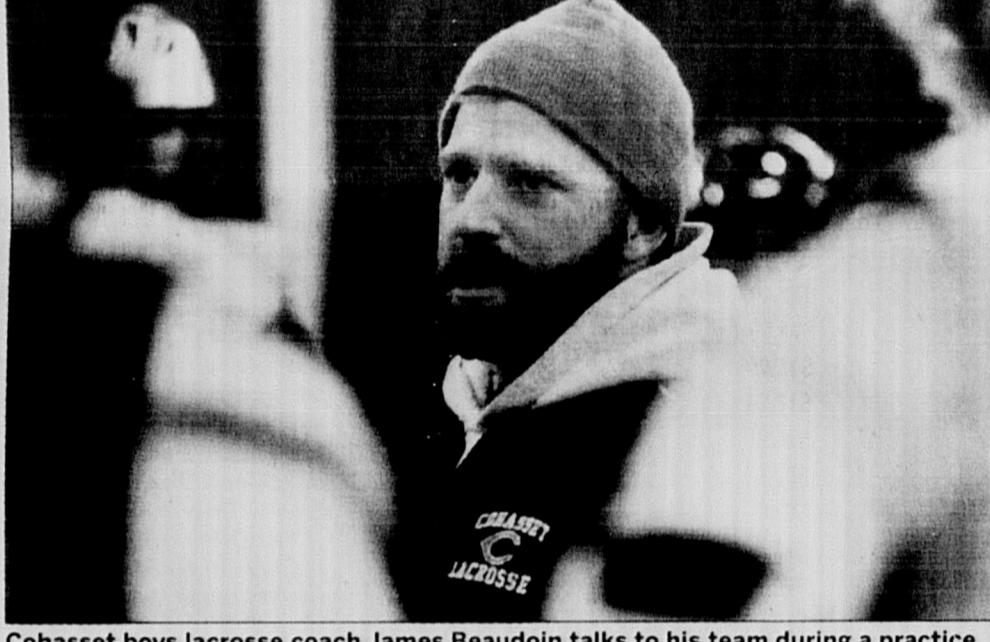
### By Bailey Putnam

The expectations are high for the Cohasset High boys lacrosse team this season. What else is new?

"I think we have the same expectations it's been for every year - to make it to the final game and give ourselves a shot at winning," said third-year coach James Beaudoin.

The Skippers have played in back-to-back Division 3 state championship games, losing to Dover-Sherborn in 2013 before defeating D-S in a rematch last year. According to senior captain

SEE LACROSSE, B2



Cohasset boys lacrosse coach James Beaudoin talks to his team during a practice last week in the gym. The Skippers open the regular season Saturday at 1:30 p.m. at Newton North. They start their home schedule April 10 at 4 p.m. against Rockland. WICKED LOCAL PHOTO/WILLIAM WASSERSUG

## BOYS BASKETBALL

# Looking back at super season

Ruggiero pleased with team's success

### By William Wassersug

[wwassersug@wickedlocal.com](mailto:wwassersug@wickedlocal.com)

The Cohasset boys basketball team has been one of the great success stories of Cohasset High School sports over the past seven years, and the 2014-2015 campaign was another chapter in the book, which provided good reading all season long.

In coach Bo Ruggiero's seventh season coaching the Skippers, the team finished 16-6 (10-2 at home, including MIAA Div. 4 South Sectional action), won the South Shore

SEE BASKETBALL, B2

## YOUTH BASKETBALL

# Championship season

Seventh grade girls travel team wins OCL title

Congratulations to the Cohasset Seventh Grade girls Basketball Team for winning the OCL League Championship this past weekend.

These girls started off the season back

on Thanksgiving winning

the Marshfield Thanksgiving Weekend

Tournament and finished

in fashion by winning the

Old Colony League Title

with wins over Hanover,

Norwell and then Marsh-

field in the Championship

game.

The girls ran the table from the get go.

They jumped out in front

from the opening tip of Game 1 and never

looked back, they led the entire

tournament.

These girls worked

extremely hard all year

in practice and have the

League Title to prove it.

Great Job ladies.

Members of the team

were Page Hewitt, Briana

Picot, Brooke Conroy,

Maddie Grudinskas,

Maggie Hoffman, Molly

Greer, Deveney Curry,

Carlie Ford and Bella

Farren.

## ROAD RACE

# 39th Annual Cohasset Road Race by the Sea

We're saving a spot for you in the 39th annual Cohasset Rotary Club Road Race by the Sea 10K, this Sunday, March 29, 1 p.m.

The race is this Sunday, March 29 and includes the 10K Fran Coffey Memorial Fun Walk. It's time to run outside!

### Race schedule

- Bib/T-shirt Pick Up for 10K Race
- South Shore Community Center
- Saturday, March 28 - 9 a.m. - 1 p.m.
- Sunday, March 29 - 9 a.m. - 12:45 p.m.

Registration online until Saturday at 5 p.m. Walk-ins welcome both days.

Bib-T-shirt Pick Up Fran Coffey Memorial Fun Walk

■ Saturday, March 28 9 a.m. - 1 p.m. at South Shore Community Center

■ Sunday, March 29 9 a.m. - 10 a.m. at 91 Sohier Street ONLY

(Cohasset Senior Center/

Swim Center Parking Lot)

Parking is available for the race at the South Shore Music Circus. Parking for Walk is at 91 Sohier Street. Strollers welcome for the walk.

The 10K (6.2 mile) race begins at 1 p.m. on Cohasset Common.

The Fran Coffey Memorial Walk 10 a.m.

Registration fee includes

SEE SCHEDULE, B3

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## SWIMMING

## Swim Across America's Making Waves Team Relay Challenge, April 12

Swimming relay raises funds for pediatric cancer programs in Boston

Stop thinking about snow and start dreaming about swimming weather. Join Swim Across America (SAA) this spring and make a splash for pediatric cancer programs at Dana-Farber Cancer Institute and MassGeneral Hospital for Children Cancer Center. The fourth annual Swim Across America - Making Waves Team Relay Challenge is Sunday, April 12 from 10 a.m. to 1 p.m. at Harvard University's Blodgett Pool.

The SAA - Making Waves Team Relay Challenge is a great way for people to come together and participate in a sport they love while raising pediatric cancer research funds for the David B. Perini, Jr. Quality of Life Clinic at Dana-Farber, where experts help pediatric cancer survivors with an array of issues, including long-term effects of treatment, social and psychological concerns, and the risk of second cancers.

Proceeds from the Boston-area swims benefit the David B. Perini, Jr. Quality of Life Clinic at Dana-Farber, where experts help pediatric cancer survivors with an array of issues, including long-term effects of treatment, social and psychological concerns, and the risk of second cancers.

Proceeds also benefit the MassGeneral Hospital for Children Cancer Center for cancer care and research initiatives that enhance the quality of life for the hospital's youngest cancer patients.

For more information, email Kitty Tetreault at kitty@swimacrossamerica.org or visit swimacrossamerica.org.

### About Swim Across America

Swim Across America, Inc., is a 501(c)(3) dedicated to raising money for cancer research, prevention and treatment through swimming-related events. With the help of hundreds of

volunteers nationwide and past and current Olympians, SAA is helping find a cure for cancer through athleticism, community outreach and direct service.

### About Dana-Farber Cancer Institute

Dana-Farber Cancer Institute, a principal teaching affiliate of Harvard Medical School, is world-renowned for its leadership in adult and pediatric cancer treatment and research. Designated as a comprehensive cancer center by the National Cancer Institute (NCI), it is one of the largest recipients among independent hospitals of NCI and National Institutes of Health grant funding.

### About Massachusetts General Hospital

Massachusetts General Hospital ([www.massgeneral.org](http://www.massgeneral.org)), founded in 1811, is the original and largest teaching hospital of Harvard Medical School.

The MGH conducts the largest hospital-based research program in the United States, with an annual research budget of more than \$775 million and major research centers in AIDS, cardiovascular research,

cancer, computational and integrative biology, cutaneous biology, human genetics, medical imaging, neurodegenerative disorders, regenerative medicine, reproductive biology, systems biology, transplantation biology and photomedicine. Follow MassGeneral Hospital for Children on Twitter: @mghfc and on Facebook: [www.facebook.com/mghfc](http://www.facebook.com/mghfc).

### SUPPORT THE JIMMY FUND

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## BASKETBALL

From Page B1

Association Hall of Famer's career total to 440 at the high school level, and 558 between high school and college.

That said, Ruggiero knows the game is all about the players, and he was pleased.

"As I said before the season, we graduated four seniors from our 20-2 league championship team (2013-14), and our starting center Jack Chamberlain was out for the year with an injury," Ruggiero said. "Cole Morrison, our six-foot senior also tore his Achilles in the first week, so we went into the season with few kids who had seen time on the varsity. The kids did an admirable job."

Morrison was able to return at the end of the season.

"I was happy for him," Ruggiero said of Morrison's late return. "He worked hard to get back. He's a trooper."

Leading the way was senior Harrison Martin.

"Harrison Martin was named the Small School Division (SSL) Player of the Year," Ruggiero said.

"He averaged 15 points-per game and was the best free

throw shooter. He made 77 percent of his free throws.

He also led the team in steals and three-point shots made.

He set a school record with seven three-pointers in a win at Monomoy and scored double figures in

15-of-22 games with a high of 32 against Monomoy.

"Harrison is a passionate leader and outstanding player. He had a fabulous year after being the seventh or eighth man as a junior."

Jack Hoffman was a four-year varsity player for the Skippers, but like Martin, didn't see a lot of playing time until his senior year.

"This year was his first

year to foray into the 6:30

games," Ruggiero said, referencing the 6:30 p.m.

varsity tipoffs. "He was our

leading rebounder with eight rebounds per game,

and he was also third in

scoring with eight points per game. He was a main-

stay on the defensive end.

He worked hard at keeping

opponents' big men down.

He was instrumental for us."

Another senior who saw

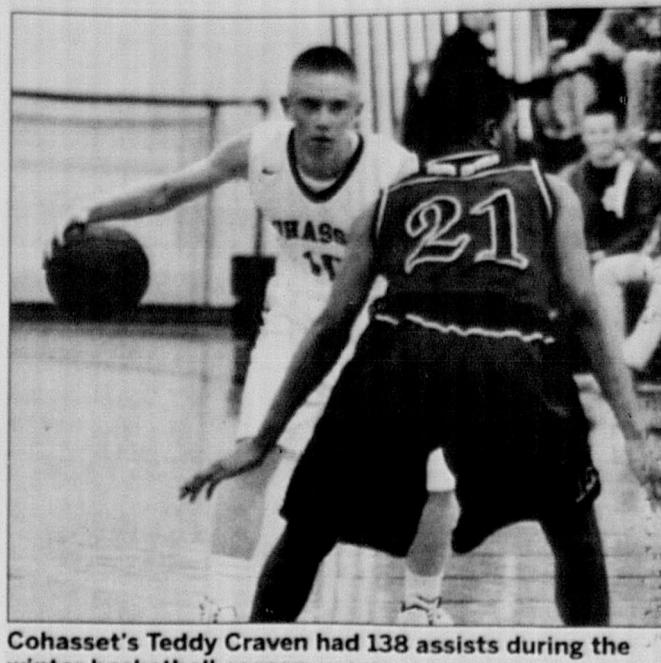
his first major varsity play-

ing time was Teddy Craven,

who had plenty of experi-

ence in big games as a top

starter on the boys soccer



Cohasset's Teddy Craven had 138 assists during the winter basketball season. WICKED LOCAL PHOTO/WILLIAM WASSERSUG

team.

"Teddy Craven played behind Rocco Laugelle in his junior year," Ruggiero said. "He really stepped up this season and had 138 assists. That was a little more than six per game.

More importantly, he only averaged three turnovers. A 6-3 turnover ratio was excellent. He only had one game in double figures scoring, but his biggest contribution was on the defensive end."

Pat Federle was the goalie for the soccer team, and also accustomed to big games.

"Pat was in his fourth

season on varsity and a

three-year starter," Ruggiero said. "His game really improved each year. He

averaged 6.5 points-per

game. He had an excellent year."

The team's fifth starter this season was Alex Norton, a 6'2" junior.

"Alex was voted a league

All-Star as a junior," Ruggiero said. "He's been on

the varsity since his fresh-

man season, but didn't play

much with the varsity until

his junior season. He tied

with Harrison with 340

points this season. In 20

of 21 games he played, he

scored in double figures and

had five games with 20-plus

points. He's a high percent-

age scorer."

Off the bench, 6'5" fresh-

man Chase Bomeisler had a

solid introductory season.

"Chase is an extremely

hard worker," Ruggiero said.

"He has tools. He's aggres-

sive and did a great job for

us as our sixth man."

Ruggiero said the

sixth man was extremely

important.

"We had a tight six-man

rotation," he said. "There

wasn't a lot of depth this

season. Everyone stepped

up."

Younger players who found some playing time were juniors Christian Hanke, Nick Rosen and sophomore Liam O'Connell.

"They all contributed at some point," Ruggiero said of the younger group. "Sam Lelio (freshman) matured and saw some meaningful minutes. I hope it bodes well for the future."

Ruggiero had a special

spot for his seniors.

"This was a very pleas-

ant group," he said. "This

group of seniors have been

with me from when I first

arrived. They're a good

group of kids. It has been a

pleasure to go through their

careers with them."

Ruggiero also credited his team manager, Christian Cunnie for a huge deal of the team, and his own success.

"Christian was my MVP,"

Ruggiero said. "He made my experience the past three years very comfortable. He's a top-notch kid who did so much behind the scenes. When you have a team, everybody contributes. Christian did."

As for the season finale, Ruggiero said it was a tough way to go out.

"I don't think Cohasset played to the level we had shown in previous games," he said. "That night they (Bristol-Plymouth) were the better team."

Ruggiero hopes fans and players remember more than the way their year ended.

"There's way too much emphasis on the last game of the year," Ruggiero said. "You should look at the entire body of work, whether it's the year, or a career, the full body of work should be what is judged."

## LACROSSE

From Page B1

Cole Kissick, his team is eager to make it three straight trips to the final.

"We lost two years ago

and basically it's (tied) one-

one right now," Kissick said.

"We obviously want to get up on

them, and I think this is the

year we do it. We have the

talent; we just have to get

there and do it."

The road to a state champion-

ship game won't be an easy one.

Cohasset has a difficult

schedule this year, something

Beaudoin set up to

to prepare his team for the

tournament.

"We scheduled a terrific

schedule to prepare us for

the postseason," said Beau-

doin, whose team finished

20-4 last spring and 17-4 in

2013. "I think we definitely

have all the ducks in a row

for that."

The Skippers open the

regular season on March

28 against Newton North,

a Div. 1 team that has posted

four straight winning sea-

sons and has a reputation

for having top-caliber

talent. Also on Cohasset's

schedule: Hingham (last

year's Div. 2 state runner-

up), Archbishop Williams

(in a rematch of last year's

Div. 3 South final) and BC

High (

## RED SOX

**Red Sox unveil new initiatives for children in 2015**

Kids Club and \$9 tickets for high school and college students among the new perks

The Boston Red Sox will introduce in 2015 a host of initiatives designed to bring children closer to the game. "Calling All Kids," presented by Hood, will provide free membership in Red Sox Kid Nation, free tickets to as many as 25,000 kids, and new elements at Fenway Park including Gate K (for Kids), the Kids Concourse, and Wally's Clubhouse.

For the first time, entry-level membership in Red Sox Kid Nation will be free, and every child in the program can attend a game for free. (If necessary, the club will limit membership to 25,000.)

Membership is for children 14 and under. Fans can begin signing up for the membership and the tickets on redsox.com/kidnation.

Also, all high school and college students 15 and over with a student ID can purchase tickets for only \$9 for every regular season home game. The tickets guarantee at least an entry into standing room, but the club will also upgrade to seats when they are available.

Additionally, the Red Sox will create "Gate K (for Kids)," a kid-friendly entrance located adjacent to Gate B leading into the new Kids Concourse. The right field area of the Big Concourse will be revamped with games, entertainment, Aramark concessions, and amenities.

Also in the Kids Concourse, the club will create "Wally's Clubhouse" from the 3rd through 7th innings in the Champions Club presented by ALEX AND ANI, below the Royal Rooters Club. The

respite from extreme weather also provides room to play, walk around, and meet Wally the Green Monster.

"The point is simple: we want to do all we can to attract children to Fenway Park," said Red Sox President/CEO Larry Lucchino. "We hope to do so at least three ways: first, by providing greater access to Red Sox games to children and students; second, by enhancing their experience at the ballpark; and third, by strengthening the game of baseball among the young in our community. We are blessed with an extraordinary fan base that comprises many boys and girls. We want to help ensure that they fall in love with baseball, just as their parents and grandparents did before them."

The Red Sox will also create community initiatives. The Red Sox Foundation will sponsor each of the 200 Little Leagues across Massachusetts and will again fund and operate 31 RBI teams (Reviving Baseball in Inner Cities) and Rookie Leagues serving more than 1200 children. The foundation's commitment is more than \$220,000.

Building on the success of last year's partnership between the Highland Street Foundation, the City of Boston, and the Red Sox, "Out of the Park" will return in 2015. The free event for families at a city park emulates Fenway Park's Yawkey Way atmosphere while fans watch a Red Sox road game on a giant screen. The date and park will be announced in the future. In addition to the event, the partners this year will collaborate to refurbish 10 ballfields in Boston. Those fields will also be announced in the future.

**Free Tickets and Kid**

**Nation Memberships for Children 14 and Under**

In recent years, Red Sox Kid Nation (RSKN) - a fan club membership for kids launched in 2005 - had an entry fee of as much as \$36.95. Starting in 2015, base membership will be free. Those who sign up for the free membership will be offered a free ticket to a regular season game at Fenway Park. (The club may limit the free tickets to 25,000 children.)

"We would love to have such a demand problem," said Red Sox Executive Vice President/Chief Operating Officer Sam Kennedy, a key creator of the overall initiative. "Many of us remember with fondness the ability, as teens, to take the T to Kenmore Square with our friends, walk to Fenway Park, and buy a ticket to that night's game. We want to restore that life experience."

For young fans who wish to choose additional amenities, a paid membership will also be available. It includes an extra-early entrance into Fenway Park to watch batting practice, a youth-sized Red Sox jersey, a Red Sox player backpack, a discount at the Yawkey Way Store, and Kid Nation email newsletters.

**Gate K (for Kids)"**

The Red Sox will create "Gate K (for Kids)" - an entrance dedicated to children and families near Gate B at the corner of Van Ness and Ipswich Streets. The entrance leads to the Kids Concourse.

**Kids Concourse**

A revamped Kids Concourse is a roomy area of the original Big Concourse behind the right field corner with new attractions for young fans, including a six-foot nine-inch-tall Wally bobblehead, an interactive video wall that allows first-time fans to take

photos and electronically sign their name to the video wall, and a Kid Nation welcome station.

The festive area will feature a balloon artist, stilt walker, and face painter. Kids will also see how they "measure up" to current Red Sox players by standing near pillars featuring actual size images of current players. They can also measure their own tiny footprints against those of the big feet of big leaguers on player footprints that will adorn the Kids Concourse walkways.

Little Leaguers who imagine what they might look like when they grow up to be ballplayers can see giant baseball cards of Red Sox players and their Little League photos.

The Kids Concourse will also be the new home for old ballpark favorites such as the historic bullpen cart used in the 60's and 70's, the Red Sox Mickey Mouse statue, and the Wally Bench.

Aramark, the Fenway Park concessionaire, will create kid-themed offerings in the upper level of the Kids Concourse. A \$5 kids meal features a mini hot dog, cotton candy, and a small juice. Also, new souvenirs include a Wally ice-cream tray, cotton candy that comes with a novelty bat, and a glove-shaped tray with nachos or chicken fingers.

Other affordable, bite-size menu items include mini pigs-in-a-blanket, corn dogs, fried Oreo mini churro bites, and fried apples.

Healthy options include fruit cups with grapes, sliced apples, and chopped watermelon, depending on the season, along with string cheeses. Aramark will also surprise kids at random with free ice cream during the season.

**Wally's Clubhouse**

Inside the Kids Concourse,

Wally's Clubhouse provides an indoor space open every game from the 3rd to the 7th inning. Wally will visit in the third inning, and children can participate in interactive games and activities such as "Simon Says" and "Red Light/Green Light." Boys and girls can also enjoy craft tables, a safe play area for toddlers with toys and a slide, a beanbag toss, video games, and a balloon artist and face painter.

**Kids Crew**

Overseeing interaction with children in the Kids Concourse and Wally's Clubhouse will be the new Red Sox Kids Crew, a staff who greet kids as they enter Gate K, lead children in games, and provide families with assistance and information about kid-friendly activities.

**\$9 Student Tickets for those 15 and older**

The Red Sox will make tickets available for every home game for all students 15 and older - from high school through college. The \$9 ticket is the lowest at Fenway Park, and it guarantees at least standing room, but may also be upgraded to seats when they are available.

The new \$9 Student Tickets are available online at redsox.com/student. Students provide information and receive a special code via email to complete the purchase.

Student tickets will be delivered through My Tickets Mobile, via MLB's Ballpark Application. Students can scan their tickets directly from their phone when they arrive at the ballpark gates, and are asked to bring their student ID for verification to gain entry. In 2014, the club introduced a limited \$9 standing room ticket for certain students.

**SCHEDULE**

From Page B1

cotton T-shirt for the first 1300 people to check in this weekend. Fun prizes for age group winners and a million dollar view of the Atlantic Ocean as you run or walk the 10K course.

The Mobile Locker Co. will be parked across from the Community Center so runners can lock up their stuff and easily access it before and after the race. Locker rentals start at \$5 onsite, or rent online in advance to save 20 percent: www.themobilelockerco.com

143 race hats and other merchandise, including "vintage" shirts will be for sale at Registration.

The Rotary Club of Cohasset would like to thank 2015 Banner Sponsors, RW Rosano, Graham Waste Services, Colospace, Work Station, Cohasset Dental and Pilgrim Bank for their generosity and long-time partnerships, as well as new sponsor Harborview. Other generous sponsors include ICD, Hingham Savings, Balance Studio, Coastal Nissan, Lehr Barnes, Your Project Office, South Shore Music Circus, Hingham Lumber Co., Whole Foods, Kimmeley Meats, The Corner Stop, Dean & Hamilton, The Goodale Insurance Company, New England Moves-Joe Lamberti, Bia Bistro, Fitness First-Cohasset, Greater Boston Running Company, Robbins Garage, Outside In, William Reavis-Lorraine Tarpey, Goodwin Graphics, Cohasset Collision, Curtis Liquors, Clifford's Florist, Fallon Ambulance, Cohasset Plumbing, 5 South Main, Amerprise Financial-Jake Previte, Dr. Lisa Lewis-Cohasset Family Chiropractic and so many more local business who all make this event possible.

Run for the views and camaraderie and knowing that 100 percent of the net proceeds go to charities supported by Cohasset Rotary Club and Rotary International. Rotary Club is also participating in the food drive for Cohasset Food Pantry so please bring a non-perishable food item to registration and we'll see that it gets to where it's needed most.

"Like" our Facebook page for the most up to date race and registration information. Hope to see you all this weekend. roadracebythesea@gmail.com

## BASEBALL

**Aizenstadt still chasing MLB dream**

25-year-old former Virginia Tech pitcher continues to work towards big goal

**Lanny Larason**  
Correspondent

Norwell's Andrew Aizenstadt has been playing baseball all his life. He's now 25 years old. He continues to believe he can play at the major league level.

Abington's Vin Hillyer's done the same as a coach, teacher and instructor in the art of throwing a baseball. He's older than 25.

In Aizenstadt, Hillyer sees "an exceptional athlete" who has "had success at every level." He believes there is reason for Aizenstadt to believe.

Aizenstadt is a 64, 200-pound right-handed pitcher who's been a baseball guy since day one.

There was Rookie League at the South Shore Baseball Club (SSBC) in Hingham, Norwell Little League, AAU with the SSBC Seadogs, Hanover Post 149 American Legion and Norwell High before going on to leave his name prominently in the Babson College record book.

At Babson, Aizenstadt holds the schools' record for most wins in a season with nine, which he accomplished in 2009. He posted a 17-4 record with a 2.73 ERA at Babson.

Aizenstadt is second in program history in wins and third in strikeouts (157).

After Babson, a Division 3 program, Aizenstadt threw a year at Virginia Tech in the Atlantic Coast Conference and got a brief look from the Philadelphia Phillies and refuses to let go of what can only be called his dream of playing Major League Baseball.

In one year with the Hokies, Aizenstadt was named to the All-ACC Academic Team while posting a 2-3 record with a 5.68 ERA.

He's played the last two summers in independent

baseball in the Midwest. Hillyer is all over Thayer Academy and Brandeis University baseball history. He was (and still is) a lefty pitcher who won twenty consecutive games for the Judges in the mid-seventies. And while it doesn't have anything to do with pitching he also had a year at Brandeis when he hit .439 to lead the NCAA in hitting.

Three nights a week this white winter, Hillyer and Aizenstadt have met at the Glenn Tufts Baseball Training Center in West Bridgewater to continue a teaching and learning partnership they began at SSBC when Aizenstadt was twelve years old.

For Aizenstadt that's more than half a lifetime. "It's been my dream," said Aizenstadt of making it to the majors. "It's elusive. It's not even work for me, you know? It's just fun."

The hope/expectation is that Aizenstadt will be pitching this summer in the same independent league as he has the last couple of years in the Midwest. Maybe he'll pitch for Wichita again with the Wingnuts, where he played parts of two summers. That's still to be determined.

Aizenstadt is one of hundreds in indy baseball chasing that MLB dream. He hopes to be one of the few who get there. It does happen. Not often, but it does.

Aizenstadt has seen two teammates get to the show.

John Holdzkom and David Peralta are now major leaguers. They were playing indy ball in June last summer and got their shot in August.

"Every time I start going bad I go back to Vinnie and he straightens me out," said Aizenstadt.

Percentages probably don't argue well for Aizenstadt chasing down that dream. He's enough of a realist to accept if there's ever a time when he's "not getting any better then maybe I'll decide to hang them up."

The work ethic he picked up from his parents, Patty and Mike.

So, does he get where Heath Bell, John Holdzkom

and David Peralta got? That's still to be determined.

"Guys like that give guys like me hope to keep

pushing," said Aizenstadt.

"It's a small chance, but there still is that chance."

Gotta love it.

**CAMP, SCHOOL AND ACTIVITIES DIRECTORY**

**SUMMER CAMPS OFFER A UNIQUE AND IN-PERSON EXPERIENCE IN THE AGE OF SOCIAL MEDIA**

By Bette Bussel, Executive Director, American Camp Association, New England

Unplugged from the constant buzz of computers, television, video games, and cell phones, children find themselves at camp — making genuine connections with other children, rediscovering the fun in physical fitness, learning their own strengths, and finding their own voices.

The world today is completely technology-centric, and children frequently spend as much solitary time "plugged in" to various forms of technology per day as they spend in school. Summer camps offer a refreshing and unique break from that routine.

Camps foster the development of social skills. Campers learn how to engage in-person with peers and adults as they pursue fun and interesting activities and build skills. Research shows that what campers learn can be extremely useful back at school and even at home. It's a common sight at camp for a group of campers and counselors to be sharing a meal while they also share animated conversation—swapping stories, enjoying a laugh, or debriefing an earlier adventure or experience. Kids connect with other kids throughout the camp day—during activities, between activities, after activities; and at camp, this opportunity for connection is facilitated by trained, caring role models known as counselors.

The ability to interact in person with others—young and old—is critically important in today's world. Camp experiences help children develop and practice this important skill set, which is essential in college and in life.

**Provided by the American Camp Association, New England, a 501 (c) 3 organization that serves families and camp professionals as the region's leading source for "all things summer camp." For help finding a camp or for additional camp information and resources in CT, MA, ME, NH, RI & VT, visit [www.acanewengland.org](http://www.acanewengland.org) or call (781) 541-6080.**

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## DEALING WITH DRUGS

## A MOTHER'S COURAGE

Hull woman turns tragic loss into a mission to spread awareness

By Carol Britton Meyer  
cmeyer@wickedlocal.com

**K**yle Richards, 26, had beat his addiction to drugs after several detox and rehab attempts and a lot of hard work — at least that's what his mother, Kristina thought and hoped.

He had gained weight, was eating well and spending more time with his family and friends, and the best sign of all — Kyle was writing and playing music on his beloved bass guitar and singing with his friends once again. And the guitar remained in his possession, whereas in earlier times he had sold one of his favorites and other music gear for drug money.

Most importantly, there were no signs of empty pen cylinders, tiny plastic bags, spoons with burn marks, mood swings, missing cash, foil coated with black residue, cotton swabs, orange syringe caps, razor blades, or any other drug paraphernalia used to smoke, snort, or inject heroin or other opiates.

Addiction is a terrible plague. "You'll not find a young person who when asked what they would like to be when they grow up would say they want or expect to be a drug addict or alcoholic," Kristina said. "This is not something anyone could possibly wish for."

Looking back, the only warning sign of a relapse was lessening attendance at Alcoholics Anonymous and Narcotics Anonymous meetings, which Kyle chalked up to embarrassment following what he called a one-time "slip-up." Because everything else seemed okay, his mother believed him and therefore never questioned him.

Kyle did wish he could return to the North Cottage Program, a Norton-based residential facility for substance abuse treatment, where he stayed for a number of months as part of his recovery. He felt safer there and it seemed less likely that he would slip up again.

## Tragedy strikes

Then on Jan. 9 of this year the nightmarish moment any mother of a son or daughter with a drug problem fears and dreads most occurred — Kristina found Kyle dead from a heroin overdose in his second-floor bedroom.

"I went upstairs to see if he would like something for dinner," she recalled. "After knocking on his door a few times and not getting a response I opened it, peeked in, and didn't see him on his bed so figured he had gone

out to play music with a friend."

As Kristina turned to leave the room she looked down at the floor and saw her son lying there. Still not understanding what was wrong, she thought, "That's a strange place for him to have fallen asleep," called his name a few times, and after getting no response, gave him a few gentle shakes to try to arouse him.

"Did I ever think I would find my son dead on the floor with a needle stuck in his foot? Did I think for one minute that after several stays in various detoxes and rehabs that he had gone back to the 'demon drug,' heroin? Not for one minute, because he seemed to be doing so well — back to things he used to do before his opiate addiction took over his life."

In the past she had found such evidence hiding in plain sight — in the trash, around the house, or in a jacket pocket. Not so this time.

While she can't be certain, Kristina thinks that Kyle must have felt the impulse to "pick up" again not long before he overdosed since he continued to look healthy and to have a positive outlook on life in the weeks prior to his death.

In the midst of her profound grief, Kristina was in disbelief. How could this have happened when Kyle was making such good progress? Even friends and family members noticed the positive difference in his appearance and behavior after he left North Cottage last October — and from what they could see, nothing had changed.

He was even talking about his plans to take care of his mother to thank her for her steadfast love and support throughout his recovery and was looking forward to the day when he would "meet that special woman, get married, and have children of his own," Kristina said.

## Life's work

Immediately following her son's death, Kristina decided she would make it her life's work to help educate other parents about the warning signs so they could hopefully catch any drug abuse early on and seek help immediately before it was too late. "I felt it was my duty to help inform other parents," she said.

Kristina started off by being profoundly honest when writing his obituary — stating openly that he had died from an overdose. "People commented that I was brave to do this, but I didn't feel comfortable saying he had 'died suddenly,' which raised



Kristina Richards's son, Kyle, overdosed in their home in Hull on January 9, 2015. He had sought treatment at North Cottage in Norton during the summer of 2014. WICKED LOCAL STAFF PHOTOS/ROBIN CHAN

**I have decided to spend the rest of my days trying to educate anyone who will listen, especially parents, about some of the tell-tale signs and things to look for if they think but are not sure their child might be using and to encourage them to get help."**

Kristina Richards

all kinds of suspicions anyway. Why not tell the truth?" Kristina said.

"Because I have strong faith in God and know that Kyle is no longer suffering — that he is no longer in pain — it makes it easier for me to write and speak about his addiction and how I, as his mother, am and will continue to turn my mourning into something positive," Kristina said. "I have decided to spend the rest of my days trying to educate anyone who will listen, especially parents, about some of the tell-tale signs and things to look for if they think but are not sure their child might be using and to encourage them to get help."

One of the biggest catches, she said, is that "the person addicted to drugs has to want to get help." Without that desire, detox and rehab efforts are likely to fail unless the addicted individual "gets it" while undergoing recovery and decides he or she has had enough of the struggle and continues to seek and find help and support.

Even then, the desire to use can survive even the most effective program. It's important to note that a newly detoxed addict is most vulnerable because his or her system is no longer used to drugs, leaving the person with an especially low tolerance to drugs of any kind.

A friend recalls Kyle telling her the same thing after he left North Cottage — that he went there because he really wanted help. In her mind, there was no doubt in his sincerity, and his mother completely agreed.

Heather Guerrero, a friend of Kyle's, lost touch with him before his death but will never forget the kindness he showed to her when she was struggling with addiction. "He drove me to the High Point detox in Plymouth in November 2012," she recalled. After leaving that program she vowed to stay clean and sober and remains so to this day.



Kristina Richards holds up pictures of her son, Kyle, when he was younger.

Kyle is missed by his many friends. "He had a big heart and always wanted what was best for everyone," Heather said. "When he smiled he made all your problems go away."

She recalled with a smile, "He lived for music and skateboarding."

## Recovery program

The key, Kristina and others who have experienced addiction or suffered from a family member's addiction, is following detox and rehab to participate in a structured recovery program, including attending AA and NA or other similar meetings, therapy to get to the root of the problem, and associating with others who are dedicated to their own recovery and helping others or friends who are drug-free and supportive of that individual's efforts in that direction.

There are many reasons people of all ages turn to drugs, experts and family members of those who are addicted say. From lack of self-esteem or following in the path of a family history of drug abuse, to a desire to self-medicate to get away from it all for awhile — perhaps trying heroin "just once" and then finding the high so irresistible that they can't stop using it. There are also attempts by teenagers or others with as yet untreated or undiagnosed underlying mental health issues to quiet their minds or to give themselves a temporary "high."

Others are born into addiction as a result of their parent(s) being drug addicts. Some public health officials refer to addiction as a "disease" and encourage those with addiction problems to be proud of their recovery efforts and for onlookers to avoid stigmatizing or stereotyping those struggling with addiction.

In Kyle's case, his addiction stemmed from the use of prescribed opiates — oxycodone, a drug used to treat moderate to severe pain prescribed to help him manage

an extremely painful back condition that started in his late teens.

At the time, Kristina recalls, Kyle was willing to take the drugs and risk the chance of addiction, in order to work and live a more normal life, relatively pain-free.

They never seriously thought he would become addicted, eventually to heroin — one of the most addictive and life-threatening drugs.

## Enabling

Enabling someone with a drug problem — parent, sibling, spouse, child, friend — is one of the biggest pitfalls. It's easy to fall into since no one wants to believe someone close to them has a drug abuse problem, often despite the warning signs.

"Back at the beginning and even during his addiction I was in denial. I saw the signs and kept telling myself that Kyle would never become a drug addict," Kristina said. "He was too good and too smart of a kid to fall into that trap. Nope, not my son."

Something else that exacerbates the problem is that "drug addicts don't always tell the truth; it's a survival technique while dealing with this insidious disease," Kristina said.

Another South Shore mother, who wished to remain anonymous for privacy reasons, agreed that parents often ignore their "nagging doubts because they don't want to acknowledge that there could be a drug problem in their family. Heroin is a hideous addiction."

Some addicts huff on the side, inhaling from altered whipped cream or other aerosol cans or containers of computer dust-off spray, which can result in deadly consequences.

Whatever the signs, Kristina urges parents who think "something is going on" to have a serious open and honest talk with their son or daughter. "Don't con-

dem them. Offer to get them help. Sometimes tough love is needed to say no, like when they ask for money but you think they might use it for the wrong things."

The other woman's son, who is 32, is in prison for robbing a bank out of desperation to get drug money. One of her friends commented, "He's very likeable. You would love him."

## Takes time

She noted that according to research she has done it takes between 12 to 18 months for the brain of a person suffering from addiction to get back to normal. "And even then the recovery process takes much longer," she said.

People sometimes start using illegal drugs when they feel their lives are unmanageable or spinning out of control. Even during recovery when someone with an addiction history is clean and sober, thought patterns and behaviors sometimes return.

"It takes time," she said. "There are a lot of people on drugs out there and sometimes even attending AA and NA meetings. Sometimes [someone will show up at a meeting] and [surprisingly] try to sell drugs to someone" who may not be able to resist.

While some people object to spending public dollars on recovery programs, others say not addressing the problem head-on carries a much higher price for society in the form of social services for the many children who have lost parents to drug abuse, the high cost of incarceration, and the increasing crime occurring in communities by addicts desperate to get their hands on more money to buy drugs.

Drug addiction has no boundaries. It affects people of all ages and from all walks of life.

You can follow Reporter Carol Britton Meyer on Twitter at CMeyerJournal.



Kristina Richards of Hull looks through pictures of her son, Kyle. His back bothered him when he was 15 and that was when he got hooked on oxycodone.

## DEALING WITH DRUGS

# Braintree father honors 'a good kid with a bad disease'

By Robert Aicardi  
baicardi@wickedlocal.com

**In** 2011, Peter Thompson helped found Braintree's Community Partnership on Substance Abuse as a tribute to his son Ryan, who died a year earlier of a heroin overdose on his 25th birthday.

Ryan's favorite expression was that he was "a good kid with a bad disease," recalls Thompson, who is convinced that the fight against drugs needs a compassionate, rather than punitive, approach.

"The idea shouldn't be to treat drug addicts as criminals," he says. "They should be treated as people who are suffering from a disease. They're not criminals. They're sick."

According to the World Health Organization, approximately two million people in the US are addicted to prescription opiates such as Codeine, Demerol and Oxycontin. A year ago, Gov. Deval Patrick declared opiate abuse as a public health emergency in Massachusetts.

In response to the growing problem, groups like the Community Partnership that Thompson started in Braintree, are cropping up in cities and towns all over the Commonwealth.



Brothers Ryan, Josh and PJ together in July 2010 when Josh was home on leave following his second tour in Iraq.

**"The idea shouldn't be to treat drug addicts as criminals. They should be treated as people who are suffering from a disease. They're not criminals. They're sick."**

Peter Thompson, founder of Braintree's Community Partnership on Substance Abuse

For Thompson, the group's efforts are making something good from what was a tragic situation.

Braintree residents since 1985, Thompson and his wife, Heather remember the day in 2004 that they found out about Ryan's addiction. He called to tell them he had been in a car crash in Boston.

"When I went to help him, I noticed that something was wrong," Thompson said. "It turned out Ryan had been using Oxycontin. When he came to us for assistance after the accident, he was crying. He said it was crazy how much he liked it."

The Thompsons took Ryan to the Gosnold rehabilitation facility in Falmouth to get help.

"We thought everything was going to be fine," his father says. "Little did we know it was going to be a long battle for Ryan against his addiction not only to Oxycontin, but also to heroin. He wound up going to at least 15 other treatment places, including the Andrew

House on Long Island. He tried to fight his addiction. He struggled hard."

Then five years ago Ryan went out to celebrate his birthday in Los Angeles with some friends who were also undergoing rehabilitation.

"They all slipped," Thompson says. "They split a package of heroin and Ryan died."

Amid all their pain, the Thompsons made a point of not hiding what caused their son's death.

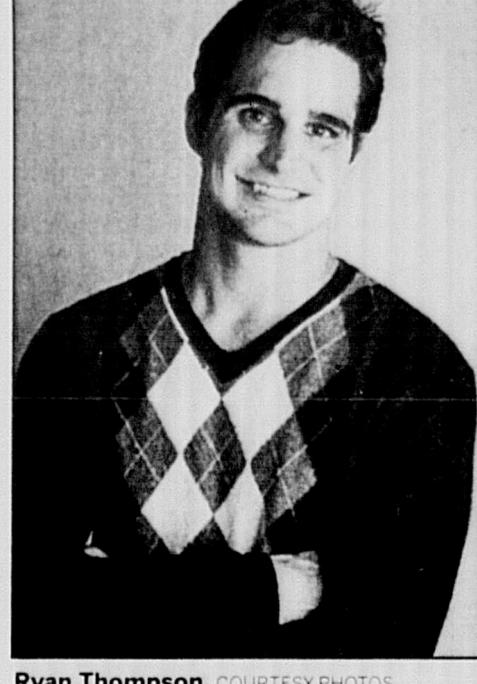
"When we were preparing his obituary, we didn't simply say that he died suddenly. And we encouraged donations in Ryan's memory be made to the DARE program," Thompson said. "The church was packed at Ryan's funeral and I spoke openly about the overdose."

The Community Partnership on Substance Abuse, came about after many people the Thompsons knew, including Mayor Joseph Sullivan and Braintree District 6 Councilor Paul "Dan" Clifford, came to them expressing shock about what had happened.

"They said, 'We've got to do something,'" Thompson recalled. "We decided to form a partnership because we wanted to take something bad and make something good out of it. We made up our minds to spend the rest of our lives drawing attention to awareness programs with the goal that parents and children could learn because of what happened to Ryan."

Made up of parents, educators, health professionals, public safety officials and health providers, the Community Partnership has done a lot of good over the past four years.

Last year the organization handed out \$50,000 raised at the annual Ryan M. Thompson Golf Classic among several community groups, including Gavin House — a South Boston substance abuse treatment facility for men; Serenity House of Hopkinton, offering residential long-term substance abuse treatment for women; Braintree Girls Softball League; the Braintree Community Youth Center; Braintree Babe Ruth and the Quincy Public Schools to start a drug awareness program.



Ryan Thompson. COURTESY PHOTOS

And Thompson said he is looking forward to this year's Golf Classic set for June 26 at the Ponkapoag Golf Course in Canton.

"It's been a huge success and we're very proud of it," Thompson said.

The tournament will be followed by a roast beef dinner at the Sons of Italy Hall in Braintree.

Other successful Community Partnership events included an Opiate Knowledge Night held at Braintree Town Hall last December.

"There's a long way to go, but we're getting the word out there," Thompson said.

Thompson has advice for people who want to save the life of a loved one struggling with addiction.

"Don't be embarrassed, he said. "Don't lose hope. Seek help."

Thompson believes because the Community Partnership is doing something today, tomorrow is going to be better.

"We can't change what happened to Ryan, but we can try to help change other people's lives," he said. "What happened to him has helped a lot of people in a crazy way."

Email Robert Aicardi at [baicardi@wickedlocal.com](mailto:baicardi@wickedlocal.com). Follow him on Twitter @BobAicardiForum. •

## Addiction a family matter

Local groups support those with loved ones battling addiction

By Caitlin Flaherty  
[cflaherty@wickedlocal.com](mailto:cflaherty@wickedlocal.com)

**M**ore than a decade ago, Randolph native Joanne Peterson walked into a district attorney's meeting on drug abuse hoping to learn ways she could help her son, who was addicted to heroin.

"I was desperate, I was afraid, I knew that my son was using heroin and I had no idea what I could do to help him and I needed to know about resources," she said. "I was told this meeting was not about my son, it was about me and to just let it go, let him go, and take care of myself."

Those who have been through it say addiction is a family disease—it doesn't just affect the individual, but everyone around them.

"The entire family suffers. You're watching someone you love slowly kill themselves," Peterson said. "It's one of the most difficult things any parent can face."

Not only did her son need help, but Peterson learned that she, along with a countless number of parents, grandparents, siblings and other family members of addicts, also needed help.

Peterson stood on stage during the meeting and cried as she spoke about what she was going through with her son.

"I want my son back," she recalls saying.

After the meeting a reporter approached her and asked if he could print what she had said.

"As long as you leave my email address at the end of the story saying I'd like to hear from other parents," she said. "I heard from hundreds of parents and they were all like me, hiding in their house."

**"I want people to hear that there are good stories, that people can get help and they can get better."**

Joanne Peterson

Motivated by the emails she received and desperate to save her son, Peterson, whose son is now in long-term recovery, started Learn to Cope in 2004.

The support organization offers education, resources, peer support, and hope for family members coping with a loved one addicted to opioids or other drugs.

She started with one chapter in Randolph, but over the past 11 years, Learn to Cope has grown to include 16 chapters throughout the state including Norwell, Brockton, Quincy, Yarmouth, New Bedford, and Taunton.

"The past 11 years we've grown and grown and grown—sadly," she said.

The organization is constantly working on prevention and awareness efforts throughout their communities, Peterson said. Meetings are held on a weekly basis and feature guest speakers including professionals in the field of addiction as well as people who have overcome addiction.

"When people come to a meeting we want them to feel better than when they came in," she said. "They begin to learn about addiction and about treatment. Everyone shares resources."

The website ([learn2cope.org](http://learn2cope.org)) also has 7,000 registered family members who participate in private discussion boards.

Peterson said her major goal is to provide families with hope. She makes it a point to bring guest speakers who have dealt with ad-

dition, but who are now in long-term recovery.

"In the news and everywhere else we're always hearing about the bad things, about people dying," she said. "I want people to hear that there are good stories, that people can get help and they can get better."

Peterson said she also believes education is key so family members can learn about addiction and what signs to look for if they suspect their loved one is struggling with drugs.

Learn to Cope also teaches family members how to use Narcan, an opioid antagonist that reverses the effects of an overdose. So far, they've had 40 life-saving reversals by parents administering Narcan, Peterson said.

Despite all of the efforts of Peterson and others like her, she said the drug epidemic is worse than ever.

"This was the absolute worst year—2014—as far as overdoses and deaths go," she said.

An estimated 674 people died from heroin and prescription opioid use in Massachusetts last year, nearly double the 338 deaths reported in 2000, according to state Department of Public Health data.

South Shore residents are taking note, and more support groups for both the addicted and their families are starting to pop up.

One of the more recent ones, the Nicola Maria Foundation, was started by Christina Caputo-Fenton, a Scituate woman who lost her sister Nicola Maria Ca-

puto Mortland to addiction.

Caputo-Fenton said she watched her sister struggle with a heroin for 18 years before Nicola Maria died of a drug overdose in 2011 at the age of 40. Caputo-Fenton started the nonprofit organization six months ago.

Although the foundation, which offers grants to assist families with everything from detox to funeral costs, did not start out as a support group, Caputo-Fenton said being with other people who have lost a loved one to addiction can be comforting.

No one was talking about the issue when she was going through it with her sister, Caputo-Fenton said, because family members also felt ashamed.

However, addiction can affect everyone regardless of where they came from, Caputo-Fenton said, and it's important for people to get together and share information.

"The support group is great because most people in the room understand what you are going through," she said.

The group meets at 10 a.m. on a Sunday once a month at the Marilexi Saloon.

Caputo said everyone is welcomed to join the group, but most are people who have lost a loved one. Some, however, just want to help because it is something that affects the entire community.

"When you have someone in your family who is addicted, it doesn't just affect the person addicted. It's a family disease and it's becoming a community disease," Caputo said.

*Follow Caitlin on Twitter @MarinerCaitlin.*

### Signs of addiction

Joanne Peterson, founder and executive director of Learn to Cope, share some signs that your loved one may be addicted to opioids.

- Missing spoons, or burn marks on the bottom of spoons
- Belts with teeth marks on them
- Powder on coins
- Itching
- Sweating
- Pinned pupils
- Weight loss
- Dark eye circles
- Track, or needle marks
- Discarded cigarette filters (used to filter the heroin)

### Resources for families

- [Learn2cope.org](http://Learn2cope.org)
- [familiesanonymous.org](http://familiesanonymous.org)
- [scituateFACTS.org](http://scituateFACTS.org)
- [Nar-Anon.org](http://Nar-Anon.org)
- [mghpc.org/socialservice/SupportGroups/Addiction](http://mghpc.org/socialservice/SupportGroups/Addiction)
- [nanimass.org/resources/substance-abuse](http://nanimass.org/resources/substance-abuse)
- [helpline-online.com/](http://helpline-online.com/)
- [ma-al-anon-alateen.org](http://ma-al-anon-alateen.org)

### Support group meetings for families

- Learn to Cope**  
Meets the first and third Thursday of each month at 7 p.m. in Norwell at South Shore Medical Center, Administrative Building, 141 Longwater Drive.
- Mondays** at 7 p.m. in Brockton at Independence Academy the Recovery High School, 460 Belmont St. Entrance to the school is at the far back of the building.
- Tuesdays** at 7 p.m. in Quincy at 7 p.m. at Eastern Nazarene College, 180 Old Colony Ave.
- Wednesdays** at 7 p.m. at Taunton-Parker Middle School, 60 Williams St. in the Library.
- Families Anonymous**  
Mondays at 7 p.m. in South Boston at Joseph Tynan Elementary School, 650 East Fourth St. in the cafeteria.
- Thursdays at 7 p.m. in Quincy at Roche Brothers Supermarket Community Room, 101 Falls Boulevard No. 3, second floor.

- Nar-Anon**  
Fridays at 6 p.m. in South Yarmouth at St. David's Episcopal Church, 205 Old Main St.

## DEALING WITH DRUGS

## Joining together in battle against opiates

Councils form in response to drug crisis

By Kristi Funderburk  
kfunderburk@wickedlocal.com

In some cases, it started with a scared parent.

Mike Cogburn founded a drug prevention coalition because he couldn't fathom the idea of losing Pembroke's youth to the rampant opiate epidemic. But as much as the crisis scared him, it also motivated him.

"Someone has to do something, and so we're trying to do anything we can," Cogburn said.

He wasn't alone.

The Pembroke Titans Against Drugs is just one example of several drug prevention coalitions created across the South Shore to battle an epidemic that doesn't distinguish age, race or income.

Groups like Scituate FACTS, Safe Harbor Cohasset, and the Substance Abuse Prevention Team of Weymouth are on a mission to stop forward progress, primarily through education, and save lives.

"It's really difficult for families when they lose a family member to an overdose," Lyn Frano, substance abuse coordinator for Weymouth, said. "Everyone is a mother, a son, a father, whatever. It effects so many people—neighbors, friends—the human loss has the greatest effect on a community."

One of the biggest battles coalition leaders face with the drug crisis is ignorance.

Students are using drugs or drinking because they think that's what their peers are doing. Annmarie Galvin, co-founder of Scituate FACTS Coalition said.

Parents are overlooking the threat of prescription drug use, or worry about a stigma following their child if they try to seek help. Christine Murphy, co-founder of Safe Harbor Cohasset Coalition, said.

Families forget addiction is a disease of the brain and some people are predisposed, Frano said.

Then there's a major issue of getting people to understand that drugs don't discriminate, and an addiction can creep into anyone's home, Cogburn said.

"Prescription pill abuse is particularly scary because it's starting with kids and young adults 'partying,' but also from liberal prescriptions, which can wind up as physical and mental addictions," he said. "This, in turn, often winds up submissing to heroin as a cheaper alternative."

Murphy, whose group officially launched last summer, agreed, adding all physicians and pharmacists need to use the Prescription Drug Monitoring Program. The program prevents "doctor shopping," or a person's attempt to get the same prescription from different doctors, she said.

"When the doctor stops legally prescribing the medication, the patient turns to the street to feed his then insatiable habit," Murphy said. "On the street, Oxy-Contin costs from \$30 to

\$80 per pill, while heroin costs \$6 per bag. Economics then drive the decision. Opioid drugs and heroin are the same."

Drug use can start with something as simple as a sports injury or an appointment to remove wisdom teeth, when kids get a prescription for opiates, such as Vicodin, Murphy said.

It's key to get to kids before they are inclined to experiment, she said.

Murphy believes drug education needs to begin in third grade.

She said parents need to be involved and talking to their children through high school.

The Safe Harbor Cohasset Coalition's goal is to teach both parents and students everything there is to know about alcohol and drug abuse through educational forums, videos, meetings and curriculum enhancement, she said.

Pembroke Titans, which gained 110 volunteers in seven months, focuses heavily on prevention by educating kids and teens about opiates and gateway drugs, Cogburn said.

Some of its efforts so far include sponsoring "Taylor's Message," an awareness presentation illustrating the effects of drug and alcohol abuse, for middle school students and their parents, and creating a drug-free pledge for graduating sixth-graders.

Overall, Cogburn said, the group wants to educate local youth of the risks and susceptibility of substance abuse, influence healthy decisions, and provide direction for families seeking help.

Galvin, who started the Scituate FACTS (Families, Adolescents and Communities Together against Substances) Coalition in fall 2011 with Scituate High School teacher Greg Ranieri, said education is a major piece of what the coalition does.

But she doesn't think focusing on one piece of the crisis is enough.

Real change starts with education and prevention, but also includes intervention, harm reduction, treatment, and support in recovery, each acting as a safety net for another level, Galvin said.

"Prevention is great, but it's not going to catch everybody in that safety net," she said. "We need to keep following and scoop them up. If we have a tighter net, fewer people will fall through."

Her coalition, she said, was lucky to have the schools and police committed early. Those partnerships allowed Scituate FACTS to host informational meetings to highlight problems and solutions and reach a wide audience from kids and parents to regular community members.

She cites the Guiding Good Choices program, which helps parents address the drug issue and stop a problem before it can start, and 5th Quarter, a drug- and alcohol-free

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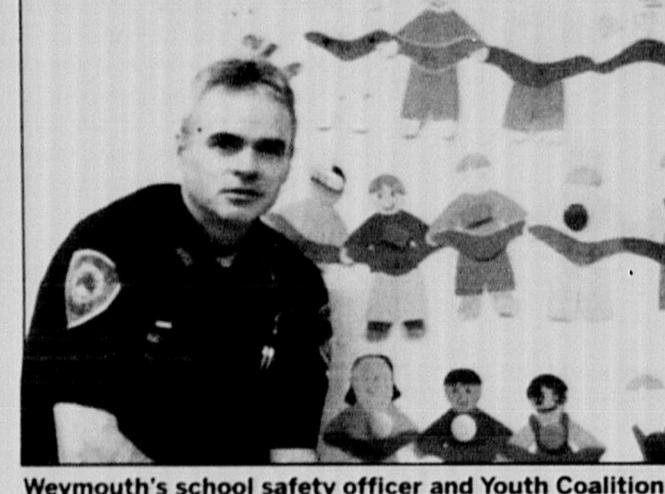
The community gathers for the Day of Hope vigil, organized by Scituate FACTS, last April.



The Steering Committee of the Safe Harbor Cohasset Coalition, from left: (Top row) Marita Carpenter, Jaime Suvak, Diana Remlinger, (seated) Barbara Cataldo, superintendent of schools, Christine Murphy and Laura Pompeo.



Marshfield hosted an Opiate Overdose Prevention Forum in February at The Furnace Brook Middle School. Presenters, from left, included Annmarie Galvin, The Scituate FACTS Coalition; Warren Nicoli, Manet Community Health Center; Joanne Peterson, Learn to Cope, Lori McCarthy, Gosnold, and Rep. Cantwell.



Weymouth's school safety officer and Youth Coalition Chairperson Joe Favreau (pictured) is helping Lyn Frano, substance abuse coordinator for Weymouth, to advance drug education in the elementary schools.



Dave Morgan, a pharmacist and Substance Abuse Prevention Team co-chairman, and Diane Lambe, a former Weymouth Public Health nurse collect medication in the medication collection kiosk at the Weymouth Police Department.

be proactive and protect our kids."

Over the years, the group has conducted several surveys that help it identify the problems and establish protective factors while decreasing negative ones.

Information from those surveys led the team to many of its proudest feats, including hosting Narcan training for the community and setting a tobacco fee that could fund a compliance officer to stop teen's easy access to tobacco, Frano said.

The Weymouth team is launching a program in the schools about medication safety.

Echoing her other coalition counterparts, Frano

feels drug education should start early.

"We do a lot of education, because that's what we can do," she said. "Most people who use heroin didn't just decide to shoot heroin."

A person's brain doesn't fully develop until around age 24, and an early introduction to drug use hijacks the brain, Frano said.

Then there's no cure, she said, only treatment.

Follow editor Kristi Funderburk on Twitter @kfunder

## Drug coalitions on the South Shore

South Shore FACTS, a networking group of new and established coalitions from throughout the region, is part of the South Shore Hospital's Youth Health Connection. Barbara Green is the Connection's medical director and can be reached at 781-749-9227, ext. 3, or barbara@biggreenphd.com. Kim Noble is the program coordinator and can be reached at 781-624-7415 or kimberly\_noble@sshosp.org. Learn more at www.southshorehospital.org/yhc-projects.

Scituate FACTS hosts a variety of events and programs. For a full list and more information about the group, visit the group's website, www.scituatefacts.org, or Facebook page, ScituateFACTS, or email scituatefacts@gmail.com. Volunteers welcome. Some upcoming events include "How not to be a small fishing village with a large drinking problem" at 7 p.m. April 7 at the Scituate Harbor Community Building, 44 Jericho Road; and "The Teen Brain and SHS Substance Use Trends" at 6:30 p.m. April 15 in the Scituate High School auditorium, 606 Chief Justice Cushing Highway.

Weymouth's Substance Abuse Prevention Team meets the first Monday of each month September through July. The April meeting will be held April 13 instead of the team is attending a Prescription Drug Abuse Summit in Atlanta during the first week. All meetings run 6 to 8 p.m. at Crossroads Worship Center, 241 Broad St. Lyn Frano, substance abuse coordinator, can be reached at 781-682-3587.

Pembroke Titans Against Drugs is hosting a parent education/awareness night at 6:30 p.m. Monday, April 27 at Pembroke High School. The evening includes an interactive presentation called "Hidden in Plain Sight," aimed to educate parents on signs of experimentation and addiction. Learn more online via the TitansAgainstDrugs Facebook page or by email. PembrokeTAD@gmail.com. A website, www.TitansAgainstDrugs.org, is coming soon.

Safe Harbor Cohasset plans to host the "Hidden in Plain Sight" presentation in May. Learn about upcoming events and meetings through its Facebook, Safe Harbor Cohasset, or by contacting Christine Murphy at 339-235-6135 or christine.murphy02025@gmail.com. Volunteers welcome.

OASIS (Organizing Against Substances in Stoughton) is made up of experts in many different fields working together to tackle youth alcohol, tobacco and other drug use from many directions. Stephanie Patton, prevention coordinator, can be reached at 781-341-2252, ext. 9456, or spatton@stoughton-ma.gov, and Cecilia Oliveira, outreach coordinator, can be reached at cdeoliveira@stoughton-ma.gov. Learn more at http://stoughtonoasis.org or on Facebook, Oasis (Organizing Against Substances in Stoughton).

Impact Quincy, founded in 1991, is a community-based coalition focused on fostering a drug-free community and healthy living. The contact is Alejandro Rivera, who can be reached at 617-818-2747 or qnyc@aol.com.



Some members of the Pembroke Titans pose at an October event.

## JOURNEY

From Page A1

"I was an artsy, creative kid who found 'my people' in the group of kids labeled as 'freaks,'" she said. "I didn't fit in well with the 'typical' Scituate kids who were mainstream and taking sailing and tennis lessons down at the Yacht Club."

"She was exposed to alcohol at age 11 by older kids at camp, and smoked her first marijuana joint at age 12. She started using because that's what everyone she knew was doing."

And it escalated from there to more drugs, more often.

She was introduced to heroin when she was 18 and living in Mission Hill in Roxbury with a lot of art students — some were using heroin regularly, and a few were addicted.

After about three months of using, she said she knew she was physically addicted.

"Things got out of hand very quickly," she said.

"Heroin took over my life completely from the very start."

Growing up in Pembroke, Jodi McDonald, now 36, said she was always curious about drinking and drugs, and started drinking alcohol at age 12.

"It looked like fun to be drunk and laugh and have a good time," she said.

She started to use drugs in junior high.

"I had broken my arm a couple times and took pain medicine, and I loved the feeling I got when I took them," she said.

She was 13 when she started using opiates. She ended up dropping out of school as a result of her drug use.

"When I first started using, I loved feeling happy and like nothing could bother me," she said.

She realized things were out of control pretty early on.

"When I was about 16, my use was pretty heavy," she said. "But I had no idea how to stop."

### Deciding to seek help

Both women eventually realized the dangers of their addiction.

McDonald said she couldn't always keep a job because she was either sick, looking for drugs, or high.

"Most of my relationships were fueled by drugs," she said. "I always had a partner who used like I did. It made it acceptable to me."

Perry said she "lost everything many times over — jobs, homes, material belongings, and family."

"I lost my self-worth and self-respect, I lost my dignity and my hope. I tried to function in society and pretend I wasn't an addict, but living a lie always caught up with me and was too great a cost to pay."

Perry and McDonald both knew they needed to get help.

"Heroin took me down so fast and hard I couldn't ignore it," Perry said. "I hit a bottom that I couldn't get out of, and going to detox was the only thing I knew to do. I went to my first detox in 1995, and spent the next 18 years struggling to get and stay clean."

McDonald said her use had gotten to the point where she was using just to die.

"I couldn't bring myself to commit suicide. I didn't want to live with my addiction and didn't know how to get out of it," she said.

She said she overdosed three times.

She nearly ended up a statistic.

"I know many, many people who have passed away from their addiction, too many people, too young," she said.

McDonald sought treatment again in November 2014.

"This time in treatment, I paid attention, went to every group and made an honest effort to get into recovery," she said.

Perry said the number of people she has known who have died from their

"I can't go back to where I was living or hang out with people who I have known for many years. It's really tough, but necessary for my recovery."

Jodi McDonald

addiction is "many more than I could count in the 20 years I've been struggling with this disease."

"Most died from overdoses, but there are some who died as a result of the disease after they got clean," she said.

A family member died at 32 because of chronic infections in his heart and bloodstream as a result of dirty needles.

"Even though he had stopped using, the damage had already been done," she said.

Perry said things have changed so much since 1995, but in some ways they really haven't.

"There are a lot more programs available, yet still the first line of defense continues to be short-term detox stays, which do not address anything beyond the physical dependency on the drug."

She said physically detoxing from opiates is a terrible process, no matter where or how you do it.

"Anyone who tries to go through a program and get clean is a hero," she said.

"Twelve-step programs have also been a lifeline and are a huge part of why I am clean today."

McDonald said she has been clean for four months — the longest stretch in 20 years. She said she is struggling with her disease manifesting in other ways.

"Being 100 percent honest and being open-minded are difficult at times," she said. "But it's getting better."

She said the most difficult thing about being in recovery is leaving her past.

"I can't go back to where I was living or hang out with people who I have known for many years," she said. "It's really tough, but necessary for my recovery."

McDonald said she attends at least one Narcotics Anonymous meeting daily.

Perry said she has sustained recovery "because of a few key things that I believe I was missing in my life before."

"I finally learned how to allow myself to love and be loved," she said. "I was broken enough that I knew I couldn't do it alone and needed the help of other people and the help of a loving higher power. I was finally willing to accept that help and completely give up trying to control everything and do everything alone."

### Challenges and hope

It is wonderful to be a part of her family's lives again, Perry said.

"It took a very long time for them to trust me again, but they do trust me now and I can't imagine betraying that trust ever again," she said. "I lost custody of

my daughter when she was four because of a relapse, and it took me five years to gain custody back, but we've been together again now for about four years and it is one of the greatest joys and gifts of recovery I could have ever asked for."

Perry said an ongoing struggle is her criminal record.

"Because of my choice to sell drugs in order to supply myself, and getting caught doing so, I was involved in the criminal justice system for over a decade," she said.

After getting off of probation in 2010, she said she and her boyfriend chose to start a business because they knew their criminal records would make employment very challenging.

"He continues in that business, but I have had to change vocations because of physical limitations," she said.

She said it is very difficult to find work once an employer knows about a history of drug use, even without a criminal record.

"It is one of the greatest struggles I think people in early recovery have," she said. "In order to succeed, people new in recovery need stable housing, secure income, and a loving and supportive community to be a part of, with a purpose to serve within that community. They need to feel of value, and worthy, and cared for."

McDonald said her younger brother, also in recovery, has given her inspiration.

"He will have four years clean in April," she said, adding she also looks up to other women in the 12-step fellowship she belongs to.

Perry said faith has been an inspiration.

In five years, Perry said she hopes to be "clean and happy with a life full of love and purpose, dedicated to helping other people who have been through what I've been through."

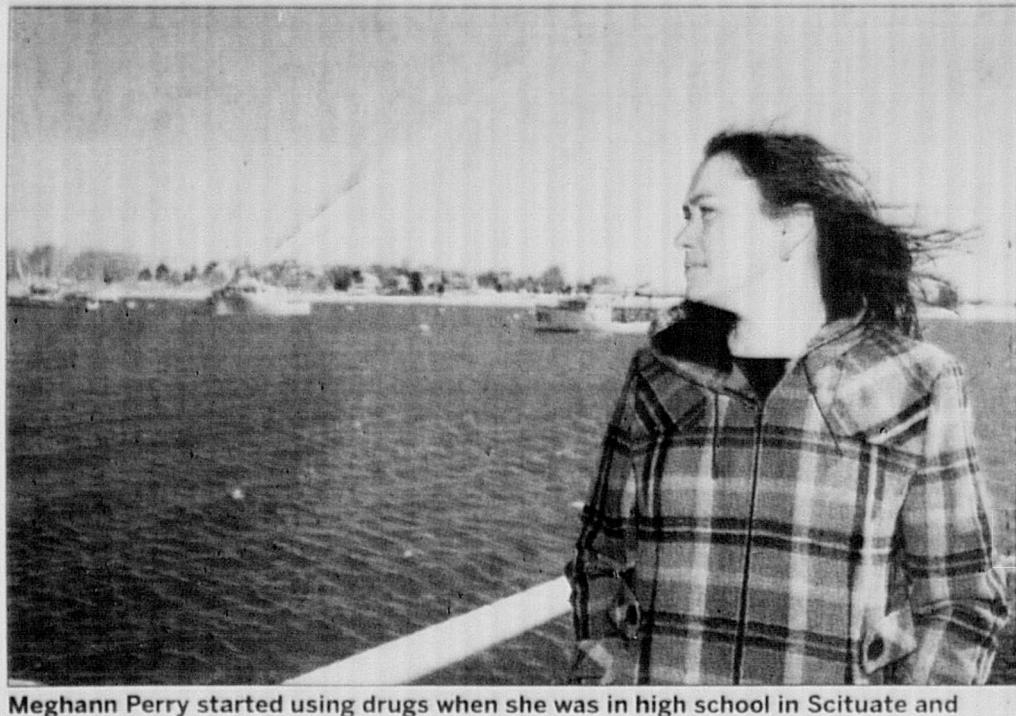
"But I already have that today. I just hope to find ways to reach more people."

McDonald said she hopes to be "a better, stronger woman in recovery who others can look to for strength and hope. I would like to be happy and well rounded in all areas of my life."

For loved ones of an addict, she said to get educated, get involved, and most importantly, "pray for the sick and suffering addict."

Perry's advice to anyone currently struggling with addiction: Don't give up.

"Know that you are loved and you are worth it. Try every pathway to recovery at your disposal and just



Meghan Perry started using drugs when she was in high school in Scituate and went to heroin when she was 21. She's been in recovery since 2010. WICKED LOCAL STAFF

PHOTOS/ROBIN CHAN

keep trying."

For the loved ones of someone battling addiction, she said, "Take care of yourself first. Only then can you help the addict you love get better."

Perry said she is sad to think it has taken so many young people dying for the community to finally come together to make real change happen.

"We have always been out there, using and dying, on the fringes of society, mostly ignored and pushed out of our communities for what has been considered a moral problem, something wrong with us, as if we chose to be addicts," she said. "I'm sad that so many have had to die, but I have great hope for the future as communities come together into coalitions and people in recovery get organized into a cohesive movement to make concrete changes in the system that will save many more addicts from dying alone. I'm proud to be part of that movement."

McDonald said if one person seeks treatment and enters recovery after reading her story, "that's the point."

"They need to know



Meghan Perry found a welcoming community at Harbor United Methodist Church when she went on a mission trip with the church to Maine on August 2011.

there's no shame in being an addict," she said. "I just want people to know it's ok to talk about being an addict or being the parent of an addict. It's the only way to raise awareness. Addiction doesn't discriminate — it can happen to anyone regardless of who you are or where you're from."

Follow reporter Ruth Thompson on Twitter at @scituate\_ruth



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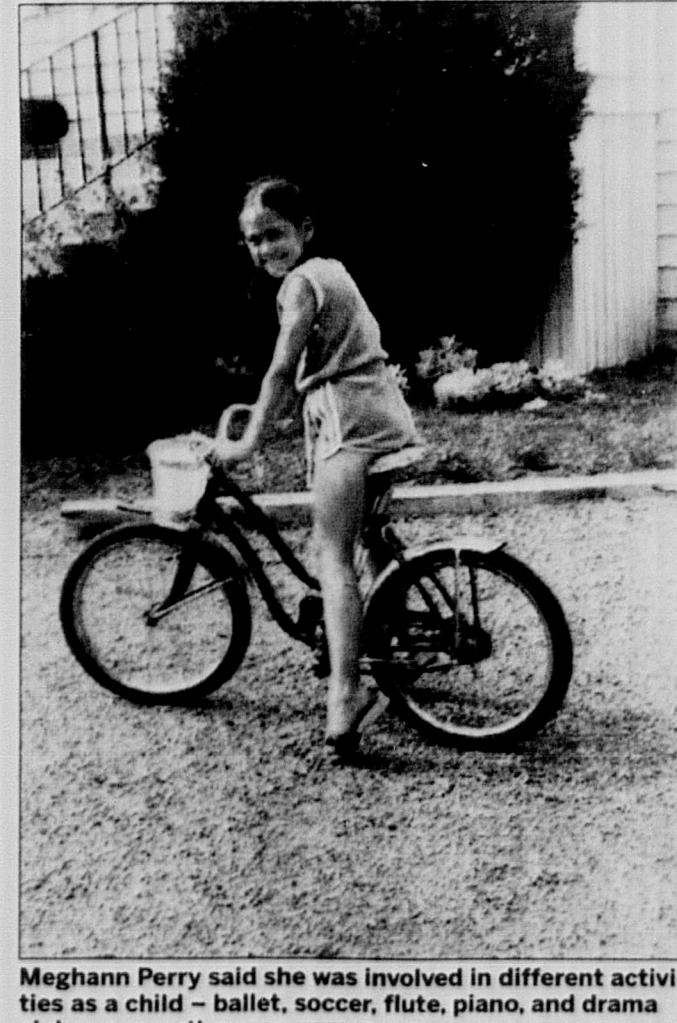
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Meghan Perry said she was involved in different activities as a child — ballet, soccer, flute, piano, and drama club, among others. COURTESY PHOTO

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## DRUG COURT

# Providing addicts with alternatives to jail

By Rich Harbert  
marbert@wickedlocal.com

Courtroom A of the Plymouth Trial Court is usually reserved for arraigning prisoners, but twice a month it turns into a virtual landing strip for men and women coming down from addiction.

Every other Friday, Judge Rosemary Minehan presides over Drug Court, guiding drug and alcohol abusers to safe and sober landings.

"It's like trying to land a plane," she tells defendants, explaining the benefits of a gradual descent over a nose dive. "It didn't happen in a day. We won't fix it in a day."

It can also be a bumpy ride.

Late last month a man stood before the judge apologizing for his near fatal overdose a weekend earlier. Medical issues, job problems and the unbearably bad weather had what he called a snowball effect that led him back to heroin. A dose of Narcan, the

life-saving medication that counters opiate overdoses, brought him back from oblivion, back before the judge.

"I just lost it. I went over the edge, and I apologize for that," the man said. "It just killed me, and what was the point of that?"

The judge reminded the courtroom how lucky the man is to have survived.

Many who have sat in her Drug Court sessions have not, and most everyone in attendance knows at least one of them. The most recent monthly report on drug overdoses in Plymouth County alone, the judge noted, is 37 pages long.

The judge sent the man back to jail, back to the start of more treatment, with hope.

"Here's the thing about life," she said. "There's good and bad. You've got a lot going for you. We don't want to lose you."

The confession cast a pall on the late February session, but only briefly, until the man

went away in handcuffs and the next defendant appeared before the judge.

This man had completed 97 days in the program without any of the myriad slip-ups that could lead to sanctions and land him back in jail. In addition to staying sober for the last three-plus months, the man had passed his high school equivalency exam and was looking to continue studying architectural design.

## Making progress

Minehan started the Drug Court in Plymouth five years ago.

It is based on a model used first in Hawaii and since modified in Massachusetts that rewards defendants for working to beat their dependencies but quickly imposes sanctions on those who do not.

There are 30 to 50 participants in Plymouth Drug Court at any given time. All are post-trial defendants who have agreed to the intensive

probation rather than serving sentences behind bars.

Some land there nonetheless, but it is not for want of trying by the judge and her staff, probation officers and the defendants themselves. Sometimes the addiction is just too hard to beat.

Minehan started the program in a small courtroom on the Trial Court's third floor but recently moved it to the larger arraignment session to accommodate the bi-weekly attendees and their support groups — mothers, fathers, sisters, brothers, grandparents and ministers all praying for a cure.

The arraignment session also offers better access to the courthouse's lock-up, where many of the defendants begin and/or end the day.

Some call it therapeutic justice, and Minehan, who started on the bench 22 years ago, does not disagree. She tries to take the stigma out of addiction and focus on recovery instead, citing cases where

suburban housewives and promising student athletes have become hooked on opiates after accidents or injuries.

One mother she knows got

addicted after her doctor mis-

takenly gave her nearly three

times as much OxyContin as

he meant to after a car crash.

By the time the doctor cor-

rected the mistake 10 days

later, the woman was hooked.

She needed three pills to sat-

isfy her body's need for the

drugs. When the prescription

ended, she started buying pills.

As with many, heroin became

a cheaper option.

"It can happen to anyone.

I guess everyone is just a car

accident, a concussion, a

wisdom tooth away," she said.

All of the defendants in

Drug Court either have been

found guilty or had their

cases continued without find-

ings. They are often placed in

treatment programs aimed at

giving them coping skills, but

sometimes must wait weeks in

jail for a bed to open.

Drug Court then slowly reintroduces them to the community through a 120-day program overseen by probation officials.

A 2012 study compared defendants in the program with defendants involved in similar criminal activity statewide.

After six months, 51 percent of the defendants statewide had committed a new crime or violated their probation. Among Plymouth Drug Court defendants, the recidivism rate was only 6 percent.

Minehan said she would like to see a follow-up study, but she is pleased with the initial findings.

"For me, if it's successful for one person, it's worth it if it's one human being, and I think we have more than that. But it's going to be a battle for these folks and everyone that's coming through recovery," Minehan said during a recess. "We know it's going to be a day at a time."

## RECOVERY

From Page A1

"Availability was one of the major issues," Clark said.

### Capacity issues

According to CEPAC, the New England Comparative Effectiveness Public Advisory Council, 133,000 people in New England abuse or are addicted to opioids. Of those, 70 percent meet the criteria for treatment but are not receiving it.

Treatment professionals say there's a lack of capacity at inpatient facilities. The Bureau

of Substance Abuse Services has received increased funding to tackle the opioid crisis, and Massachusetts has allocated \$12.5 million this year to target capacity issues.

Another factor is federal regulations that limit each clinician to treating no more than 100 patients with drugs such as buprenorphine. A form of the drug called Suboxone is one of the major medications used to treat opioid addiction.

"Availability of both facility-based and office-based opioid dependence treatment falls far short of the clinical need," Dr. Dan Ollendorf, chief review officer for the Institute

for Clinical and Economic Review, said at a March 9 forum at Suffolk Law School.

Dr. Stuart Gitlow, president of the American Society of Addiction Medicine, agreed access is a problem, as clinics that offer methadone and buprenorphine often have long waiting lists. While his Woonsocket clinic could potentially treat 700 patients with buprenorphine, federal law limits him to 100.

"The only time we lose people is when they move out of the area, they die or they go to jail," said Gitlow, who also attended the forum. "I can't take any new patients now.

The waiting list is stagnant and that's what happens to all of us in this area."

### Insurance coverage

David Matteodo, executive director of the Massachusetts Association of Behavioral Health Systems, said conflict between health insurers, patients and treatment providers is common.

"A lot of the problem is between the insurer, the gatekeeper, and the patient, who's the consumer," Matteodo said. "A lot of times they'll say, 'We don't want to cover that. He's going to outpatient.' It's hard to get approved for inpatient

care."

State Sen. Jennifer Flanagan, D-Leominster, who chairs the Senate Committee on Mental Health and Substance Abuse, said the state is working to implement a set of new reforms aimed at making treatment more accessible.

The new regulations, which are due to take effect in October, allow addicts to get treatment without prior approval from insurers and require that health plans cover up to 14 days of inpatient treatment. It also gives clinicians greater say in determining which treatment is required.

While not everyone needs

residential treatment, it is something that helps many recovering addicts, Flanagan said, especially those going through detoxification and suffering from withdrawals.

"They're looking for residential treatment because their lives are so unstable," she said.

Lora Pellegrini, president and CEO of the Massachusetts Association of Health Plans, said the insurers have some concerns. Not all patients require residential treatment, and research shows medication-based treatment is effective.

"There's the arbitrary standard of 14 days, and it doesn't allow for insurer review," Pellegrini said. "Folks could get treatment that isn't called for ... We're concerned that could lead to not using limited resources wisely."

The MAHP organized the March 9 Suffolk Law School forum.

"We're always trying to work to provide evidence-based care," said Pellegrini, who added that addiction has affected members of her family.

### Treatment options

"When you're talking about someone who is opioid-addicted, you're talking about someone with a physical dependency," said Hillary Jacobs a senior policy advisor with the Department of Public Health. "They're going to either need detox or maintenance meds, and some people need both."

The FDA has approved three medications to treat opioid addiction: methadone, buprenorphine and Vivitrol.

Christopher Clark, the Revere man who died from an overdose last year at age 35, explored them all, his mother Doreen Clark recalled. He decided he didn't like methadone. Because he contracted Hepatitis C the first time he shot heroin, Clark wasn't a candidate for Vivitrol.

"He tried Suboxone, but we found out he was selling them instead of taking them," Clark said. "The Suboxone, when he did take it the right way, we believed was working, but then he relapsed."

Clinicians say multiple relapses are common.

"The message I give to everybody is don't give up hope," Clark said. "Don't give up hope on your child. You know that person's in there. You need to find them and bring them back out."

CEPAC has studied various types of treatment for opioid addiction, concluding that long-term maintenance therapy with medication is more effective than short-term detoxification alone.

Even when a recovering addict is able to taper off use of medication, follow-up treatment and support are typically necessary.

Gitlow said he approaches addiction as a chronic medical condition.

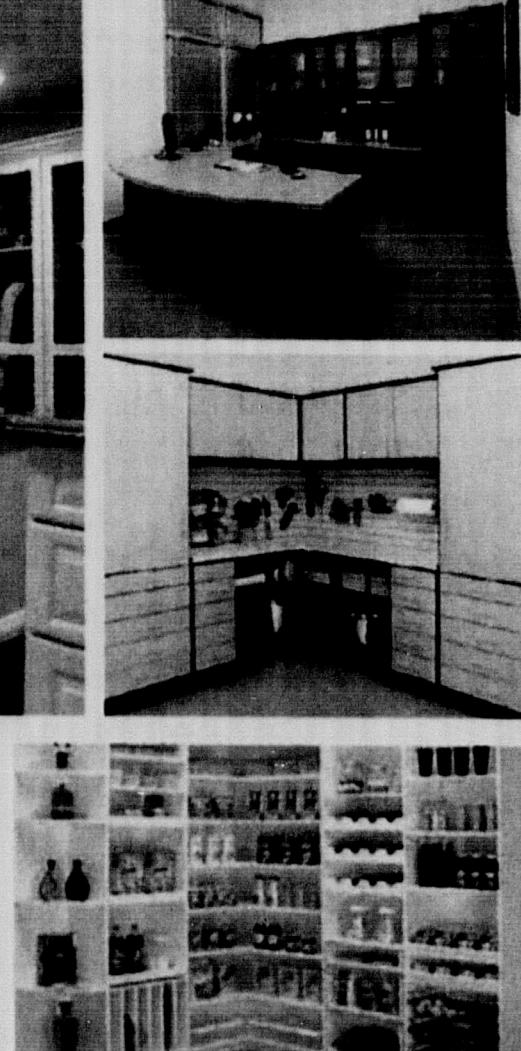
"This is ongoing treatment for a lifelong disease state," he said. "You've got the disease, and it stays with you lifelong."

Gerry Tuoti is the Regional Newsbank Editor for Gate-House Media New England.

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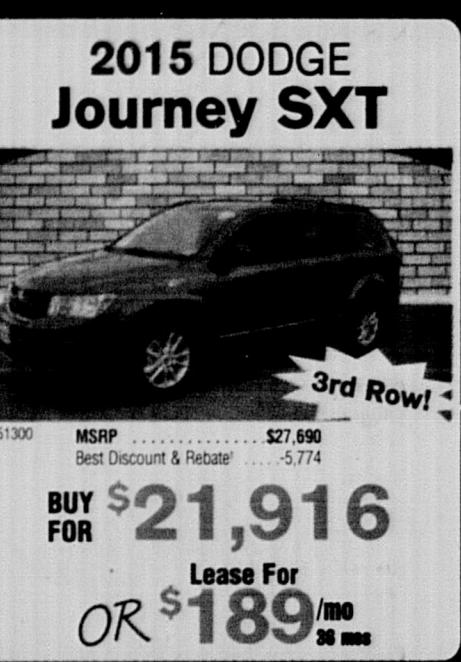
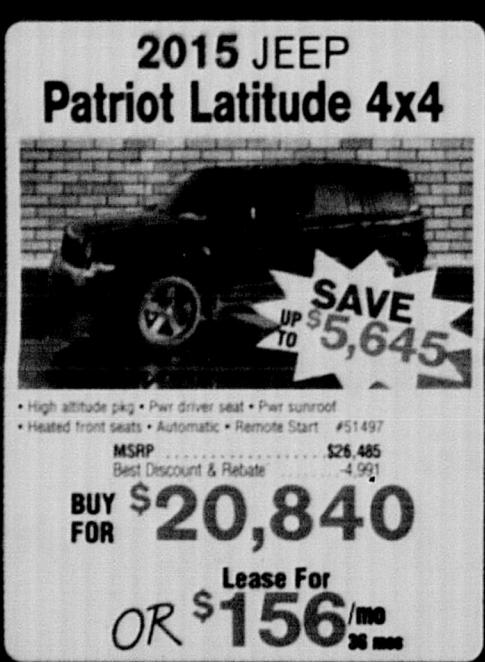
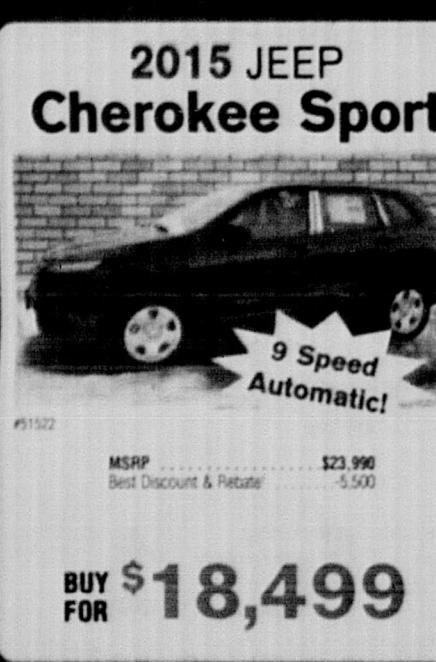
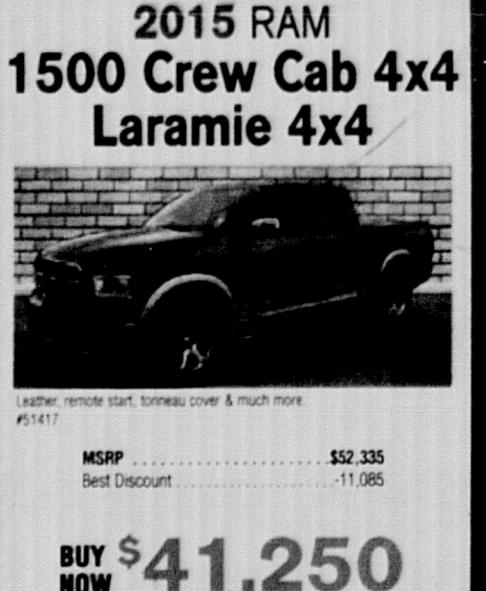
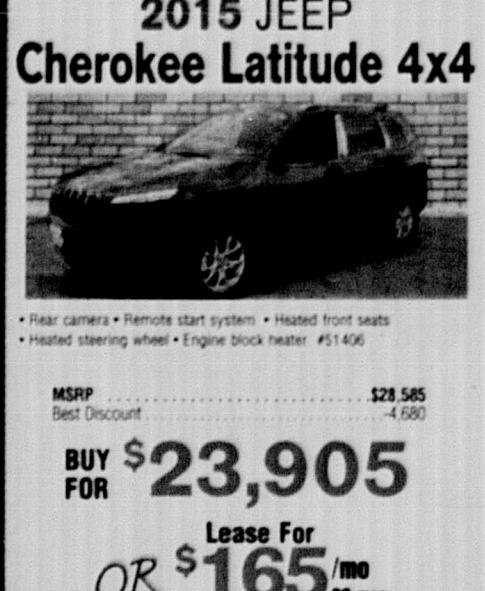


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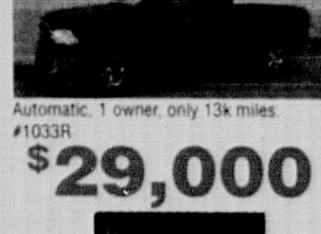
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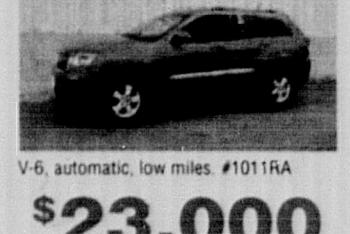
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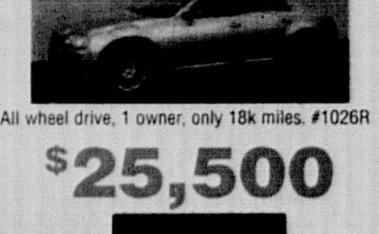
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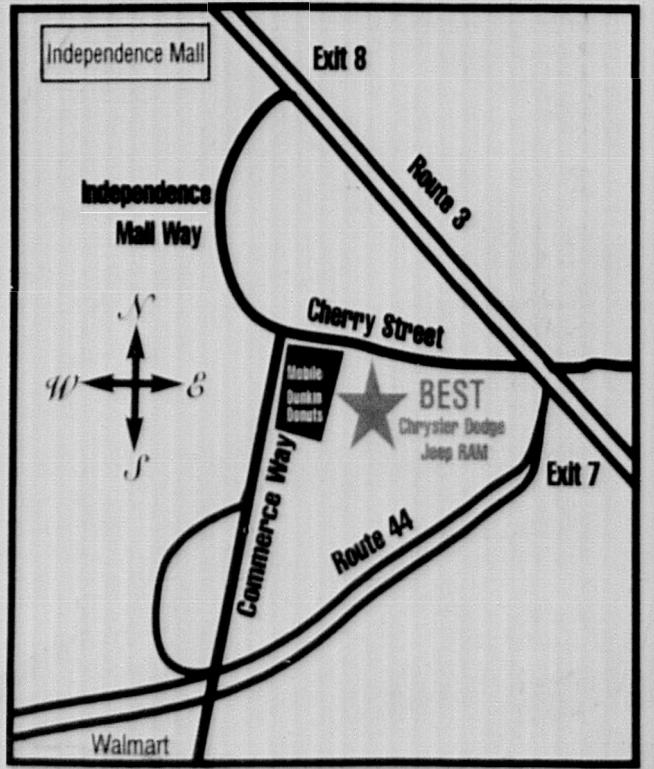
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### ROOKIE OF THE YEAR

**Joe Markman**

The Enterprise

**Jordan Mayblum**

The Wellesley Townsman

### Arlington Advocate

**Infographics**  
 Third Place Ami Olson Campbell

### Belmont Citizen-Herald

**News Video**  
 First Place James Jesson

### Beverly Citizen

**Spot News Photo**  
 Third Place Kirk R. Williamson

### Bridgewater Independent

**Human Interest Feature Story**  
 First Place Rebecca Hyman

### General News Story

First Place Rebecca Hyman

### Humor Columnist

Second Place Alice Coyle

### Brookline Tab

**Feature Photo**  
 First Place Kate Flock

### Multimedia Coverage

Second Place John Hilliard

### Science/Technology Reporting

Second Place Ignacio Laguarda

### Health Reporting

Third Place Jim Morrison

### Burlington Union

**History Reporting**  
 Second Place Chris Warren

### Cambridge Chronicle

**Social Issues Feature Story**  
 Second Place Erin Baldassari

### Sports Photo

Second Place Kate Flock

### Cape Codder

**Environmental Reporting**  
 First Place Doreen Leggett

### Editorials

First Place Donna Tunney

### Arts & Entertainment Section

First Place Donna Tunney

### Carver Reporter

**Health Reporting**  
 Third Place Kathryn Gallerani

### Cohasset Mariner

**Pictorial Photo**  
 First Place Robin Chan

### Business/Economic Reporting

Second Place Erin Dale

### Editorial/Commentary Page

Third Place Staff

### Local Election Coverage

Third Place Staff

### Concord Journal

**Commentary**  
 Second Place Kathie Ragsdale

**Human Interest Feature Story**  
 Honorable Mention Kathie Ragsdale

### Danvers Herald

**Best Use of Social Media in Breaking News**  
 First Place Staff

### Spot News Story

Second Place Jeff Pope

### Front Page

Second Place Jeff Pope

### Dedham Transcript

**Business/Economic Reporting**  
 First Place Sara Feijo

### Easton Journal

**Sports Column**  
 First Place John Quattrucci

### Serious Columnist

First Place John Quattrucci

### Hanover Mariner

**Humor Columnist**

First Place Craig Salters

### Editorials

First Place Erin Tiernan

### Government Reporting

Third Place Erin Tiernan

### Ipswich Chronicle

**Environmental Reporting**

First Place Daniel MacAlpine

### Personality Photo

First Place Nicole Goodhue Boyd

### Photo Series

Second Place Nicole Goodhue Boyd

### Serious Columnist

Third Place Daniel MacAlpine

### Kingston Mariner

**Sports Photo**

Second Place Mark Gardner

### Lexington Minuteman

**Spot News Story**

First Place Staff

### Social Issues Feature Story

First Place Staff

### Local Election Coverage

First Place Staff

### Human Interest Feature Story

Second Place Ami Olson Campbell

### Lincoln Journal

**Feature Video**

First Place James Jesso

John Walker

### Littleton Independent

**Sports Video**

First Place James Jesson

John Walker

### Mansfield News

**General News Story**

Second Place Staff

### Sports Column

Third Place Heather Gillis Morris

### Marblehead Reporter

**Editorial/Commentary Page**

Second Place Staff

### Feature Video

Second Place David Sokol

### Sports Photo

Third Place Kirk R. Williamson

### Editorials

Third Place Kris Olson

### Marshfield Mariner

**Best Use of Social Media in Breaking News**

Second Place Staff

### Multimedia Coverage

Third Place Lisa Kashinsky

Mark Gardner

Chris Bernstein

### Medford Transcript

**Investigative Reporting**

First Place Nicholas Lovino

### Transportation Reporting

First Place Alex Ruppenthal

### Racial or Ethnic Issue Coverage

Second Place Nell Escobar Coakley

### Science/Technology Reporting

Second Place Alex Ruppenthal

### Sports Story

Second Place Alex Ruppenthal

### Feature Photo

Third Place David Sokol

### Needham Times

**Health Reporting**

Third Place Wei-Huan Chen

### Personality Photo

Third Place Kate Flock

### Newton Tab

**Sports Photo**

First Place Brett Crawford

### Right-to-Know

Third Place Various-Fisher, Costello

### North Shore Sunday

**Reporting on Religious Issues**

First Place Sarah Thomas

### Norwell Mariner

**Environmental Reporting**

Third Place Erin Tiernan

### Norwood Transcript & Bulletin

**Education Reporting**

Second Place Brad Cole

### Infographics

Second Place Brad Cole

Phil Salisbury

### Old Colony Memorial

**Arts & Entertainment Reporting**

Second Place Frank Mand

### Business/Economic Reporting

Second Place Frank Mand

### General Excellence

Third Place Staff

### Roslindale Transcript

**Social Issues Feature Story**

Third Place Julie Cohen

### Saugus Advertiser

**Social Issues Feature Story**

Second Place Matthew Reid

### Sudbury Town Crier

<b

## Legal Notices

**RYAN**  
**LEGAL NOTICE**  
 Commonwealth of Massachusetts  
 The Trial Court  
 Probate and Family Court  
 Norfolk Division  
 35 Shawmut Road  
 Canton, MA 02021  
 (781) 830-1200  
 Docket No.  
 NO15P0481EA

**INFORMAL PROBATE PUBLICATION NOTICE**

Estate of: Ann M. Ryan

Date of Death: 12/30/14

To all persons interested in the above captioned estate, by Petition of

Petitioner Ellen M. Ryan  
 of Hingham MA

A Will has been admitted to informal probate.

Ellen M. Ryan of Hingham MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

AD#13254675  
 Cohasset Mariner 3/27/15

**ZBA/19 HOBART LANE  
 LEGAL NOTICE  
 TOWN OF COHASSET  
 ZONING BOARD OF APPEALS**

A public hearing will be held at the **Town Hall** on **Monday, April 6, 2015 at 8:15PM** to hear and act upon an application for a **SPECIAL PERMIT** pursuant to 8.7.2 and any further relief as the Board deems appropriate. The applicant, Cavanaro Consulting, on behalf of their clients, Paul and Jill Tedeschi, seeks relief for an alteration of the building within required yards (side and rear) that exceeds the required building coverage, and for an installation of a pool, walkways and building that exceeds the required lot coverage at **19 Hobart Lane**. According to the application on file in the Town Clerk's Office. File #15.03.13.

AD#13254365  
 Cohasset Mariner 3/20, 3/27/15

**SEL/RFPs  
 LEGAL NOTICE**

The Town of Cohasset, acting by and through its Chief Procurement Officer, issues a Request for Proposals (RFP) for the acquisition of space for a senior center and other municipal uses. RFP documents may be obtained by contacting: Town Manager, Cohasset Town Hall, 41 Highland Avenue, Cohasset, MA 02025. Phone (718) 383-4100, x109, and at [www.cohassetma.org](http://www.cohassetma.org). RFP documents available 3/25/15 at Noon until 4/15/15 at Noon. Submission deadline is 4/24/15 at 2:00 pm. The specific property requirements are described in the RFP.

AD#13255634  
 Cohasset Mariner 3/27, 4/3/15

**Muscular Dystrophy Association**

**Where Hope Begins**

**MDA**  
 1-800-FIGHT-MD  
[www.mdausa.org](http://www.mdausa.org)

**SEL/RFPs  
 LEGAL NOTICE**

The Town of Cohasset, acting by and through its Chief Procurement Officer, issues a Request for Proposals (RFP) for the leasing of space for a senior center and other municipal uses. RFP documents may be obtained by contacting: Town Manager, Cohasset Town Hall, 41 Highland Avenue, Cohasset, MA 02025. Phone (718) 383-4100, x109, and at [www.cohassetma.org](http://www.cohassetma.org). RFP documents available 3/25/15 at Noon until 4/15/15 at Noon. Submission deadline is 4/24/15 at 2:00 pm. The specific property requirements are described in the RFP.

AD#13255633  
 Cohasset Mariner 3/27, 4/3/15

**Looking to Get Fit This Year?****Find a personal trainer.**

Check out the Service Directory in Community Classifieds today. From therapists and trainers to landscapers and painters, the service directory is the best service to find local professionals.

**communityclassifieds**  
 To place an ad call 1-800-624-SELL

**HOLLY HILL****Summer camp open house Saturday**

*Holly Hill Farm is at 236 Jerusalem Road, Cohasset. To register or for more information on the following programs, visit [www.hollyhillfarm.org](http://www.hollyhillfarm.org) or call 781-383-6565.*

**BROWN BOAR FARM**

**DELIVERING TO HOLLY HILL FARM:** April 11, May 16 and June 13, 11 a.m. to 1 p.m. Looking for local pork? While many of members already know that the folks from Brown Boar Farm make regular, year-round deliveries to Holly Hill Farm. Brown Boar Farm is family-owned and committed to producing naturally raised heirloom pork in an environmentally friendly way. Ordering details are available on the farm's website at [www.hollyhillfarm.org](http://www.hollyhillfarm.org).

**FARM PANTRY:**

A community service program for teens ages 15 through 18, this after school program will take place 3 to 5 p.m., beginning March 20, with ongoing opportunities through November. Free – family membership suggested. This program for teens is fast becoming one of the farm's most popular. Students can explore organic growing methods as they help to sow, grow, harvest and deliver fresh produce for local food pantries in Cohasset and Hull, as well as, Father Bill's Place. Early in the season, tasks help ensure the successful growth of crops. Later in the growing season the focus shifts to harvesting crops. Students are welcome to attend one, two or all 12 sessions. Participants will exit the program with documented hours of community service

(a graduation requirement for some local students), a letter of recommendation and a sense of accomplishment in helping to make fresh, local produce available to clients at food pantries. Students are required to complete an application and write a letter of interest in order to participate. Forms are available on the farm's website. For more information, call education director Jon Belber at 781-383-6565 or email [jbelber@hollyhillfarm.org](mailto:jbelber@hollyhillfarm.org).

**SUMMER CAMP OPEN HOUSE:**

Saturday, March 28, 10 a.m. to noon. Free for adults and children welcome. Learn about the growing, digging and learning children will experience at Summer Camp. Tour the farm, meet the farmers and farm educators, and register for programs.

**FARM STAND FARMERS:**

Saturdays, April 11, 18, 25 and May 2 and 9, 9:30 to 11:30 a.m. Cost is \$120 FHF members, \$185 non-members. Help encourage spring growth as crops get ready for harvest. Kids, ages 12 through 15, will tend to planting, learn to harvest and assist in displaying produce at the Farm Stand in the Main Barn.

**THE BACKYARD FARM AND GARDEN LECTURE:**

Saturday, April 11, 9 a.m. to 12:30 p.m., at Marshfield Senior Center, 230 Webster St. Join Holly Hill Farm educator Janice McPhillips and other local experts for this panel discussion sponsored by Marshfield Agricultural Commission. Janice, the farm's vermi-composting (worm composting) enthusiast will provide a hands-on presentation that includes

instruction on building one's own worm bin. For more information visit [www.townofmarshfield.org/lecture2015.htm](http://www.townofmarshfield.org/lecture2015.htm) or call 781-837-1433.

**EARLY PLANT SALE:**

Saturday, April 18, 10 a.m. to 1 p.m. Get one's garden started by planting early, cold hardy plants now. Kale, onion, spinach and other hardy seedlings will be available.

**FARM-TO-TABLE ANNUAL ASPARAGUS DINNER:**

Saturday, May 9. Join chef Maryann Saporito from Holal in Marshfield. Details to follow.

**SCHOOL PARTNERSHIPS:**

The Weekly Harvest Essay and Illustration Contest: Recently, the Holly Hill Farm teachers have been seen placing a new outdoor compost bin, next to the gigantic hills of snow (removed from the flat roof) at the Plymouth River School in Hingham.

The children have continued conscientiously placing their apple cores, orange peels and veggie scraps into the cafeteria buckets, and now they can take the buckets of compost ingredients to the outdoor bin. At the farm, the teachers will soon dig and shovel a path to the Annie's hoop house and begin to sow some seeds in trays, further signs of encouraging spring. While public programs are the most visible outreach provided the local community, farm educators have partnerships with more than 40 schools along the South Shore.

**Consider This! 2015 Essay and Illustration Contest:**

The fifth annual Consider This! essay and illustration contest, sponsored by the Friends of Holly Hill Farm and supported by

the Frank H. White Scholarship Fund. The 2015 topic: Soil is for Plants. Students in grades kindergarten through 12 are invited to participate. Entries must be submitted by Thursday, April 2. Details are available at [www.hollyhillfarm.org](http://www.hollyhillfarm.org).

**HOLLY HILL FARM ORGANIC PLANT SALE:**

Friday, May 16, 4 to 7 p.m., for FHF members-only. Saturday and Sunday, May 17 and 18, 10 a.m. to 4 p.m.; Saturday and Sunday, May 23 and 24, 10 a.m. to 4 p.m. Celebrate the arrival of warm weather by planting a garden this season. Organic vegetables, herbs and flowers will be available. Farmers will be available to answer questions.

**WELLNESS RETREAT AT THE FARM:**

Saturday, May 30. Join Linda Storm and Darlene Bradlee for a day of wellness. Details to follow.

**SUMMER PROGRAMS AT HOLLY HILL FARM:**

Dig, Grow, Harvest, June 8 through Aug. 28. There is much to discover, taste and enjoy at Holly Hill and the farm teachers aim to create a memorable experience for all. With 12-weeks of programming designed for kids ages 3 through teens, options abound. Visit the website for all of the details.

**MOVIES AND MUNCHIES AT THE FARM:**

Wednesday, June 18 through August, 6 p.m. Movies are free of charge and munchies are available for a fee. Held outdoors. Films will be shown on the back of the Tomato Barn. Munchies baked in the farm's masonry oven will be available for a fee. Proceeds and donations will benefit the Masonry Oven Fund.

**LEGAL NOTICE****Town of Cohasset****Office of the Collector****The Commonwealth of Massachusetts****Notice of Tax Taking**

TO THE OWNERS OF THE HEREINAFTER DESCRIBED LAND AND TO ALL OTHERS CONCERNED YOU ARE HEREBY NOTIFIED that on April 10, 2015 at 10 o'clock a.m. at the Collector's Office, Town Hall, 41 HIGHLAND AVE, COHASSET MA 02025, pursuant to the provisions of General Laws, Chapter 60, Section 53, and by virtue of the authority vested in me Collector of Taxes, the following described parcels of land will BE TAKEN FOR THE Town of Cohasset for non-payment of taxes due thereon, with the interest and all incidental expenses and costs to the date of taking, unless the same shall have been paid before that date.

Paula M. Linhares, Collector

Property Location: 348C NORTH MAIN ST  
 Assessed Owner(s): HINDLEY, CHRISTOPHER AND DIANE  
 Subsequent Owner: 348C NORTH MAIN STREET, LLC  
 (if applicable)

Tax Bill #: 1316 Map/Parcel ID: C5-14-067

A parcel of land with any buildings thereon, containing approximately 10942 square feet of land and being a part of the premises recorded at Registry of Deeds in Book 32093 Page 485

2014 REAL ESTATE TAXES 1,670.17  
 WATER/SEWER LIENS 0.00

Property Location: 30 KING ST  
 Assessed Owner(s): AMBROSE, DORENE  
 Subsequent Owner: (if applicable)

Tax Bill #: 70 Map/Parcel ID: C5-71-005

A parcel of land with any buildings thereon, containing approximately 63162 square feet of land and being a part of the premises recorded at Registry of Deeds in Book 24049 Page 61

2014 REAL ESTATE TAXES 1,209.17  
 WATER/SEWER LIENS 0.00

Property Location: 91 DOANE ST  
 Assessed Owner(s): FINEGAN, EDNA M.  
 C/O OCEAN REAL ESTATE  
 INVESTMENTS LLC

Subsequent Owner: (if applicable)

Tax Bill #: 966 Map/Parcel ID: D10-56-006

A parcel of land with any buildings thereon, containing approximately 44866 square feet of land and being a part of the premises recorded at Registry of Deeds in Book 32012 Page 328, and as Lot 8 on Ld.Ct.PI. 35546-B, described in Cert. of Title 188108.

2014 REAL ESTATE TAXES 1,473.02  
 WATER/SEWER LIENS 0.00

Property Location: REAR DOANE ST  
 Assessed Owner(s): ROUKOUNAKIS, GEORGE K.

Subsequent Owner: (if applicable)

Tax Bill #: 2432 Map/Parcel ID: D10-56-011

A parcel of land with any buildings thereon, containing approximately 65340 square feet of land and being a part of the premises recorded at Registry of Deeds in Book 6525 Page 670

2014 REAL ESTATE TAXES 383.72  
 WATER/SEWER LIENS 0.00

Property Location: 54 HILLSIDE DR  
 Assessed Owner(s): LAZARIS, GEORGE  
 KIKI, ANGELA LAZARIS

Subsequent Owner: (if applicable)

Tax Bill #: 1590 Map/Parcel ID: D11-53-022

A parcel of land with any buildings thereon, containing approximately 20001 square feet of land and being a part of the premises recorded at Registry of Deeds in Book 7553 Page 619

2014 REAL ESTATE TAXES 1,097.59  
 WATER/SEWER LIENS 0.00

Property Location: 22 PRATT CT  
 Assessed Owner(s): LAAS, MAREK L.  
 LAAS, ELIZABETH L.

Subsequent Owner: (if applicable)

Tax Bill #: 1548 Map/Parcel ID: E5-18-072

A parcel of land with any buildings thereon, containing approximately 28566 square feet of land and being a part of the premises recorded at Registry of Deeds in Book 8033 Page 2

2014 REAL ESTATE TAXES 6,999.88  
 WATER/SEWER LIENS 0.00

Property Location: 55 SOUTH MAIN ST  
 Assessed Owner(s): ROUKOUNAKIS, GEORGE K.

Subsequent Owner: (if applicable)

Tax Bill #: 2430 Map/Parcel ID: E5-18-003

A parcel of land with any buildings thereon, containing approximately 20348 square feet of land and being a part of the premises recorded at Registry of Deeds in Book 23979 Page 161

2014 REAL ESTATE TAXES 17,309.69  
 WATER/SEWER LIENS 1,965.27

Property Location: 91 NICHOLS RD  
 Assessed Owner(s): YERARDI, JOSEPH A.  
 YERARDI, JENNIFER

Subsequent Owner: (if applicable)

Tax Bill #: 1868 Map/Parcel ID: D7-41-094-001

A parcel of land with any buildings thereon, containing approximately 0 square feet of land and being a part of the premises recorded at Registry of Deeds in Book 26485 Page 269, being Unit 1 of the 223-223A Pond Street Cohasset, Condominium.

2014 REAL ESTATE TAXES 1,080.73  
 WATER/SEWER LIENS 508.42

Property Location: 22 PRATT CT  
 Assessed Owner(s): LAAS, MAREK L.  
 LAAS, ELIZABETH L.

Subsequent Owner

## THIS WEEKEND

# Leading the congregation in song and spirit

Temple celebrates Cantor Weiss' anniversary

Throughout the weekend of March 27 through March 29, Congregation Sha'aray Shalom in Hingham will be celebrating Cantor Steven Weiss' 10th year leading the congregation in song and spirit. The weekend will culminate with a concert on Saturday, March 28, at 8 p.m., featuring Cantor Lisa Levine, a creative and dynamic force in contemporary American Jewish music, along with Cantor Weiss.

On Friday, March 27, at 7:30 p.m., Congregation Sha'aray Shalom will host the annual gathering of South Shore Reform Synagogues, where Cantor Levine will join area cantors in a Soulful Shabbat service. At Saturday morning's 10:30 a.m. service, Cantor Levine will lead Yoga Shalom, a unique program she has created. The entire community is welcome to attend these events. Ticket information for the Saturday concert is available at 781-749-8103 or [www.shaaray.org](http://www.shaaray.org).

Cantor Weiss is the Cantor and Director of Education at Congregation Sha'aray Shalom. In addition to his work within the congregation, he is also a board member of the Young Leadership Division of Combined Jewish Philanthropies of Boston. He has served on the executive committee of the UJR Commission on Synagogues



Cantor Weiss is the Cantor and Director of Education at Congregation Sha'aray Shalom. COURTESY PHOTO

Management and as a member of the executive board of the American Conference of Cantors. Cantor Weiss received his master's degree and investiture from Hebrew Union College-Jewish Institute of Religion School of Sacred Music in 1996, and holds a bachelor's degree from Ithaca College where he studied Human Resource Management and Opera Performance at its esteemed music school.

Cantor Lisa Levine is a well-known composer, author and worship leader. After earning her bachelor of arts degree in music from UCI and studying in Israel at the Reuben Academy, she went on to complete a master's degree at HUC-JIR in New York in 1989. She recently received her honorary doctorate from HUC after 25 years of service to the Jewish people. Lisa is currently a student in the

Aleph Rabbinic Pastoral Program and Chaplain Intern at Medstar Georgetown University Hospital. She appears as artist-in-residence sharing her music and Yoga Shalom in congregations, conferences and retreats around the world.

In anticipation of the celebration of Cantor Weiss' 10th anniversary at CSS, Jodi Tolman, a member of the congregation, had the opportunity to sit down with him to look back on his 10 years, and forward to the next.

**JT: Cantor Weiss, for those who may not know what a cantor does, can you define the role?**

**CW:** A cantor is the emissary of the congregation. Traditionally, the cantor is the leader of prayer, and prays on behalf of congregants who may or may not be able to pray for themselves. She is the keeper of our musical traditions going back centuries, through to the present day, and it is the job of the cantor to impart these traditions to the congregation, young and old. The role of the modern cantor, however, is considerably larger and more encompassing.

**JT: Would you describe your duties and responsibilities at CSS?**

**CW:** I work very much in partnership with Rabbi Shira Joseph, who last year celebrated her 10th anniversary at CSS, in all aspects of the life of our congregation, functioning as clergy; counselor; teacher; overseer of fundraising for the temple and special musical events, programs and concerts; and as director of our religious

school.

**JT: What called you to become a cantor?**

**CW:** I was inspired as a young child, growing up in an active Jewish household and with my family, very involved in our temple in N.Y. I started singing in the children's choir at temple and by the age of 13, I knew I wanted to become a cantor. But I didn't know if I could sing well enough!

**JT: Can you tell us about your path to becoming a cantor?**

**CW:** I spent a great deal of time singing throughout my school years, both in secular and religious school. I sang in the All-State and All-East choirs and began to understand that I could actually sing well. As an undergraduate at Ithaca College, and the son of a practically-minded businessman, I was made to understand the importance of following more practical, as well as my passionate pursuits, so I graduated with a degree in Human Resources Administration and a minor in music and opera. Studying music and obtaining my HR degree, gave me a perfect combination of skills to function every day as the cantor of a modern temple, whose role is much more multi-faceted than it once was. I attended four years of graduate school at Hebrew Union College in N.Y., which is the renowned training ground for rabbis and cantors, studying sacred music. I completed my studies and was ordained as a Cantor in 1996, then spent several years with a congregation in Atlanta.

**JT: What drew you to CSS?**

**CW:** From my first phone interview with Rabbi Joseph, it was clear that we could develop a great working relationship, and as I continued through the interview process and met the members of the search committee, I knew that CSS was a warm and very welcoming community. Additionally, CSS had never had an ordained cantor. I was attracted by the opportunity to develop the role in partnership with the Rabbi and create something substantial that I felt could be a meaningful contribution to the evolution of our temple.

**JT: What would you say have been your greatest joys at CSS?**

**CW:** I would have to say it has been, and continues to be teaching our bar/bat Mitzvah students and helping them develop the skills to accomplish something quite challenging that not many 13-year-olds are expected to accomplish. To watch them mature and grow into themselves personally-wise and gain such self-confidence is a wonderful thing. I have also greatly enjoyed the opportunity to become involved at the statewide and national levels in various capacities such as with the Greater Boston-area United Jewish Federation; as a board member of Jewish Vocational Services; and as VP of the American Conference of Cantors, a professional organization of 600 Cantors in North America. And, of course, I love leading worship.

**JT: And what have been your greatest challenges?**

**CW:** Building the community. I grew up in a tight-knit Jewish community

surrounded by Jewish people, most of whom belonged to and attended a synagogue or temple. At CSS, we support and serve 29 disparate towns and it can be a challenge to engage these different communities and get young families to come through our doors and see that CSS can be their family's spiritual home.

**JT: How has your life evolved since coming to CSS?**

**CW:** As I celebrate my 10 years at CSS, I have naturally been ruminating on this and it's really remarkable to see the changes in my life. I arrived in the area with nothing but my belongings and my dog. Not only have I been embraced by a fantastic congregation and community, but I now have a wonderful wife and two beautiful children. My CSS family has lovingly celebrated the joyous milestones of my life over these past 10 years, and if anyone had told me back then what my life would look like now, I never would have believed them. Of course I loved my dog, but life is infinitely better!

**JT: As you look ahead to your next 10 years at CSS, what are your hopes and goals?**

**CW:** I hope to continue to help the synagogue be a place that young and old feel welcome and help them to connect in some way to our Jewish faith, either through music, educational or social programming. We have a warm and inviting community with incredibly caring people – all we have to do is get people to come through our temple doors to see for themselves all we have to offer.

## COHASSET POLICE/FIRE LOG

## Monday, March 16

**8:23 a.m.: Deep Run**, parking complaint. A vehicle is parked in front of the fire hydrant every day.

**9:09 a.m.: Jerusalem Road**, medical aid.

**9:31 a.m.: Elm St.**, CPD, community service. Walk in to headquarters for finger printing.

**11:03 a.m.: Chief Justice Cushing Highway**, Shaw's, motor vehicle stop; verbal warning.

**11:46 a.m.: Chief Justice Cushing Highway**, motor vehicle stop; verbal warning.

**12:41 p.m.: Chief Justice Cushing Highway**, motor vehicle stop; verbal warning.

**2:34 p.m.: King St.**, motor vehicle stop; citation issued.

**2:47 p.m.: King St.**, sunrise, medical aid.

**3 p.m.: Sohier St.**, motor vehicle stop; verbal warning.

**5:01 p.m.: Forest Avenue and Wadleigh Park**, suspicious vehicle. There is a white Toyota with two males walking beside it. They are leaving housecleaning flyers at the residences. Parties were advised of the proper procedures for soliciting. Both have been advised of the complaint.

**5:42 p.m.: Ripley Road**, U.S. Postal Service, parking complaint. A black Jeep parked in the parking lot.

This is an ongoing issue with the vehicle parking in their lot and it prevents postal trucks from getting in and out. A student who works at Lido Juice will be moving her car. Post Office was notified.

**Tuesday, March 17**

**8:02 a.m.: N. Main St.**, Town Commons, traffic hazard. A large piece of construction equipment blocking a lane of traffic. Construction worker is trying to direct traffic around it.

**11:58 a.m.: Chief Justice Cushing Highway**, motor vehicle stop; citation issued.

**11:58 a.m.: Chief Justice Cushing Highway**, motor vehicle stop; verbal warning.

**2:28 p.m.: Sohier St.**, motor vehicle stop; citation issued.

**3:06 p.m.: Sohier St.**, Our World Children's Museum, minor motor vehicle accident. No injuries. Two car motor vehicle accident in parking lot.

**4:26 p.m.: James Lane**, fire investigation. A hydrant is leaking. Water Department is aware.

**7:35 p.m.: Cushing Road**, tree down. A tree is blocking the roadway at Cushing and Norfolk roads. No wires are involved and will be attempting to move to the side of the road.

**7:39 p.m.: Beach St. and Highland Avenue**, tree down. A large limb is in the middle of the road. No wires involved and will be moving to the side of the road.

**8:16 p.m.: Beechwood St.**, fraud. Caller reports a chimney company out of Rhodes Island knocked on his mother's door today and said she needed work on her chimney. The bill was \$3,000. He has cancelled the credit card payment and will be into headquarters to speak to an officer tomorrow. This work was never requested.

**8:26 p.m.: King St.**, Sunrise, medical aid.

**8:40 a.m.: Old Pasture Road**, CO alarm with symptoms. One CO alarm is sounding, has a slight headache. Evacuated.

**7:50 a.m.: Chief Justice Cushing Highway**, motor vehicle crash. Two cars involved. Written warning to operator for following to closely.

**8:12 a.m.: Stevens Lane**, medical aid.

**8:25 a.m.: Sohier St.**, Deer Hill School, animal call. A dead raccoon is in the roadway, back entrance of the school.

**9:20 a.m.: Ripley Road and Sohier St.**, DPW. Lights blinking. Notifying DPW.

**9:59 a.m.: Beechwood St.**, fraud. A walk in reporting possible fraud.

**10:38 a.m.: Elm St.**, medical aid.

**11:04 a.m.: Beechwood St.**, follow up police department investigation.

**11:32 a.m.: S. Main St.**, parking complaint. Vehicle is up on the curb. Citation issued in hand, will be moving vehicle.

**12:13 p.m.: Forest Avenue**, parking complaint. A large truck unloading wood is parked in the street. Checked entire length of Forest Avenue, nothing showing.

**2:36 p.m.: Elm St.**, CPD, police info. A walk in to station has questions about restraining order (209A).

**3:45 p.m.: Elm St.**, CPD, cruiser motor vehicle crash.

Cruiser involved in minor motor vehicle accident in Hingham.

**8:20 p.m.: Border St.**, medical aid.

**9:34 p.m.: Forest Avenue**, medical aid.

**11:47 p.m.: Elm St.**, CPD, power outage. Headquarters

is running on a generator; National Grid notified.

**11:51 p.m.: Hobart Lane**, inside gas. Gas has been shut off to home. National Grid to handle.

**11:52 p.m.: S. Main St.**, CO alarm no symptoms. Multiple alarms going off in her basement, no symptoms. Alarm due to power outage. Units clear.

**12:52 a.m.: Stevens Lane**, power outage. Caller reports electricity is out.

**12:04 a.m.: S. Main St.**, CO alarm. Caller reports CO detectors are going off. The electricity was off and now on. No symptoms. Neighbor's home is also reporting similar issues, requesting National Grid to the scene. National Grid believes the problem is located in a sub station in Scituate all residents in the area safe.

**12:08 a.m.: Whitehead Road**, tree down. A tree is leaning on power line. National Grid notified.

**1:53 a.m.: Pond St.**, fire investigation. Resident reports she has a secondary sump pump that she can't turn on and a sump pump alarm that she is unable to silence. Problem is due to the power being out.

**6:48 a.m.: King St. and Lily Pond Lane**, motor vehicle stop; written warning for stop sign violation.

**7:05 a.m.: King St. and Lily Pond Lane**, motor vehicle stop; written warning for stop sign violation.

**7:16 a.m.: King St.**, motor vehicle stop; written warning.

**7:40 a.m.: King St.**, motor vehicle stop; citation warning.

**8:48 a.m.: Chief Justice Cushing Highway**, motor vehicle stop; citation issued.

**10:05 a.m.: Elm St.**, CPD, fraud, identity theft.

**10:24 a.m.: Pond St.**, water leak. Water in basement. It was a sump pump.

**11:22 a.m.: Sohier St.**, Our World Children's Museum, well being check. A female is sleeping in the car in the parking lot.

Female is on a conference call, units clear.

**12:13 p.m.: Wheelwright Farm**, medical aid.

**7:02 p.m.: Jerusalem Road**, White Cedar Farm, suspicious activity. Caller reports the door is open on the barn for an unknown reason. Property check is secure, no issued found. Care taker is satisfied.

**8:10 p.m.: Chief Justice Cushing Highway**, Scituate, mutual ambulance aid given.

Walk-in, alcohol dependency issue, difficulty breathing.

**9:09 p.m.: Highland Avenue**, St. Stephen's Church, fire investigation. A walk-in to the church.

Appears to be coming from the Steeple. Spoke to staff member and they are having a boiler issued.

**5:26 p.m.: Chief Justice Cushing Highway**, Shaw's, hit and run motor vehicle crash.

Caller is in a blue Honda Civic, parked near the main door at Shaw's. Caller came out and noticed a car had backed into her car and did not leave a note. Police to check the store for possible video.

**8:03 p.m.: Pond St.**, Cohasset Jr/Sr High school, motor vehicle crash; unknown injury.

A car is on its side by the field, caller states everyone is fine.

Everyone is out of the vehicle.

DPW advised sand is needed asap for the driveway for the wrecker.

**9:09 p.m.: Highland Avenue**, St. Stephen's Church, fire investigation. Investigating a report of smoke coming from

the area, ongoing issue.

**8:24 p.m.: Highland Avenue**, traffic hazard, DPW to sand this area.

**10:20 p.m.: King St.**, Dunkin Donuts, well being check. A drunk male is in the dining room, can't find a cab, can't make arrangements. Officer is escorting party back to his home.

**11:36 a.m.: Forest Avenue**, medical aid.

**12:54 p.m.: Howes Lane**, medical aid.

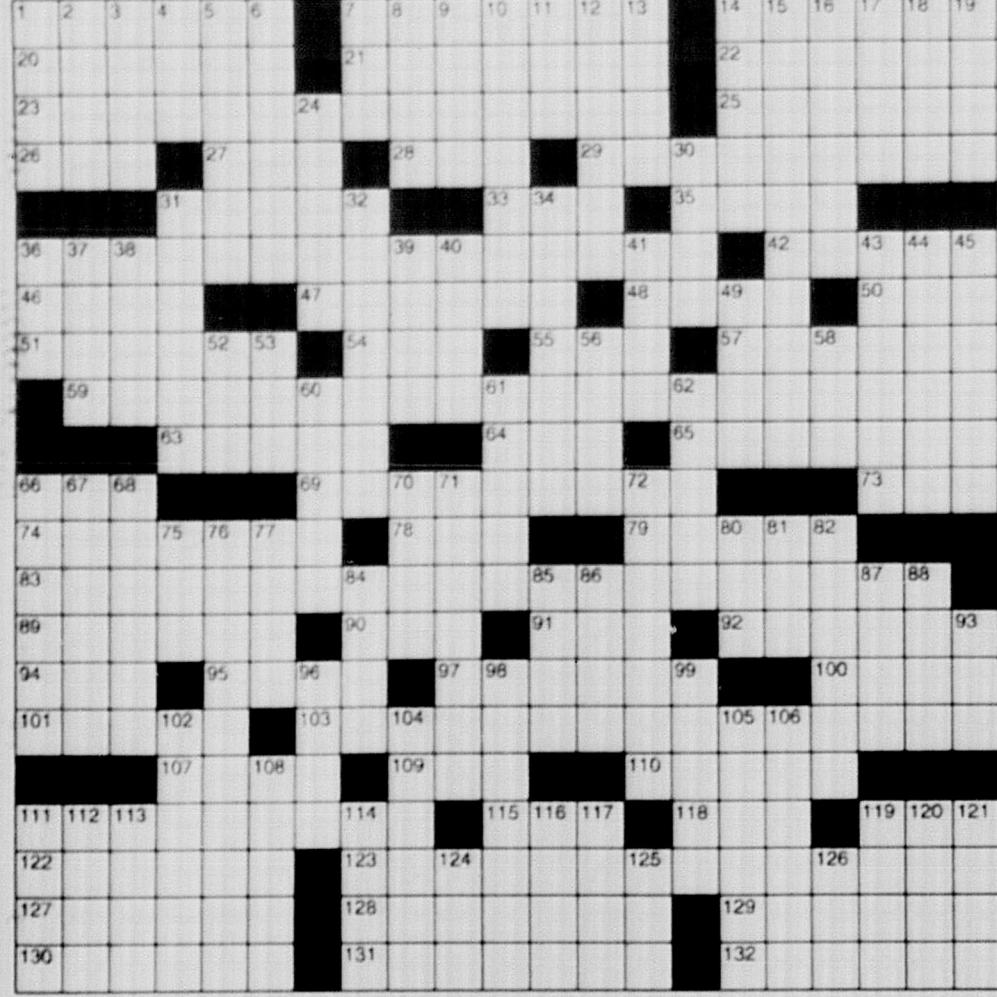
**1:18 p.m.: S. Main St.**, motor vehicle stop; citation issued.

**1:44 p.m.: S. Main St.**, motor vehicle stop; citation issued.

**5:07 p.m.: Chief Justice Cushing Highway**, MBTA, erratic operation of a motor vehicle. Caller states a vehicle with New Hampshire plates is driving erratically and aggressively, just went by Old Colony Square, the blue Dodge van is behind her now heading north to Scituate.

# PUZZLES

## Crossword - Soul Rescuer



**ACROSS**

- 1 Sop up
- 2 Liquor
- 3 Spins
- 4 "Amen to that!"
- 5 Actress Hudgens
- 6 Abate
- 7 Start of a riddle
- 8 Batter's miss
- 9 Do wrong
- 10 Pol with a six-yr. post
- 11 Me to Michel
- 12 Riddle, part 2
- 13 Pinchpenny
- 14 Sue Grafton's "for Noose"
- 15 Steak order
- 16 Food holder
- 17 Goddess with a cow's head
- 18 With 77-Down, does thorough research on
- 19 Freezer trayful
- 20 TV's Spelling Bee
- 21 Camera lens settings
- 22 Scan
- 23 Agree (with)
- 24 "Yoo—!" ("Hey!—")
- 25 Paintball need
- 26 Circus clown — Kelly
- 27 52, 53, 54
- 28 59
- 29 60
- 30 61
- 31 62
- 32 63
- 33 64
- 34 65
- 35 66
- 36 67, 68
- 37 69
- 38 70, 71
- 39 72
- 40 73
- 41 74
- 42 75, 76, 77
- 43 78
- 44 79
- 45 80, 81, 82
- 46 83
- 47 84
- 48 85, 86
- 49 87, 88
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- 63 104
- 64 105, 106
- 65 107
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- 67 109
- 68 110
- 69 111, 112, 113
- 70 114
- 71 115, 116, 117
- 72 118
- 73 119, 120, 121
- 74 122
- 75 123
- 76 124
- 77 125
- 78 126
- 79 127
- 80 128
- 81 129
- 82 130
- 83 131
- 84 132

**DOWN**

- 111 End of the niddle
- 112 Lucy of "Kill Bill: Vol. 1"
- 113 Toward a boat's back
- 114 Wife of Mark Antony
- 115 Declare under oath
- 116 Source of licorice-flavored oil
- 117 Harness part
- 118 Sports team letdowns
- 119 Haifa's land
- 120 Leia's twin
- 121 Spun out
- 122 Red — (many Republicans)
- 123 Capital of Oman
- 124 Alternative to a 401(k) or a Keogh
- 125 Artist Georgia
- 126 Ultimately reach
- 127 "Time — the essence"
- 128 Rake part
- 129 Insert element
- 130 Pipe problem
- 131 Ringing sound
- 132 Hand part
- 133 Small branch for major
- 134 "No — to blame"
- 135 "Little kindness"
- 136 "El Cid" co-star Loren
- 137 Five — shadow
- 138 Person eyeballing
- 139 "El Cid" co-star Loren
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## Magic Maze • BREAD -

X U Q M I E A W T P L I E B X  
 U Q N J G D Z W T Q N K H D A  
 X U R P M J G D D A X V S Q N  
 K S I F D A L X V T Q O M J H  
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 R E T T U B D N A B W V T R Q  
 O S N P L K I H F P L D C A Z

# CALENDAR

## Shaun England Band with special guest Charlie Farren at Spire Center

**WHEN:** 8 p.m. Sunday, March 29. **WHERE:** The Spire Center for Performing Arts, 25 1/2 Court St., Plymouth. **INFO:** Tickets are \$20. For more information, to order tickets online, or to learn more about The Spire, visit [www.spirecenter.org](http://www.spirecenter.org), or follow Spire Center for Performing Arts on Facebook.



Shaun England



Charlie Farren

## SATURDAY, MARCH 28

**Second Annual Hope for Caroline Fashion Show.** Two shows at 11 a.m. and 3 p.m., at Lombardo's 6 Billings St., Randolph. **TICKETS:** Online at <http://www.HFCshow.com>; WCVB's Kelley Tuthill as Celebrity Emcee on Saturday. The American Girl Fashion Show is a fun-filled afternoon for girls, their families, friends, and favorite dolls. Enjoy elegant refreshments, enter to win door prizes, and learn how clothing has changed over the years to reflect history, culture, and girls' individual styles.

**Craft fair,** the Oak Point 55-plus community will hold its annual spring craft fair from 9 a.m. to 4 p.m. in the main ballroom at 200 Oak Point Drive in Middleborough. Coffee and doughnuts will be at 9:30 a.m. for a \$1 donation to the Oak Point Quilters Guild while supplies last. 508-947-5406.

**Buttonwood Baseball Day.** Visiting authors are Matt Tavares presenting "Growing Up Pedro" and Dick Trust signing "Ted Williams and Friends." They will both be at Buttonwood, Shaw's Plaza, Rte. 3A, Cohasset, at 2 p.m. Enter a drawing to win two tickets for a behind-the-scenes tour of Fenway Park on May 2 with Matt by purchasing any title from the Matt Tavares Baseball Library. Popcorn and fun baseball activities are planned as well as a 20 percent off baseball toy sale. 781-383-2665.

**Free spring grand wine tasting** event from 1 to 4 p.m. at Empire Wine & Spirits, located at Summer Hill Plaza, next to Stop & Shop, in Kingston. A food table will be available and more than 150 wines to sample. Call 781-422-9999 or see [www.empirewinesandspirits.com](http://www.empirewinesandspirits.com) for details.

**Book & Collections Clubs.** Duxbury Rural and Historical Society pairs books of historic interest with objects from the museum collections. These discussions are fun and informal, and take place in the Double Parlor at the Nathaniel Winsor Jr. House (1807), 479 Washington St., Duxbury at 3 p.m. "Today The Widow's War" by Sally Gunning DRHS members, free; \$5 for session for non-members. Reservations suggested: 781-934-6106 or email [colson@duxburyhistory.org](mailto:colson@duxburyhistory.org).

**Saint Jerome School Reunion** for classes of 1957 to 2007 from 7 to 11 p.m. This is a 21+ event as there will be a cash bar. Appetizers and desserts will also be served. The organizers hope to see many former but familiar students, teachers and parents to celebrate 50 years of excellence. Tickets are \$35 per person and can be purchased by contacting the school office at 781-335-1235 or by going to this link: <https://squareup.com/market/saint-jerome-school>.

**The Addams Family - A New Musical Comedy** presented by Cohasset Dramatic Club at 7:30 p.m. at the Cohasset Hall Theatre. Tickets are \$20 and can be purchased at the door, by calling 617-922-0280, or online at [www.brownpapertickets.com/event/1110897](http://www.brownpapertickets.com/event/1110897).

**Jesus Christ Superstar** presented by the Company Theatre Center for the Performing Arts through April 4 at The Company Theatre, 30 Accord Park Drive, Norwell. Performances of Jesus Christ Superstar are held at 7:30 or 8 p.m. from Wednesday through Saturday, with Sunday matinee performances at 3 p.m. Tickets range from \$37 to \$39. For a complete performance schedule or to order tickets, visit [www.companytheatre.com](http://www.companytheatre.com).

**Dinner theater** at the John Carver Inn & Spa, 25 Summer St. in Plymouth. Dinner and the show is \$59.95 per person and includes premium seating and buffet dinner. Show-only tickets may be available for \$25 each. For reservations, visit [www.john-carverinn.com](http://www.john-carverinn.com) or call 855-318-9749. Doors open at 7 p.m. for dinner theater events. Tonight: "Comedy on the Road," standup comedy.

**The Berklee Concert Jazz Orchestra** will perform at 8 p.m. at The Spire Center for Performing Arts, 25 1/2 Court St. in Plymouth. Tickets are \$20. Visit [www.spirecenter.org](http://www.spirecenter.org), call 508-746-4488 or follow Spire Center for Performing Arts on Facebook.

**Bolero and Beyond,** the Plymouth Philharmonic Orchestra, conducted by Steven Karidoyanes, will present a concert at 8 p.m. at Memorial Hall, 83 Court St., Plymouth, featuring music by Ravel, Chabrier, Massenet and Debussy. Joining the Phil will be members of South Shore Conservatory's Bay Youth Symphony, directed by Joan Landry. Tickets are from \$20 to \$55. Call 508-746-8008 or visit [www.plymouthphil.org](http://www.plymouthphil.org) for details.

**Comedy Night** with Christine Hurley along with other comics Todd Clay, Josh Ramirez. Hosted by Jerry Thornton at Quan's Kitchen, 871 Washington St., Route 53, Hanover. 9 p.m. Call 781-826-8868 for tickets cash only \$20. Dinner and appetizers served all night.

**Changes In Latitude** will bring the music of the legendary Jimmy Buffett to The Norwood Theatre, 109 Central St., Norwood, at 8 p.m. Tickets to this show are \$32 - \$35 for adults, \$29 - \$32 for seniors, and \$40 for premium seats. Tickets can be purchased online at [www.norwoodstage.com](http://www.norwoodstage.com), at 781-551-9000, or at The Norwood Theatre box office.

**DJ and dancing**, with DJ EZ, 9 p.m. at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-8393.



Photo credit: Denise Maccaferri

## 'Bolero and Beyond' features music by Chabrier, Massenet and Debussy

**WHEN:** 8 p.m. Saturday, March 28. **WHERE:** Memorial Hall, 83 Court St., Plymouth. **INFO:** "Bolero and Beyond" presented by The Plymouth Philharmonic Orchestra, conducted by Steven Karidoyanes. Joining the Phil will be members of South Shore Conservatory's Bay Youth Symphony, directed by Joan Landry. Tickets are from \$20 to \$55. Call 508-746-8008 or visit [www.plymouthphil.org](http://www.plymouthphil.org) for details.

**Dread Sox** at Next Page Café, 550 Broad St., Weymouth. 781-340-1300.

**Erin Thornton Trio** at The Great Chow, 497 Bedford St., Route 18, Abington, 781-871-8832, [greatchow.com](http://www.greatchow.com).

**Brian Duchaney** at The Meadow Brook, Hanson, 1486 Main St., Route 27, Hanson, 781-293-7900, [meadowbrookhanson.com](http://www.meadowbrookhanson.com).

**Katy Boc and Todd Nickerson** at Wildflower Café & Tavern, 8 Chestnut St., Duxbury. 781-934-7814, [wildflowercafe.com](http://www.wildflowercafe.com).

**Irish Seisinn at Lucioso's Pub** at 6 Spring Lane in Plymouth. 5:30 p.m. Songs from sea shanties, rebel songs and songs of loss, to jigs, reels and hornpipes with craic and singalong. Free.

**Blind Ambition** at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999, [www.britishbeer.com](http://www.britishbeer.com).

**The Common Good** at the British Beer Company, 2294 State Road, Cedarville, 508-888-9756, [www.britishbeer.com](http://www.britishbeer.com).

## SUNDAY, MARCH 29

**Cohasset Road Race by the Sea 10K.** This "hometown race" starts and finishes at historic Cohasset Common at 1 p.m. Fran Coffey Memorial Fun Walk begins and ends at 91 Sohier Street (Cohasset Senior Center/ Swim Center) at 10 a.m. the same day. Participants receive a commemorative 100% cotton long-sleeve t-shirt. Registration fee \$35. Net proceeds go to charities supported by Rotary International Register at [www.roadracebythesea.com](http://www.roadracebythesea.com).

**Second Annual Hope for Caroline Fashion Show.** Two shows at 11 a.m. and 3 p.m., at Lombardo's 6 Billings St., Randolph. **TICKETS:** Online at <http://www.HFCshow.com>; WHDH's Nicole Oliverio as Celebrity Emcee on Sunday. The American Girl Fashion Show is a fun-filled afternoon for girls, their families, friends, and favorite dolls. Enjoy elegant refreshments, enter to win door prizes, and learn how clothing has changed over the years to reflect history, culture, and girls' individual styles.

**Classical On Tap** featuring soprano, Chelsea Basler, presented by the Atlantic Symphony Orchestra (rescheduled) at 5:30 p.m. at Chester's at the Mill Wharf, Scituate Harbor, 150R Front St., Scituate. Adults & Seniors \$25/ Under 20: \$20. Under 20: \$10. To order call 781-331-3600.

**Nick Pangakis**, live music, 4 p.m. at Waterfront Bar and Grill, 170 Water St., Plymouth. 508-591-8393.

**Eric Kearns' Voices of Legends** at The Norwood Theatre, 109 Central St., Norwood at 2 p.m. Eric has spent years carefully crafting his vocal impersonations. His repertoire includes Elvis Presley, Frank Sinatra, Neil Diamond, Joe Cocker, Chubby Checker, and more. Tickets are \$27 - \$30 for adults, \$25 - \$27 for seniors, and \$38 for premium seats. Tickets can be purchased online at [www.norwoodstage.com](http://www.norwoodstage.com), at 781-551-9000 or at the box office.

**Pioppis' wine seminar**, from 1 to 3 p.m. at Pioppis' Package Store, 183 Court St., Plymouth. A tasting menu will be paired with a sampling of wines. Priority reservations are available for \$45 per person. Visit [www.pioppis.com](http://www.pioppis.com) or call 508-746-1943 or email [pioppis@verizon.net](mailto:pioppis@verizon.net). Today's theme: "New World vs. Old World," with Anna's Hardside Grille.

**Shaun England Band with Charlie Farren**, 8 p.m. at The Spire Center for Performing Arts, 25 1/2 Court St., Plymouth. Tickets are \$20; visit [www.spirecenter.org](http://www.spirecenter.org).

## MONDAY, MARCH 30

**New Beginnings Singles Support Group, Inc.** for newly widowed, separated or divorced adults, meets on Monday evenings at 6:30 p.m. at The Cushing School's Knights of Columbus Culinary Arts Center, 391 Washington St., Hanover. NB is a singles support organization dedicated to healing, growing and learning; not a dating service. Information: visit <http://nbnorwell.org/>, email at [info@nbnorwell.org](mailto:info@nbnorwell.org) or call 781-499-2659.

**Texas Hold'em** with the Northern Poker League at 7 and 10 p.m. at Black Raspberry Pub, 36 Cordage Park Circle, Plymouth. 508-830-0022.

**Open mike night**, 8:30 p.m. Mondays at Main Street Sports Bar & Grill, 39 Main St., Plymouth. 774-283-4129, [www.mainsportsbarandgrill.com](http://www.mainsportsbarandgrill.com).

## TUESDAY, MARCH 31

**Silk Scarf Workshop** Create a one-of-a-kind silk scarf with help from Susan Weber, award-winning artist. The workshop runs for two consecutive evenings. The first evening (5 to 8 p.m.) you will practice and choose colors. The second evening (6 to 8:30 p.m.) you will paint your scarf. Materials are provided. Cost is \$45. Plan on attending both sessions. Register by calling 781-834-8371 or email Terry Johnson at [TJohnson@ywacacm.org](mailto:TJohnson@ywacacm.org).

## HOW TO SUBMIT

Planning an event? Send your event information by email to [scalendar@wickedlocal.com](mailto:scalendar@wickedlocal.com) or by fax to 781-837-4543. Listings must be submitted at least two weeks prior to the event. Email photos as a jpeg attachment at a resolution of at least 200 dpi and no smaller than 3 X 5 inches in size. For more information call 781-837-4518.

## ASO 'Classical On Tap' with soprano Chelsea Basler

**WHEN:** 5:30 p.m.

**Sunday, March 29.**

**WHERE:** at Chester's at the Mill Wharf, Scituate Harbor, 150R Front St., Scituate

**INFO:** Presented by the Atlantic Symphony Orchestra (rescheduled).

Seating limited to 80. Adults and seniors \$25/ under 20: \$20/ under 20: \$10. Does not include dinner/drinks at Chester's. Tickets to the previously scheduled Classical on Tap are still good for this event. To order call 781-331-3600.



level. Doors open at 6:30 p.m. for social time and the program starts at 7 p.m. 781-837-1433.

**Cadillac Walk** original blues band, every Wednesday at Shanty Rose Pub, 16 Town Wharf, Plymouth.

**Team Trivia** at 7 p.m. every Wednesday at New World Tavern, 56 Main St., Plymouth. 508-927-4250.

**Karaoke** night at the Black Raspberry Pub, 9 p.m. 36 Cordage Park Circle, Plymouth.

## THURSDAY, APRIL 2

**Pop the Cork.** The Duxbury Rural and Historical Society will present a champagne tasting event from 7 to 9 p.m. at the Nathaniel Winsor Jr. House, at 479 Washington St. in Duxbury. Rarely exhibited objects from the DRHS collection will be on display, representatives from several champagne houses will be on hand for tastings and specially selected hors d'oeuvres will be provided by Mirabeau Inn & Spa at The Pinehills. General admission is \$45 per person and \$80 per couple. For DRHS members, admission is \$35 per person and \$60 per couple. For reservations, call 781-934-6106 or email [colson@duxburyhistory.org](mailto:colson@duxburyhistory.org). Tickets are nonrefundable.

**Jesus Christ Superstar** presented by the Company Theatre Center for the Performing Arts through April 4 at The Company Theatre, 30 Accord Park Drive, Norwell. Performances of Jesus Christ Superstar are held at 7:30 or 8 p.m. from Wednesday through Saturday, with Sunday matinee performances at 3 p.m. Tickets range from \$37 to \$39. For a complete performance schedule or to order tickets, visit [www.companytheatre.com](http://www.companytheatre.com).

**More Than Just a Man**, a dramatic Easter musical, at 7 p.m. at South Weymouth Church of the Nazarene, 385 Ralph Talbot St., S. Weymouth. All performances are free. 781-337-2192.

**Open mike with Erin Dale and Mark Darling** at Wildflower Café & Tavern, 8 Chestnut St., Duxbury. 781-934-7814, [wildflowercafe.com](http://www.wildflowercafe.com).

**Bruce Mattson on keyboard with The Willie J. Laws Band.** Followed by open mike with Willie J. Laws. Jammers invited and welcome. Free pizza. Free pizza at Next Page Café, 550 Broad St., Weymouth. 781-340-1300.

**Text request dance party** with DJ Skip, 9 p.m. at Waterfront Bar and Grill, 170 Water St., Plymouth. 508-591-8393.

## FRIDAY, APRIL 3

**Third annual South Shore Health and Wellness Fair**, hosted by The South Shore Chamber of Commerce from 9 a.m. to 1 p.m. at the South Shore YMCA, 79 Coddington St., Quincy. For more information about exhibiting or sponsorships, call 617-479-1111 or email [legankenny@southshorechamber.org](mailto:legankenny@southshorechamber.org).

**Jesus Christ Superstar** presented by the Company Theatre Center for the Performing Arts through April 4 at The Company Theatre, 30 Accord Park Drive, Norwell. Performances of Jesus Christ Superstar are held at 7:30 or 8 p.m. from Wednesday through Saturday, with Sunday matinee performances at 3 p.m. Tickets range from \$37 to \$39. For a complete performance schedule or to order tickets, visit [www.companytheatre.com](http://www.companytheatre.com).

**More Than Just a Man**, a dramatic Easter musical, at 7 p.m. at South Weymouth Church of the Nazarene, 385 Ralph Talbot St., S. Weymouth. All performances are free. 781-337-2192.

**Open Mike Challenge Finals**, with host Jake Hill, at 8 p.m. at The Spire, 25 1/2 Court St., Plymouth. Three preliminary winners will be selected from up to 20 contestants in each round. Tickets (\$5 per person) for the finals are available and advance purchase is recommended because seating is limited. To order tickets visit [www.spirecenter.org](http://www.spirecenter.org) or call 508-746-4488.

**Matt Putman** at The Meadow Brook, Hanson, 1486 Main St., Route 27, Hanson, 781-293-7900, [meadowbrookhanson.com](http://www.meadowbrookhanson.com).

**The Mike Garvey Band** at Next Page Café, 550 Broad St., Weymouth. 781-340-1300.

**DJ and dancing** with DJ Highpoint, 9 p.m. at Waterfront Bar and Grill, 170 Water St., Plymouth. 508-591-8393.

<b>Over 1400</b> Electric and Acoustic Guitars, Basses, Ban
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